

## London & KSS Foundation Bulletin



**Friday 28 September 2018**

Welcome to the **London and KSS** foundation bulletin. This newsletter is brought to you by the Foundation Team and all the London and South East Foundation Schools. This bulletin is published fortnightly and split into three sections, to contain information for foundation doctors and foundation faculty and a section dedicated to conferences/training. A copy is saved on the South Thames [website](#) until we have launched our new all schools' website.

You can contact us via  
<https://lasepgmdesupport.hee.nhs.uk/support/home>  
Or by telephoning: 020 7866 3216

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### Section A – Information for foundation doctors

#### 1. **\*\*NEW\*\* SURVEY FOR FOUNDATION TRAINEES**

Health Education England conduct regular research into the quality of the service we provide. We are currently reviewing our Training and Recruitment websites. We want to know what your thoughts on our sites are, and what we could do to make them better.

Please answer this short survey (3 minutes) about the websites you used when applying for foundation training? The survey will remain open until 30<sup>th</sup> September 2018 – Your feedback is important to us.

New FY1 Foundation Trainee

<https://healtheducationyh.onlinesurveys.ac.uk/foundationtraining>

FY2 Trainee

<https://healtheducationyh.onlinesurveys.ac.uk/doctorsintraining>

## 2. HEE NEEDS YOUR VIEWS ON THE FOUNDATION TRAINING PROGRAMME - 2 OCTOBER, 1.30-4.30PM, LONDON

Health Education England is currently leading a review of the Medical Foundation Training Programme in England and we are keen to hear the voice of doctors in training themselves. Taking place **in central London** (venue tbc, please email Chris Watt if you can attend [chris.watt@hee.nhs.uk](mailto:chris.watt@hee.nhs.uk)).

## 1. REFLECTIVE PRACTICE TOOLKIT

The COPMeD / AoMRC reflective toolkit is now live on the AoMRC website

- [Academy/COPMED reflective practice toolkit](#)
- [https://www.copmed.org.uk/images/docs/reflective\\_practice/Reflective\\_Practice\\_Toolkit.pdf](https://www.copmed.org.uk/images/docs/reflective_practice/Reflective_Practice_Toolkit.pdf)

## 3. TAB rounds that are applicable to London and the South East Foundation Schools (North Central Thames, North East Thames, North West London and South Thames).

<b>Placement 1</b>	
Opens:	Monday 8 <sup>th</sup> October 2018
Closes:	Tuesday 4 <sup>th</sup> December 2018
<b>Placement 2</b>	
Opens:	Monday 18 <sup>th</sup> February 2019
Closes:	Tuesday 2 <sup>nd</sup> April 2019
<b>Placement 3</b>	
Opens:	Monday 22 <sup>nd</sup> April 2019
Closes:	Friday 17 <sup>th</sup> May 2019

## 4. **\*\*REMINDER\*\* REVALIDATION: FY2 URGENT ACTION REQUIRED**

Every licensed doctor who practises medicine must revalidate. Revalidation supports you to develop your practice, drives improvements in clinical governance and gives your patients confidence that you're up to date. If you have not done so already, please ensure that you are connected to your Responsible Officer. Further information on how to do this can be [found here](#)  
**Please ensure that you are registered as soon as possible.**

The Responsible Officers are as follows for each of the Foundation Schools:

- North West London - Dr Julia Whiteman
- North Central and East London - Dr Sanjiv Ahluwalia
- South Thames – Dr Alec (Graeme) Dewhurst

## 5. LOCAL SWAP PROCESS

The paper forms have now been replaced by an electronic application which can be [accessed here](#) - This process permits foundation doctors to apply to

swap either a single rotation or their whole 1-year programme with another foundation doctor within the same Trust. Please note that this new system applies to all F1 and F2 local swap requests.

**6. NEW SUPPORT FOR DOCTORS NEEDING TO RESIT THE PSA**

<http://www.stfs.org.uk/sites/stfs/files/Remediation%20letter%20for%20failed%20PSA.pdf>

**7. FAO F2's ONLY – ENDLESS OPPORTUNITIES FOR GP TRAINING**

Apply all aspects of your medical training in general practice – prevention, diagnosis and treatment of the whole person – for more information visit <https://gprecruitment.hee.nhs.uk/>

**8. GENERAL MEDICAL COUNCIL (GMC) PUBLISH CONFIDENTIALITY GUIDANCE**

The GMC have published revised guidance on confidentiality for doctors. Revisions include clarification on various issues, such as public protection responsibilities of doctors and the importance of sharing information for direct care. [Read more here](#)

**9. HORUS EPORTFOLIO UPDATE**

**Latest updates** - Please see [here](#) the latest update on the development of the Horus ePortfolio for medical foundation training in HEE.

