CONTENTS

Introduction 1
   Welcome 1
   What is a foundation school? 3
   The UK Foundation Programme Office (UKFPO) 3

Structure of foundation training 4
   Overview of STFS 5
   Applying for foundation training 5
   Allocation to programmes within STFS 5
   Purpose of the Foundation Programme 7
   The foundation programme aims to: 7
   Outcomes of foundation training 7

Broadening the Foundation Programme (BTFP) 8

Community Placements 8

Dr Toolbox 8

Safe prescribing 9

Doctors with disabilities 9

Map showing location of trusts affiliated to STFS 11

List of trusts affiliated to STFS 12

Glossary of trust staff 13

Foundation key documents 14
   Curriculum 14
   Reference guide 14
   e-Portfolio 14

Training vs employment (inc banding & EWTR) 15
   Hours 15
   European working time requirement (EWTR) 15
   Pay bands 15
   F1 pay scale 15
   Salary 15

Deferring the start of foundation training 15

Shadowing 16
   Extended induction 16

Transfer of information 16

Travel and relocation expenses 16
   General practice (GP) location and travel allowances 16

Tasters 17

Careers 17

Supervised learning events (SLEs) 17
   Purpose of SLEs 17
   SLE methodology 17
   Educational and development tools 18

Assessment 18
   Self-assessment 19
   Feedback and debriefing 19

Annual review of competence progression (ARCP) 19

The information given in this booklet is correct at the time of being published (January 2016).

STFS would like to thank trust colleagues for images provided. STFS is especially grateful to those doctors who were photographed and the following foundation doctors for providing photographs for use in this publication: Dr Rachael Mellor, Dr Itunuayo Ayeni, Dr Jakibai Kimis, Dr Lennard Lee, Dr Chris Turnbull, Dr Sophie Malakouti, Dr David Metcalfe, Dr Rishi Shropal, Dr Jenn Wong and Dr Kee-Cheung Lee.
Prospectus commencing August 2016

Appendix A2: Mental Health Trusts Affiliated to STFS

Kent and Medway NHS Social Care and Partnership Trust 95
Oxleas NHS Foundation Trust 97
South London and Maudsley NHS Foundation Trust 99
South West London & St George’s Mental Health NHS Trust 102
Surrey and Borders Partnership NHS Foundation Trust 104
Sussex Partnership NHS Foundation Trust 106

Appendix B: STFS Team 107
INTRODUCTION

Welcome

The South Thames Foundation School is large, with over 1700 programmes in 18 NHS acute trusts and 6 mental health trusts. Our prospectus aims to provide all the relevant information about foundation training in STFS for those considering their options. We hope that you find it useful.

Additional information is on our website:
www.stfs.org.uk

Dr Jan Welch
Director

Dr Mark Cottee
Associate Director (Tooting)

To be appointed
Associate Director (Brighton)
What is a foundation school?

Foundation training is a two year programme acting as the bridge between undergraduate medical education and further training to become a general practitioner or specialist. Foundation schools oversee the training of the foundation doctors (FDs) in that school.

They bring together local medical schools, local education and training boards (LETBs), trusts and other organisations involved in training doctors.

The UK Foundation Programme Office (UKFPO)

The UK Foundation Programme Office provides a central information point for medical schools, foundation schools, foundation doctors and the faculty involved in foundation training.

The aim of the UKFPO is to develop and promote innovative training methods, such as e-learning and the electronic portfolio, as well as to develop and administer the recruitment and programme allocation system throughout England, Northern Ireland, Wales and Scotland.
FTP = Foundation training
CT = Clinical Tutor
FTPD = Foundation Training Programme Director

STRUCTURE OF FOUNDATION TRAINING
South Thames Foundation School | Introduction

OVERVIEW OF STFS

The South Thames Foundation School (STFS) was established in 2007 following the merger of the former South East Thames and South West Thames Foundation Schools. It is a collaboration between Health Education KSS and Health Education South London and GKT School of Medical Education, King’s College London, St George’s University of London and Brighton and Sussex Medical Schools.

The school manages all F1 and F2 FDs in NHS trusts in the South London and KSS regions (about 1700) and is based in four offices: Stewart House, London Bridge, Brighton and Tooting.

