

# Sharing Good Practice in Simulation – Conference Report

**Friday 23<sup>rd</sup> March 2018, 9am – 4pm**

**Venue: Novotel London City South, 53-61 Southwark Bridge Road, London SE1 9HH**

**Prepared by Dr Mark Loughrey & Dr Udes Naidoo**

## Overview

Sharing Good Practice in Simulation was a day's conference for all clinical and technical staff involved in foundation doctor simulation training across south London, Kent, Surrey and Sussex. The conference was designed to give delegates the opportunity to learn about the current state of simulation training across the region, and to give all the chance to discuss and facilitate collaborative working.

## Objectives

1. Delegates evaluated the positive and negative experiences of a selection of simulation training courses currently run for foundation doctors across the region. These included well established courses and new proposed courses in development in response to local need across the south London, Kent, Surrey and Sussex region. Delegates were able to identify new ideas from these courses and incorporate aspects of them directly into their own simulation practice.
2. During the sessions entitled 'Faculty development in simulation training' and 'Simulation Training - the Five Year Forward View and Beyond' delegates learnt about the current state of simulation provision, new qualifications available for facilitators in simulation, the experiences of these training courses thus far, and understand the place of simulation training within the future of post-graduate foundation medical education. Following the conference delegates were able to evaluate their own faculty development and plan locally in light of new information gathered.
3. Delegates learnt new methods of providing debrief within simulation training. They also learnt the benefits of using these techniques and evaluate these in light of existing popular debrief techniques. Delegates were able to incorporate these techniques directly into their current simulation practice.

## Programme

The programme was designed to provide delegates with a variety of presentations from different trusts and on different topics within simulation. There were two keynote sessions, three plenary sessions and three breakout sessions for workshops.

	Item	Facilitator
<b>09.00</b>	<b>Arrival and registration</b>	
09.30	Welcome and introduction	Dr Udesb Naidoo <i>Associate Director, South Thames Foundation School</i>
09.40	<i>Keynote session: Faculty development in simulation training</i>	Dr Ali Bokhari <i>Kent County Dean, HEE KSS</i> Mr Andy Buttery <i>Faculty Director of Simulation, Canterbury Christ Church University</i>
10.25	An effective simulation course for Foundation Trainees	Dr Shumontha Dev <i>Foundation Training Programme Director, Guy's &amp; St Thomas' NHS Foundation Trust</i>
<b>11.00</b>	<b>Tea/coffee break and posters</b>	
11.15	Workshops/oral presentations: 1 ( <i>delegates can attend 1 of the following</i> )	
	The Bubble debrief Dr Alex Hall <i>Western Sussex Hospitals NHS Trust</i>	The FROST course Dr George Badham & Dr Andrew Feneley <i>East Kent Hospitals University NHS Foundation Trust</i>
		Mass casualty simulations and moulage Paul Wilder & Katie Rogers <i>Frimley Health NHS Foundation Trust</i>
12.00	Simulation on ED Induction for FY2 doctors	Dr Savvas Papisavvas <i>Emergency Medicine Consultant, Guy's &amp; Thomas' NHS Foundation Trust</i> Dr Kian Sabzevari <i>Emergency Medicine FY2, Guy's &amp; Thomas' NHS Foundation Trust</i>
<b>12.30</b>	<b>Networking lunch and posters</b>	
13.30	<i>Keynote session: Simulation Training – The Five Year Forward View and Beyond</i>	Dr Andrew Frankel <i>Postgraduate Dean, Health Education South London</i>
14.15	Workshops/oral presentations: 2 ( <i>delegates can attend 1 of the following</i> )	

	The Bubble debrief Dr Alex Hall <i>Western Sussex Hospitals NHS Trust</i>	The FROST course Dr George Badham & Dr Andrew Feneley <i>East Kent Hospitals University NHS Foundation Trust</i>	Mass casualty simulations and moulage Paul Wilder & Katie Rogers <i>Frimley Health NHS Foundation Trust</i>
15.00	Human Factors training – Our journey	Dr Manisha Shah <i>Anaesthetic Consultant, Medway NHS Foundation Trust</i> Dr Ashike Choudhury <i>Emergency Medicine Consultant, Medway NHS Foundation Trust</i>	
15.45	Poster prize presentation	Dr Mark Loughrey <i>Frimley Health NHS Foundation Trust</i>	
15.50	TEL Technology Enhanced Learning presentation	Paul Wilder <i>Frimley Health NHS Foundation Trust</i>	
16.00	Closing remarks	Dr Udesch Naidoo <i>Associate Director, South Thames Foundation School</i>	

## Event management

Organisation of the event including programme design, recruitment of speakers, poster organisation and management on the day was led by Dr Mark Loughrey and Dr Udesch Naidoo. Dr Naidoo also hosted the conference. Staff at Health Education England booked the venue and provided administrative support which included advertising, gathering feedback and creating attendance certificates.

