

## London & KSS Foundation Bulletin



**Thursday 13 September 2018**

Welcome to the **London and KSS** foundation bulletin. This newsletter is brought to you by the Foundation Team and all the London and South East Foundation Schools. This bulletin is published fortnightly and split into three sections, to contain information for foundation doctors and foundation faculty and a section dedicated to conferences/training. A copy is saved on the South Thames [website](#) until we have launched our new all schools website.

You can contact us via  
<https://lasepgmdsupport.hee.nhs.uk/support/home>  
Or by telephoning: 020 7866 3216

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### Section A – Information for foundation doctors

#### 1. **\*\*NEW\*\* SURVEY FOR FOUNDATION TRAINEES**

Health Education England conduct regular research into the quality of the service we provide. We are currently reviewing our Training and Recruitment websites. We want to know what your thoughts on our sites are, and what we could do to make them better.

Please answer this short survey (3 minutes) about the websites you used when applying for foundation training? The survey will remain open until 30<sup>th</sup> September 2018 – Your feedback is important to us.

New FY1 Foundation Trainee

<https://healtheducationyh.onlinesurveys.ac.uk/foundationtraining>

FY2 Trainee

<https://healtheducationyh.onlinesurveys.ac.uk/doctorsintraining>

## 1. REFLECTIVE PRACTICE TOOLKIT

The COPMeD / AoMRC reflective toolkit is now live on the AoMRC website

- [Academy/COPMED reflective practice toolkit](#)
- [https://www.copmed.org.uk/images/docs/reflective\\_practice/Reflective Practice Toolkit.pdf](https://www.copmed.org.uk/images/docs/reflective_practice/Reflective_Practice_Toolkit.pdf)

2. TAB rounds that are applicable to London and the South East Foundation Schools (North Central Thames, North East Thames, North West London and South Thames).

<b>Placement 1</b>	
Opens:	Monday 8 <sup>th</sup> October 2018
Closes:	Tuesday 4 <sup>th</sup> December 2018
<b>Placement 2</b>	
Opens:	Monday 18 <sup>th</sup> February 2019
Closes:	Tuesday 2 <sup>nd</sup> April 2019
<b>Placement 3</b>	
Opens:	Monday 22 <sup>nd</sup> April 2019
Closes:	Friday 17 <sup>th</sup> May 2019

## 3. **\*\*REMINDER\*\* REVALIDATION: FY2 URGENT ACTION REQUIRED**

Every licensed doctor who practises medicine must revalidate. Revalidation supports you to develop your practice, drives improvements in clinical governance and gives your patients confidence that you're up to date. If you have not done so already, please ensure that you are connected to your Responsible Officer. Further information on how to do this can be [found here](#)  
**Please ensure that you are registered as soon as possible.**

The Responsible Officers are as follows for each of the Foundation Schools:

- North West London - Dr Julia Whiteman
- North Central and East London - Dr Sanjiv Ahluwalia
- South Thames – Dr Alec (Graeme) Dewhurst

## 4. LOCAL SWAP PROCESS

The paper forms have now been replaced by an electronic application which can be [accessed here](#) - This process permits foundation doctors to apply to swap either a single rotation or their whole 1 year programme with another foundation doctor within the same Trust. Please note that this new system applies to all F1 and F2 local swap requests.

## 5. NEW SUPPORT FOR DOCTORS NEEDING TO RESIT THE PSA

<http://www.stfs.org.uk/sites/stfs/files/Remediation%20letter%20for%20failed%20PSA.pdf>

## 6. FAO F2's ONLY – ENDLESS OPPORTUNITIES FOR GP TRAINING

Apply all aspects of your medical training in general practice – prevention, diagnosis and treatment of the whole person – for more information visit <https://gprecruitment.hee.nhs.uk/>

## 7. GENERAL MEDICAL COUNCIL (GMC) PUBLISH CONFIDENTIALITY GUIDANCE

The GMC have published revised guidance on confidentiality for doctors. Revisions include clarification on various issues, such as public protection responsibilities of doctors and the importance of sharing information for direct care. [Read more here](#)

## 8. HORUS EPORTFOLIO UPDATE

**Latest updates** - Please see [here](#) the latest update on the development of the Horus ePortfolio for medical foundation training in HEE.