Dr Jan Welch is the Director of the South Thames Foundation School and is based at the London Bridge Office. Two Associate Directors, one (to be appointed) at Brighton and Dr Mark Cottee, Tooting, provide local leadership. Three foundation school managers support the director/associate directors.

See Appendix B for details of the STFS team.

Applying for foundation training

The national eligibility criteria and person specification together with a detailed applicant guide are available to download from: www.foundationprogramme.nhs.uk/pages/home/how-to-apply

See also Applying to STFS www.stfs.org.uk/applying-stfs

Allocation to programmes within STFS

Once applicants have been successfully allocated to STFS, the next step is for them to be matched to a specific programme.

Programme fair

STFS invites medical students allocated to STFS via the national recruitment process to attend a programme fair before they rank their preferences. Trusts from across the school attend and each one has a stand to show what their trust offers, and to answer queries.

The national F1 allocation system informs applicants which foundation school they have been allocated to in early March, and the programme fair for applicants entering STFS in August 2016 will be held on Friday 11 March 2016 at Southwark Cathedral. See www.stfs.org.uk/student/programme-fair for more details.

F1

Students told us that they value the large size of STFS, but disliked ranking 800 programmes as it is time-consuming and tedious. STFS therefore now uses a two stage programme allocation process in order to minimise the number of programmes needed to be ranked to about 135.

Stage 1

Allocation into one of six programme groups – red, orange, yellow, green, blue and purple.

Stage 2

Ranking of programmes within that group, followed by individual programme allocation.

Programmes have been divided up into groups very carefully, to try and make the groups as equivalent as possible. For example, all three groups have similar proportions of programmes in which one year is spent in a teaching hospital, and one year in London. There is a geographical element to the groups, in that red and orange are towards the west of the STFS area, yellow and green towards the south and blue and purple towards the east, but all the groups include some programmes containing a year in London.

Once allocated to a group, applicants rank specific F1 programmes linked to a different trust for F2. In order to provide a range of experience, the F1 and F2 years are usually
Local swaps

Some FDs ask to swap some or all of their F1 or F2 programme with someone else in the same trust. Within STFS this may be arranged subject to certain criteria. Full details are available at www.stfs.org.uk/doctor/local-swaps

In January of your F1 year you will be allocated to an F2 programme within your assigned F2 trust on the basis of the STFS programme balance guidance. Full details are available at www.stfs.org.uk/doctor/f2-allocation-process

F2 waiting list

STFS has slightly fewer F2 than F1 programmes. Because increasing numbers of people have applied for foundation training (oversubscription), as F1 gaps arise in the months before August they are now filled from the reserve list. This means that STFS has very few F1 vacancies, and hence we have a slight shortfall of F2 programmes.

It may not be possible to allocate all FDs with a TBC F2 link to an F2 trust before the F2 programme allocation process. Some F1s may need to go on an F2 waiting list and be allocated to F2 programmes in batches between April and June. As vacancies become available they will be offered in batches to be ranked by the highest scoring F1s on our waiting list.

All STFS FDs are, however, guaranteed an F2 programme. Usually, all F1s are allocated to an F2 programme by the beginning of June. Programme balance rules are available on the STFS website.

F2 swap shop

It is possible for F1 doctors to swap their provisionally allocated F2 programme via the STFS swap shop which is usually held in February/March of the F1 year. Full details are available at www.stfs.org.uk/doctor/swap-shop
The foundation programme is part of the continuum of medical education. It is the only point in medical training which is common to all United Kingdom medical students and doctors and bridges the ‘gap’ between undergraduate medical training and hospital or general practice specialty training.

The foundation programme aims to ensure that all doctors deliver safe and effective patient care in accordance with the GMC guidance laid down in Promoting excellence: standards for medical education and training (2015) and Good medical practice (2013). During the programme, FDs work in a supportive environment where they are properly managed and supervised enabling them to learn through service delivery whilst ensuring that patients are not put at risk. FDs practise within their own level of competence and are provided with adequate supervision and feedback to reach higher levels of competence and to acquire new competences. The foundation programme builds on and develops the responsibilities of clinical professionalism. Satisfactory progress indicates that a doctor is moving towards independent practice.

