

An Effective Simulation Course for Foundation Trainees

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Outline

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- Simulation Centre
- Course outline
- Scenarios
- Video – circle of care
- Debriefing scenarios
- Evaluation & Quality Assurance

Simulation Centre



Multidisciplinary team

Participants

- Foundation year doctors & newly qualified nurses

Faculty

- Multi-professional faculty
- Technician
- Embedded practitioner
- Actor

Running Order

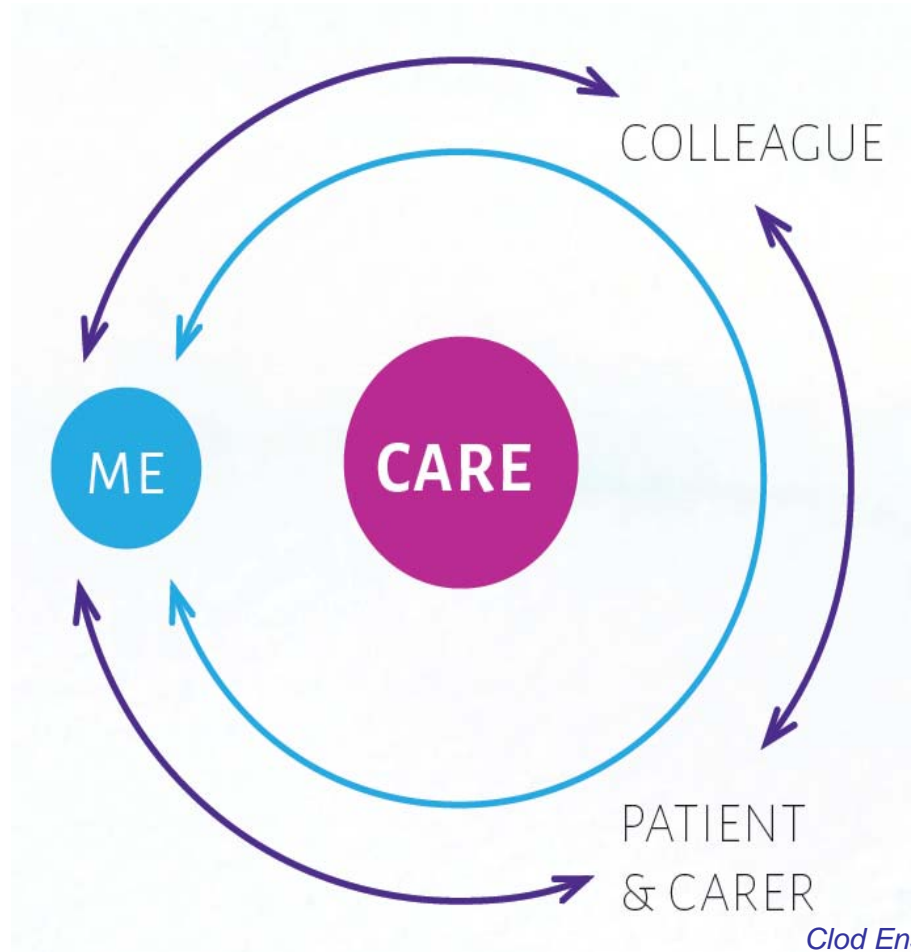
- Faculty brief
- Introductions
- Allocation of roles
- Familiarisation with environment
- Scenarios & debriefs

Simulation Scenarios

- **Mapped to the Foundation curriculum 2016**
 - *Professional behavior and trust*
 - *Communication, team-working and leadership*
 - *Clinical care*
 - *Safety & Quality*

(www.foundationprogramme.nhs.uk)
- **Cases: COPD, Anaphylaxis, Capacity & Alcoholism, Upper GI bleed, AKI-CPR**

Video – Circle of Care



*Clod Ensemble's
Performing
Medicine programme &
SaIL (GSTT)*

Human Factors

SKILLS COMPASS



Debriefing scenarios

- Structured debrief
 - *'Diamond' method*
- Technical
 - *'guidelines/protocols'*
- Human factors
 - *'cognitive & social skills'*

Evaluation: Qualitative

- Communication
- Teamwork
- Leadership
- Situational awareness
- Dealing with stress

Evaluation - Comments

“Speaking through my thought process out loud will slow my pace, and inform my colleagues who can fill in anything I’ve missed”

“When attempting to challenge someone’s decision I can use a structured format like PACE”

“When I’m next in a leadership role it is important to step back and take a wide view”

Quality Assurance

- Daily course debrief
- Annual peer review process
- Annual course review

Conclusion

- Multi-professional
- Forum for learning
- Circle of Care – promoting support for each other
- Recognition of importance of technical & human factor skills

Questions