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### Section B – Information for foundation faculty

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#### 5. F3 OPPORTUNITIES – A section for local vacancies is available

here. <http://www.stfs.org.uk/form/f3-opportunities>. It also includes other important information for those planning to take a year out after F2. If you have vacancies you wish to advertise please send them to [cathy.fuller@hee.nhs.uk](mailto:cathy.fuller@hee.nhs.uk)

#### 6. 8 HIGH IMPACT ACTIONS FOR JDS

<https://improvement.nhs.uk/resources/eight-high-impact-actions-to-improve-the-working-environment-for-junior-doctors/>

#### 7. SAVE THE DATES - FOUNDATION SCHOOL MEETINGS

##### **NCELFS Management Committee dates for 2018:**

- 11<sup>th</sup> October 2018 - Room 8 & 9, 1<sup>st</sup> Floor events Centre, Stewart House

##### **NWLFS Management Committee dates for 2018:**

- 16<sup>th</sup> October - NWLFS Trainee Rep Meeting Room 25 1-2pm Stewart House
- 16<sup>th</sup> October - NWLFS Committee Meeting Room 25 2-4pm Stewart House
- 12<sup>th</sup> December -- NWLFS Trainee Rep meeting
- 12<sup>th</sup> December - NWLFS Committee meeting

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#### Section C - Conference/events/courses

#### 1. **\*\*NEW\*\* THE LONDON DIVISION OF THE ROYAL COLLEGE OF PSYCHIATRISTS 18<sup>TH</sup> SEPTEMBER 2018 - DISCOVER PSYCHIATRY.**

For those of you interested in Psychiatry, come along for a chance to mingle with Psych trainees and learn more about a career in this field. This event is free to attend for more information please confirm your attendance by emailing [london@rcpsych.ac.uk](mailto:london@rcpsych.ac.uk)

#### 2. **\*\*REMINDER\*\* VIRTUAL SUPPORT FORUM FOR DOCTORS**

The PSU (London & South East) is delighted to announce the launch of a pilot virtual support group for trainee doctors aimed at any interested Foundation and/or Specialty trainees. Confidential, virtual support forum for postgraduate doctors offers four online evening sessions from **26<sup>th</sup> September 2018 at 7pm to 8.30pm**. To find out more [visit](#) or to speak to one of the facilitators, please email: [Kathleen.sullivan@hee.nhs.uk](mailto:Kathleen.sullivan@hee.nhs.uk) or to register your interest please contact: [careersunit.lase@hee.nhs.uk](mailto:careersunit.lase@hee.nhs.uk) places are limited - London and KSS trainees will have priority for the pilot.

**3. PSYCHIATRY FOUNDATION TASTER DAY (FREE TO ATTEND)**

**Wednesday 26 September 2018** – Ashford International Hotel – 10am-3pm - A day of presentations, discussions, stands and information including Older People, Adults, MIMHS, Liaison, Research, CAMHS to name a few. To reserve a space contact [katherine.dunning@kmpt.nhs.uk](mailto:katherine.dunning@kmpt.nhs.uk)

**4. FANCY A CAREER IN ANAESTHESIA? 4 OCTOBER 2018**

**RCOA, LONDON £60** Book your place [here](#)

**5. \*\*NEW\*\* HEE SEXUAL HEALTH & HIV TASTER SESSION – 22<sup>ND</sup>**

**OCTOBER 2018** Registration and admission is free. – [Visit here](#) for more information

**6. \*\*NEW\*\* - EAST SUSSEX MEDICAL EDUCATION CAREERS EVENT – 31<sup>ST</sup>**

**OCTOBER 2018 17.30-20.00** Following the success of this ESHT event over the last 3 years, you are invited to join us at our [fourth careers evening](#) Senior Doctors and a variety of trainee grades at different levels will be present, as well as the BMA, with formal presentations and networking opportunities taking place. There will be a light buffet.

Trainee doctors from other trusts are warmly welcomed - please confirm in the first instance your intention to attend to avoid disappointment - priority is given to ESHT doctors contact [harriet.catt@nhs.net](mailto:harriet.catt@nhs.net) to reserve your place.

**7. FY2 REGIONAL QUALITY IMPROVEMENT COMPETITION – FRIMLEY**

**PARK Wednesday 14th November 2018** - FY2 doctors are invited to submit an abstract – For further information [visit](#) or email [emily.cahalane@nhs.net](mailto:emily.cahalane@nhs.net)

**8. THE CORE SURGICAL TRAINING INTERVIEW COURSE**

- Lecture and first mock interview date: **10 November 2018**, Guy's Campus, London Bridge
- Second mock interview date: TBC Location: Guy's Campus, London Bridge

Contact: [akahluwalia@doctors.org.uk](mailto:akahluwalia@doctors.org.uk) - Book early: Places Are Limited £100.