Throughout medical school and foundation training, students and graduates should draw upon career information and guidance and reflect on their abilities, interests, opportunities and service needs to make more informed choices about their future career. Refer to the Career Management section in the Reference Guide and to www.healthcareers.nhs.uk

Outcomes of foundation training

Foundation Year 1 enables medical graduates to begin to take supervised responsibility for patient care and consolidate the skills learned at medical school. Satisfactory completion of F1 allows the relevant university, or their designated representative in a postgraduate local education and training board (LETB) or foundation school, to recommend to the GMC that the FD be granted full registration.

Foundation year 2 doctors remain under clinical supervision (as do all doctors in training) but take on increasing responsibility for patient care. In particular they begin to make management decisions as part of their progress towards independent practice. F2 doctors further develop their core generic skills and contribute more to the education and training of allied healthcare professionals, medical students and less experienced doctors. At the end of F2 they will have begun to demonstrate clinical effectiveness, leadership and the decision making responsibilities that are essential for hospital and general practice specialty training. Satisfactory completion of F2 leads to the award of a foundation achievement of competence document (FACD) which indicates that the doctor is ready to enter a core, specialty or general practice training programme.
Broadening the Foundation Programme (BTFP) emerged in response to recommendations in the following reports: Professor John Collins’ Foundation for Excellence Report, Francis Report, Keogh Review and Berwick Review.

It addresses the need for newly qualified doctors to be able to respond to the evolving needs of the ‘whole patient’ and to be able to develop their capabilities across a range of settings.

The report put forward recommendations including:

- FDs should not rotate through a placement in the same specialty or specialty grouping more than once, unless this is required to enable them to meet the outcomes set out in the curriculum.
- (a) At least 80 per cent of FDs should undertake a community placement or an integrated placement from August 2015.
- (b) All FDs should undertake a community placement or an integrated placement from August 2017.

Also included was a previous target to increase the numbers of psychiatry posts to 7.5% of F1 and 7.5% of F2 posts, so that 45% of FDs will have a psychiatry placement.

When fully implemented in 2017, FDs will undertake a minimum of one community or integrated placement during their two year foundation programme. This is to ensure that they receive a wider experience of working in community settings such as general practice, community psychiatry or community paediatrics to obtain a broader understanding of community care and the whole patient journey.

Delivering this programme necessitates changes in the current training delivery structures. Some specialties such as surgery are experiencing a reduction in posts while others such as psychiatry see an increase. There is also an increase in community posts.

There are excellent learning opportunities for FDs to gain experience of general practice and community work. All of our clinical supervisors have been trained to support the needs of FDs and have developed a range of additional learning opportunities.

Previous FDs have commented positively on the different opportunities available in general practice, such as being able to follow a patient’s care pathway and having autonomy to work and make decisions, with of course the full support and guidance of a qualified GP. They are included in all aspects of general practice from audits to clinical practice meetings and social activities. FDs are a fully integrated member of the practice but work in a supernumerary capacity.

Previous FDs have been able to experience not just a GP surgery but other areas including prisons, pharmacies, police surgeons, coroners, health visitors, community matrons, palliative care and clinical commissioning groups.

STFS supports the Dr Toolbox website, created and run by junior doctors to provide up-to-date local information such as reference and handover guides, essential telephone and bleep numbers etc. The site has been created to help doctors to collate local hospital knowledge and pass it to their successors, so that they can ‘hit the ground running’, thereby improving efficiency and patient safety. The Doctor Toolbox hub is available at www.dr-toolbox.com and can be downloaded as an app.

Dr Toolbox is always looking for enthusiastic editors to update/maintain the site. Becoming a Toolbox editor means taking an important role in a national patient safety project. It provides significant opportunity to undertake a quality improvement project as well as developing leadership skills.