## Sponsorship

The conference was delivered by Health Education England. Sponsorship for administrative costs was provided by Limbs & Things Ltd and CAE Healthcare.

## Best poster award

Ten posters were submitted for display on the day. Invited speakers were asked to judge submitted posters and allocate winners. Two winner's prizes of £50 gift vouchers were awarded to:

- Jack Vaughan-Jones for his poster entitled “The feasibility of a medical student led simulation course and its implications for foundation year doctors”, and
- Edward Tozer, Mike Wilde & Philip Davidson for their poster entitled “Assessing the feasibility and effectiveness of using a video assisted debriefing session as an adjunct to the “F1 ready simulation course” run at East Surrey Hospital”.

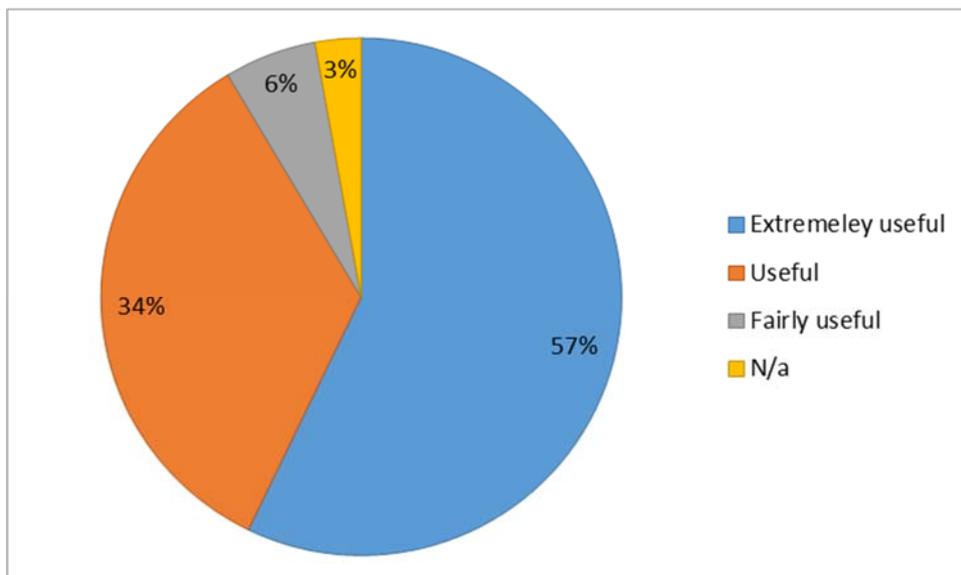
## Continuing Professional Development

Sharing Good Practice in Simulation has been approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 6 category 1 (external) CPD credits.

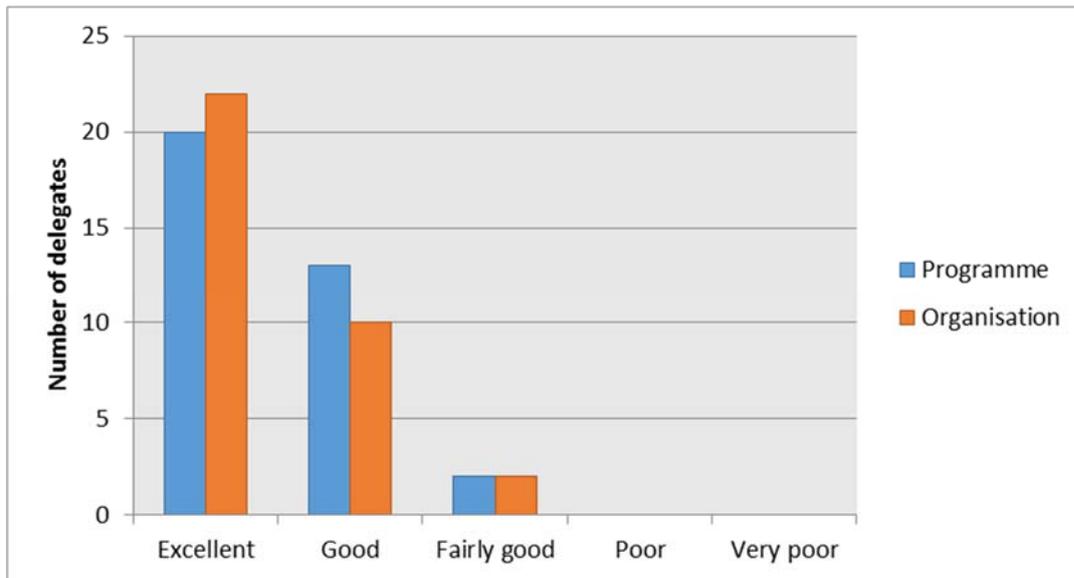
## Conference evaluation

58 delegates registered to attend the conference and 39 delegates attended on the day, in addition to the 13 invited speakers, 2 conference hosts and 2 invited company sponsors. A small team of administrative staff from Health Education England and from the conference venue were also in attendance. All attendees were given feedback forms in their welcome packs and were asked to complete these forms on the day. 35 delegates completed and returned feedback forms (a response rate of 90%). The following results are a summary of the responses we received.