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**Section B – Information for foundation faculty**

- 2. TAB rounds** that are applicable to London and the South East Foundation Schools (North Central Thames, North East Thames, North West London and South Thames)

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### 3. INVITATION SIM NET MEETING IN CCCU ON 10 OCTOBER 2018

We would like to warmly invite you to our next SimNet meeting to be held at the Medway Campus of the Canterbury Christchurch University on the afternoon of 10 October. The Simnet Meeting at 3.30 pm is only for KSS SimNet members, but any KSS colleagues interested are invited to attend the keynote presentations at 1.30 pm. The meeting is booked for 1-5 PM starting with light lunch and will include our usual networking meeting. A full programme will follow from Andy Buttery who is kindly hosting the event on behalf of CCCU. RSVP to Gillian Gilbert [Gillian.gilbert@hee.nhs.uk](mailto:Gillian.gilbert@hee.nhs.uk) to secure your place.

### 4. REFLECTIVE PRACTICE TOOLKIT

The COPMeD / AoMRC reflective toolkit is now live on the AoMRC website

<http://www.aomrc.org.uk/> and those of the GMC, COPMED and the Medical Schools Council.

[http://www.aomrc.org.uk/wp-content/uploads/2018/09/the\\_reflective\\_practitioner\\_guidance\\_single\\_page.pdf](http://www.aomrc.org.uk/wp-content/uploads/2018/09/the_reflective_practitioner_guidance_single_page.pdf);  
[http://www.aomrc.org.uk/wp-content/uploads/2018/09/the\\_reflective\\_practitioner\\_summary\\_single\\_page.pdf](http://www.aomrc.org.uk/wp-content/uploads/2018/09/the_reflective_practitioner_summary_single_page.pdf)

The [Academy/COPMED reflective practice toolkit](#) is also available on the Academy website

### 5. LOCAL SWAP PROCESS

The paper forms have now been replaced by an electronic application which can be [accessed here](#) - This process permits foundation doctors to apply to swap either a single rotation or their whole 1-year programme with another foundation doctor within the same Trust. Please note that this new system applies to all F1 and F2 local swap requests

### 6. F3 OPPORTUNITIES – A section for local vacancies is available

[here](http://www.stfs.org.uk/form/f3-opportunities). <http://www.stfs.org.uk/form/f3-opportunities>. It also includes other important information for those planning to take a year out after F2. If you have vacancies you wish to advertise please send them to [cathy.fuller@hee.nhs.uk](mailto:cathy.fuller@hee.nhs.uk)

### 7. 8 HIGH IMPACT ACTIONS FOR JDS

<https://improvement.nhs.uk/resources/eight-high-impact-actions-to-improve-the-working-environment-for-junior-doctors/>

### 8. SAVE THE DATES - FOUNDATION SCHOOL MEETINGS

#### NCELFS Management Committee dates for 2018:

- 11<sup>th</sup> October 2018 - Room 8 & 9, 1<sup>st</sup> Floor events Centre, Stewart House

### **NWLFS Management Committee dates for 2018:**

- 16<sup>th</sup> October - NWLFS Trainee Rep Meeting Room 25 1-2pm Stewart House
- 16<sup>th</sup> October - NWLFS Committee Meeting Room 25 2-4pm Stewart House
- 12<sup>th</sup> December -- NWLFS Trainee Rep meeting
- 12<sup>th</sup> December - NWLFS Committee meeting

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### **Section C - Conference/events/courses**

- 1. FANCY A CAREER IN ANAESTHESIA? 4 October 2018**  
RCOA, LONDON £60 Book your place [here](#)
- 2. HEE SEXUAL HEALTH & HIV TASTER SESSION – 22<sup>ND</sup> OCTOBER 2018**  
Registration and admission is free. – [Visit here](#) for more information
- 3. EAST SUSSEX MEDICAL EDUCATION CAREERS EVENT – 31<sup>ST</sup> OCTOBER 2018 17.30-20.00** You are invited to join us at our [fourth careers evening](#) Senior Doctors and a variety of trainee grades at different levels will be present, as well as the BMA, with formal presentations and networking opportunities taking place. There will be a light buffet.  
  