A representative from Dr Toolbox will be available at the STFS programme fair for further information and queries.
SAFE PRESCRIBING

Many risks to patient safety and a quarter of litigation claims in the NHS stem from medication errors. In order to address this, STFS has introduced both a FD prescribing assessment and an e-learning tool – standard computerised revalidation instrument for prescribing and therapeutics (SCRIPT). Both F1s and F2s are required to complete a specific number of SCRIPT modules as prescribed by their trust. Further details are available at www.stfs.org.uk/safe-prescribing

DOCTORS WITH DISABILITIES

STFS wishes to support FDs with disabilities which may affect their training, for example by facilitating reasonable adjustments to training programmes. Additional careers support can also be arranged where appropriate. FDs are welcome to make an appointment to see one of the directors in confidence to discuss their training further.
See www.stfs.org.uk/affiliated-trusts for the STFS interactive map.
### LIST OF TRUSTS AFFILIATED TO STFS

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<td>Brighton and Sussex University Hospitals NHS Trust</td>
<td>Princess Royal Hospital, Haywards Heath, Royal Sussex County Hospital</td>
<td>2, 3</td>
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<td>Croydon Health Services NHS Trust</td>
<td>Croydon University Hospital</td>
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<td>Dartford &amp; Gravesham NHS Trust</td>
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<td>East Kent Hospitals University NHS Foundation Trust</td>
<td>Kent &amp; Canterbury Hospital, Queen Elizabeth the Queen Mother Hospital, William Harvey Hospital</td>
<td>6, 7, 8</td>
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<tr>
<td>East Sussex Healthcare NHS Trust</td>
<td>Conquest Hospital, Eastbourne District General Hospital</td>
<td>9, 10</td>
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<tr>
<td>Epsom &amp; St Helier University Hospitals NHS Trust</td>
<td>Epsom General Hospital, St Helier Hospital</td>
<td>11, 12</td>
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<tr>
<td>Frimley Health NHS Foundation Trust</td>
<td>Frimley Park Hospital</td>
<td>13</td>
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<td>Guy’s &amp; St Thomas’ NHS Foundation Trust</td>
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<td>14</td>
</tr>
<tr>
<td>King’s College Hospital NHS Foundation Trust</td>
<td>King’s College Hospital, Princess Royal University Hospital, Orpington</td>
<td>15, 16</td>
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<tr>
<td>Kingston Hospital NHS Foundation Trust</td>
<td>Kingston Hospital</td>
<td>17</td>
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<tr>
<td>Lewisham &amp; Greenwich NHS Trust</td>
<td>University Hospital Lewisham, Queen Elizabeth Hospital</td>
<td>18, 19</td>
</tr>
<tr>
<td>Maidstone and Tunbridge Wells NHS Trust</td>
<td>Maidstone Hospital</td>
<td>20</td>
</tr>
<tr>
<td>Medway NHS Foundation Trust</td>
<td>Tunbridge Wells Hospital, Medway Maritime Hospital</td>
<td>21, 22</td>
</tr>
<tr>
<td>Royal Surrey County Hospital NHS Foundation Trust</td>
<td>The Royal Surrey County Hospital</td>
<td>23</td>
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<tr>
<td>St George’s University Hospitals NHS Foundation Trust</td>
<td>St George’s Hospital</td>
<td>24</td>
</tr>
<tr>
<td>Surrey and Sussex Healthcare NHS Trust</td>
<td>Crawley Hospital, East Surrey Hospital, Redhill</td>
<td>25, 26</td>
</tr>
<tr>
<td>Western Sussex Hospitals NHS Foundation Trust</td>
<td>St Richard’s Hospital, Worthing Hospital</td>
<td>27, 28</td>
</tr>
<tr>
<td><strong>Mental Health Trusts</strong></td>
<td></td>
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</tr>
<tr>
<td>Oxleas NHS Foundation Trust</td>
<td></td>
<td>29</td>
</tr>
<tr>
<td>South London and Maudsley NHS Foundation Trust</td>
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<td>30</td>
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<tr>
<td>South West London and St George’s Mental Health NHS Trust</td>
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<td>31</td>
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<tr>
<td>Kent and Medway NHS and Social Care Partnership Trust</td>
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<tr>
<td>Sussex Partnership NHS Foundation Trust</td>
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Your training within trusts is provided by a number of people, some based in a postgraduate or education centre. Their contact details will be included in trust induction packs but a summary of their roles is given below.

