

Career Planning for Foundation Doctors



London and South East (LaSE) Careers Unit has developed a career planning module for foundation doctors in partnership with e-learning for Healthcare.

The course is designed to support foundation doctors in making their career decisions about specialty choice and they should be encouraged to start using it during FY1 and throughout their foundation training.

This is available at:

<https://portal.e-fh.org.uk>

- select **My Account**
- select **enrolment**
- scroll down to **Regional e-learning**
- select **LaSE Career Planning for Healthcare Professionals and Save changes**
- select **Career Planning for Foundation Doctors**
- select **Play** to view the **Introduction** before moving to the individual stages

The course is accompanied by a downloadable workbook to support each of the four stages which will help the doctor record their learning and reflections throughout.

We have attached more detailed guidelines on how you can use this resource to support your foundation doctors and hope that you will help this process by making sure that they have the links to get them started. We will shortly be producing an e-module for supervisors and educators to support your work with trainee doctors, although in the mean time you may also find the principles discussed in the module helpful in your work with foundation doctors. You can also access this resource in the Educational Supervisors section of the Careers Unit website.

Foundation doctors requiring further support

For those doctors who require additional support to help them resolve issues affecting their decision making please encourage them to self-refer to the impartial and confidential specialist support from trained careers advisers and coaches provided by the Professional Support Unit. Details of how to contact us can be found on the Careers Unit website.

We hope that you will find this a useful resource to support your important work with foundation doctors. We would also welcome your feedback so that we can ensure that the module remains current and relevant for this audience.

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