Trainee doctors from other trusts are warmly welcomed - please confirm in the first instance your intention to attend to avoid disappointment - priority is given to ESHT doctors contact [harriet.catt@nhs.net](mailto:harriet.catt@nhs.net) to reserve your place.
- 4. FY2 REGIONAL QUALITY IMPROVEMENT COMPETITION – FRIMLEY PARK 14th November 2018** - FY2 doctors are invited to submit an abstract – For further information [visit](#) or email [emily.cahalane@nhs.net](mailto:emily.cahalane@nhs.net)
- 5. THE CORE SURGICAL TRAINING INTERVIEW COURSE**
  - Lecture and first mock interview date: **10 November 2018**, Guy's Campus, London Bridge
  - Second mock interview date: TBC Location: Guy's Campus, London BridgeContact: [akahluwalia@doctors.org.uk](mailto:akahluwalia@doctors.org.uk) - Book early: Places Are Limited £100.
- 6. THE ASSOCIATION OF PALLIATIVE CARE JUNIORS CONFERENCE 2018**  
- **17<sup>th</sup> November 2018** @ The Cicely Saunders Institute, London SE5  
Aimed at medical students and pre-speciality doctors who have an interest in palliative medicine. This [annual conference](#) involving many speakers, workshops and poster presentation – For further information on attending email [conference.apmj@gmail.com](mailto:conference.apmj@gmail.com)
- 7. GERIATRICS FOR JUNIORS CONFERENCE 2018 – 24<sup>TH</sup> NOVEMBER 2018**

This one-day conference designed for Foundation Doctors – for more information visit [here](#)

**8. \*\*NEW\*\* ONE CAREER ENDLESS OPPORTUNITIES. CHOOSE GP**

Applications are open from the **7 - 29 November 2018**. If you are interested in a GP specialty training, **like and follow the Choose GP Facebook page** to keep up to date with news and views. More information on the [GP National Recruitment Office](#) (GP NRO) website. If you have any questions or want to talk to a GP trainee or GP about local or general career opportunities Email [gprecruitment@hee.nhs.uk](mailto:gprecruitment@hee.nhs.uk)



**9. NATIONAL RESEARCH COLLABORATIVE MEETING 2018 - MANCHESTER - 7th December**

Fantastic opportunity to network, discover and engage in current and future collaborative projects and to showcase your own work and ideas. The conference will be held within the impressive surroundings of [Chetham's School of Music](#) in [Manchester City Centre](#), and we have put together an [exciting programme](#) with internationally-renowned speakers as well as a varied [breakout session agenda](#). Thanks to our sponsors we are able to offer this national meeting **FREE OF CHARGE**. Tickets can be secured [here](#) .

**10. \*\*NEW\*\* PAEDIATRIC EMERGENCY DAY - KING'S COLLEGE HOSPITAL SIMULATION CENTRE - 17<sup>th</sup> December 2018 – 8.30-17.00**

This free to attend event will look at diagnosis and management of common paediatric emergencies. To book your place email [paedsemergencyday@gmail.com](mailto:paedsemergencyday@gmail.com)

**11. NATIONAL FOUNDATION DOCTOR'S PRESENTATION DAY**

This free to attend annual event hosted by the Severn Foundation School and supported by the UKFPO. It displays work completed by Foundation Doctors from across the UK and Malta as oral and poster presentations under the categories; Quality Improvement, Education, Sustainability, Research/Original Work, and Case Reports.

The presentation day will take place at Mercure Bristol Holland House Hotel & Spa, Redcliffe Hill, BS1 6SQ on **11<sup>th</sup> January 2019**. Applications to present, open on Wednesday 15<sup>th</sup> August 2018 and will close on Friday 16<sup>th</sup> November 2018. For more information visit [here](#).

**12. FOUNDATION PROGRAMME INDUCTION - ANTI-BULLYING MATERIALS**

The Royal College of Surgeons of Edinburgh has been leading a campaign against undermining and bullying behaviour in healthcare, with a [variety of resources available](#).

### **13. PRACTITIONER HEALTH PROGRAMME** [www.php.nhs.uk](http://www.php.nhs.uk)

A free service for doctors, who have mental or physical health concerns and/or addiction problems and who live and work in the KSS and London areas. PHP treat all self-referrals from doctors with the strictest confidentiality.

### **14. STAFF AND LEARNERS' WELLBEING & MENTAL HEALTH COMMISSION**

The Commission want to hear directly from individuals and organisations with the knowledge and experience to inform our thinking and to help us develop recommendations for improvement that will be published as part of the Commission report at the end of the year. Visit the [website](#) to read more or email us at [wellbeingcomission@hee.nhs.uk](mailto:wellbeingcomission@hee.nhs.uk)

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**A summary of all courses and conferences are available [here](#) and on [Synapse](#), these are updated on a regular basis. Please note that the publicising of courses and events via this bulletin does not imply endorsement by HEE.**