**9. THE ASSOCIATION OF PALLIATIVE CARE JUNIORS CONFERENCE 2018**

- **17<sup>th</sup> November 2018** @ The Cicely Saunders Institute, London SE5

Aimed at medical students and pre-speciality doctors who have an interest in palliative medicine. This [annual conference](#) involving many speakers, workshops and poster presentation – For further information on attending email [conference.apmj@gmail.com](mailto:conference.apmj@gmail.com)

#### **10. \*\*NEW\*\* GERIATRICS FOR JUNIORS CONFERENCE 2018 – 24<sup>TH</sup> NOVEMBER 2018**

This one day conference designed for Foundation Doctors – for more information visit [here](#)

#### **11. NATIONAL FOUNDATION DOCTOR'S PRESENTATION DAY**

The National Foundation Doctor's Presentation Day is a free, annual event hosted by the Severn Foundation School and supported by the UKFPO. It displays work completed by Foundation Doctors from across the UK and Malta as oral and poster presentations under the categories; Quality Improvement, Education, Sustainability, Research/Original Work, and Case Reports.

The presentation day will take place at Mercure Bristol Holland House Hotel & Spa, Redcliffe Hill, BS1 6SQ on **11<sup>th</sup> January 2019**. Applications to present, open on Wednesday 15<sup>th</sup> August 2018 and will close on Friday 16<sup>th</sup> November 2018. For more information visit [here](#).

#### **12. OPEN TO ALL DOCTORS IN TRAINING**

Sponsored by Doctors for the NHS who are offering a £500 first prize and a £200 second prize for the best essay entitled "OUR PROFESSION IN TODAY'S NHS". For more information [visit](#)

#### **13. FOUNDATION SPECIFIC E-LEARNING**

Developed by the Academy of Medical Royal Colleges in partnership with Health Education England e-Learning for Healthcare (HEE e-LfH) and is approved by the UK Foundation Programme Office (UKFPO).

If you need to complete parts of the curriculum on your e-portfolio which you do not cover in day-to-day practice, try some of our free e-learning mapped directly to the Foundation Professional Capabilities (Training Outcomes) in the 2016 Foundation Curriculum.

You can sign in to the e-learning with your login supplied by e-LfH at the beginning of your foundation training: [www.e-lfh.org.uk/programmes/foundation-programme/](http://www.e-lfh.org.uk/programmes/foundation-programme/)

e-Learning for Healthcare sessions in Foundation e-Learning Project:  
Professional Capability: 1 Acts professionally and Professional Capability: 2 Delivers patient centred care and maintains trust - The e-learning sessions in these Professional Capabilities explore the relationship between doctors and their patients and how to deliver effective patient centered care.

'Handling Complaints' provides essential information about common factors leading to complaints, how to minimize these, the procedures involved and what your responsibilities are as a foundation doctor.

The Mental Capacity Act (MCA) protects the right of vulnerable people and this group of sessions cover topics such as assessing capacity, consent, patient autonomy and safeguarding. You will also consider the

multidisciplinary team (MDT) approach to healthcare in the hospital and patient support after discharge. For more information [visit](#) about the various sessions available.

#### **14. FOUNDATION PROGRAMME INDUCTION - ANTI-BULLYING MATERIALS**

The Royal College of Surgeons of Edinburgh has been leading a campaign against undermining and bullying behaviour in healthcare, with a [variety of resources available](#).

#### **15. JUNIOR DOCTOR MENTOR E-LEARNING PROGRAMME LAUNCHED**

Health Education England e-Learning for Healthcare (HEE e-LfH) has developed an e-learning programme to enable junior doctors to complete training to be a mentor without needing to travel to a teaching session. HEE is committed to improving junior doctors' working lives and effective mentoring plays a significant part in the development of a trainee. For more information about the e-learning programme and for details of how to access the programme visit: <https://www.e-lfh.org.uk/programmes/medical-mentoring/>.

#### **16. PRACTITIONER HEALTH PROGRAMME [www.php.nhs.uk](http://www.php.nhs.uk)**

A free service for doctors, who have mental or physical health concerns and/or addiction problems and who live and work in the KSS and London areas. PHP treat all self-referrals from doctors with the strictest confidentiality.

#### **17. **\*\*new\*\*** STAFF AND LEARNERS' WELLBEING & MENTAL HEALTH COMMISSION**

The Commission want to hear directly from individuals and organisations with the knowledge and experience to inform our thinking and to help us develop recommendations for improvement that will be published as part of the Commission report at the end of the year. Visit the [website](#) to read more or email us at [wellbeingcomission@hee.nhs.uk](mailto:wellbeingcomission@hee.nhs.uk)

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**A summary of all courses and conferences are available [here](#) and on [Synapse](#), these are updated on a regular basis. Please note that the publicising of courses and events via this bulletin does not imply endorsement by HEE.**