1. How useful was the conference?



2. What was your overall impression of the conference?



3. How useful to you personally was each session?

Individual feedback was sent to speakers to use for their continued professional development.

Free text comments

4. What was the best aspect of the conference? Below are comments taken directly from the feedback.

“Good variety of speakers”. “Moulage training”. “Talking to and listening to the different ways SIM is being delivered in the region”. “Well organised, interesting and trained topics”. “Fantastic speakers”. “Very good workshops, engaging”. “Listening to Dr Frankel of Five Year Forward view”. “Variety of sessions”. “Workshops”. “Networking, sharing of best practice, reviewing SIM landscape now/future”. “Well-paced event, thank you”. “Engaging speakers and workshops really interesting and relevant”. “Interesting, engaging and fresh”. “Debrief and human factors”. “Discussion. Ability to network”. “Very interesting points especially simulation on induction”. “Moulage skills”. “Human factors and development ideas”. “Five year view and beyond”. “Moulage and 5 year forward view and beyond”. “Seeing how we all have different approaches to similar problems”. “Seeing how a different region runs things”. “All aspects”. “Keynotes, networking and industry”. “Dr Andrew Frankel informative, inspiring and Dr Ali and Andy”. “Network and grass roots innovations”. “Gathering to share experiences”. “Networking”. “Simulation - 5 year forward plan - moving simulation to the community”. “Generally sharing ideas in Simulation across the region, very handy location”. “Location, speakers, venue”.

5. What impact will this event have on your future practice?

“Will go back and see if our program of F1'S & F2's can be tweaked”. “Adding bubble debrief to my course”. “Change and improve my own practice in sim and improving debrief in 9 cards”. “More focus on primary care simulation”. “Some points to take away and try in our practice”. “Maybe change practice in debriefing and introducing bubble debrief in my sim course”. “I will consider the use of the human factor cards”. “Thinking about the role of hospital based centres in community workforce education, getting more involved”. “Not to get bogged down! keep making changes”. “Debrief”. “Opened Johari window - strengths and weakness”. “Think more closely about the integration of other professions”. “Motivation to push for more SIM at work”. “Confidence to increase fidelity with making SIM more realistic”. “Good ideas for MDT SIM”. “More focus on future simulations”. “Reassures me I am taking the right approach to developing a SIM faculty”. “More ideas for our SIM suite”. “Use some tools in my future practice”. “New understanding”. “Increased participation in Sim, both facilitators and participant”. “Bubble debriefs”. “Develop further program”. “Work more closely with simulation faculty”. “Review of foundation training delivery and introducing of quality assurance”. “Generate idea for local practice and looking to develop fault”.

6. Are there any areas in which we can improve?

“For a first conference this was a good effort”. “Better time keeping so groups who have prepared to deliver workshops aren't short changed”. “Chairs are cluttered in the lecture room, difficult to come out to get water for a colleague who was coughing”. “Be good to have workshops aimed for senior faculty development”. “Would be nice to have a dedicated poster session”. “Room and technology”. “More time for discussion”. “More time for group conversation and networking”. “Include more from nursing”. “Continue work, fantastic venue”. “Aim to create simulation monthly forum to share experiences”. “Bring in mental health/psychiatry simulation”. “Keep to time”. “Time-keeping”.

7. Please provide any additional comments or suggestions for future conferences.

“Thank you”. “Longer session for moulage”. “Have teams to conference so can concentrate on various aspects of FY SIM”. “Great lunch and hospitality”. “Session on mental health for future conference”. “It would be good to make time for a video or two, the circle of care video referenced in talk 2 would be very useful”. “Thoroughly enjoyed the day and found it uplifting...good energy”. “Very good conference, learned many things, especially about debriefing”. “Writing non clinical technique”. “Thank you so much, really useful and valuable day”. “Don't let doctors manage presentation technology!” “Excellent day”. “Very interesting and very useful”. “Massively impressive for inaugural conference, well done”. “Great venue, great conference, going home energised”.

## Summary

The conference was well received and the conference objectives were met. Feedback from delegates was overwhelmingly positive with 57% of delegates describing the conference as extremely useful, and another 34% describing it as useful. 94% of delegates also described both the programme and organisation of the conference as good or excellent. This was a good response for our inaugural conference, and provides a good starting point on which we can build for future events.