FY1GP Tasters
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Why
- 50% of the UK medical graduates will end up in general practice
- Foundation doctors will make their decisions within 16 months of training
- GP placements in medical schools is training in general practice not for being GPs
- Experience and contact with GPs may not be good
- Hospital doctors do not promote general practice as career choice

Aims of GP Taster
- To introduce FY1 doctors to richness, complexity and intellectual stimulation of general practice
- To give trainees a sense of the variety that general practice and primary care offers
- To focus on the cycle of narrative (biographical) links to science (biomedical) link to problem solving (intellectual capacity) links to wider contexts (integrated thinking)
- To tailor experience related to personality preferences of individuals (GP ST 3 leadership )

Objectives of GP Tasters
- To increase proportion of doctors from FP applying to KSS for general practice training
- To offer opportunity for FY1 trainees to consider general practice on their career radar

Structure of GP Tasters
- Context setting and framing induction to tasters (Lunch time/evening meetings)
- Coordinating taster days with help of GP PDs and MEMs but led by ST3 trainees
- Visiting variety GP practices in different geographical area (urban/rural)
- Sitting in and engaging with clinicians in different clinics in the management of chronic diseases, child health development, minor surgery
- Seeing selected patients/families that illustrate the longitudinal nature of the work (continuity of care)
- Attending GP practices clinical meetings to review referrals, prescribing etc
- Discussing different levels of working in general practice (balance of social/professional life)

Messages
- Working in general practice is a rich and creative environment
- Accommodating to different lifestyle choices
- Great reward in longitudinal working with individual and their families
- Maintaining independence and work in fully supportive teams
- Huge potential for leadership and influence
- GP forging the agenda for healthcare in a multi-factorial, multifaceted society
- Achieving CCT and independent practitioner status more quickly and plan future professional development based on aspiration and interest
- Requiring high level of intellectual skills and communication abilities
Requirements

- Identifying supervising consultants who are sympathetic and supportive to general practice in order to support and promote general practice
- Full support of DMEs/Clinical Tutors to approve GP tasters in FY1s
- Requiring positive, proactive and good role model GPs
- Motivated and enthusiastic ST3 trainees to lead the process
- Effective preparation and briefing of all involved

Thank you!
Foundation doctors require your support

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