**Director of medical education (DME)**

The director of medical education is a consultant in the trust and works for the LETB as well as the hospital. They have managerial responsibility for medical education. They work closely with the clinical tutor/s and MEMs and can also be approached for formal and informal advice.

**Clinical supervisor**

This may be the clinical supervisor for your first attachment or for another attachment depending on local arrangements. They have a particular responsibility for your education through the whole year. You will meet them at regular intervals and they should generally be the first port of call for any concerns you may have about your training.

**Clinical tutor (CT)**

The clinical tutor is a consultant in the trust who is responsible for organising trust induction and general educational programmes. If you have any problems with educational matters or supervision you can take them to the clinical tutor. They can also help you deal with any problems concerning your career, as they have wide experience and specialist contacts.

**Medical education manager (MEM)**

The medical education manager runs the postgraduate centre and administers the induction and educational programmes. They work closely with medical staffing and the clinical tutor. They are readily available for general advice and will be on hand to help you adapt to your new way of life in the Trust.

**Foundation training programme director (FTPD)**

The FTPD oversees the training of 20-40 FDs, and organises their teaching programmes. They meet with new F1 doctors during their first attachment. In some trusts the foundation and clinical tutors are the same.

**College tutor (specialty programme director)**

The college tutor is a consultant with particular responsibility for training in a specialty. They usually organise departmental teaching programmes and can be asked for advice about the specialty, including careers.

**Director of medical education (DME)**

The director of medical education is a consultant in the trust and works for the LETB as well as the hospital. They have managerial responsibility for medical education. They work closely with the clinical tutor/s and MEMs and can also be approached for formal and informal advice.

**Clinical supervisor**

This may be the clinical supervisor for your first attachment or for another attachment depending on local arrangements. They have a particular responsibility for your education through the whole year. You will meet them at regular intervals and they should generally be the first port of call for any concerns you may have about your training.

**Clinical tutor (CT)**

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**Medical education manager (MEM)**

The medical education manager runs the postgraduate centre and administers the induction and educational programmes. They work closely with medical staffing and the clinical tutor. They are readily available for general advice and will be on hand to help you adapt to your new way of life in the Trust.

**Foundation training programme director (FTPD)**

The FTPD oversees the training of 20-40 FDs, and organises their teaching programmes. They meet with new F1 doctors during their first attachment. In some trusts the foundation and clinical tutors are the same.
FOUNDATION KEY DOCUMENTS

Curriculum

The Foundation Programme Curriculum sets out the framework for educational progression that will support the first two years of professional development following graduation from medical school.

The curriculum is based on the General Medical Council’s documents Good Medical Practice (2013) and Promoting excellence: standards for medical education and training (2015).

The curriculum builds on the competences, attitudes and behaviours acquired during undergraduate training.

The foundation programme curriculum is available to download from www.foundationprogramme.nhs.uk/pages/home/keydocs

Reference guide

The Reference Guide provides guidance to LETBs and foundation schools about the structures and systems required to support the delivery of the curriculum.

It is a companion document to the FP curriculum and should be used in conjunction with it.

The reference guide is available to download from www.foundationprogramme.nhs.uk/pages/home/keydocs

e-Portfolio

FDs within STFS currently use the UK Foundation Medicine e-Portfolio developed by NES (NHS Education Scotland), however, it is anticipated that the ePortfolio in England will transfer to the Horus ePortfolio system developed by the HEE North West local team with effect from August 2016. F1s are issued with a user name and password on entry to STFS.

The e-portfolio is a record of an FD’s progress and development through the foundation years. Evidence of achievement of outcomes and increasingly sophisticated performance will be recorded in the e-portfolio.

The completed e-portfolio contributes to the end of year report. Elements of the e-portfolio may also be used in specialty interviews by FDs to demonstrate competence and highlight achievements.

See www.nhseportfolios.org for further details.
TRAINING VS EMPLOYMENT (INC BANDING & EWTR)

Although STFS oversees foundation training, NHS trusts are the employing healthcare organisations responsible for all contractual issues including:

- Pay
- Banding
- Rotas
- Accommodation

DEFERRING THE START OF FOUNDATION TRAINING

An applicant who has been accepted onto the Foundation Programme may only defer the start date of their training for a statutory reason (e.g. maternity leave, sickness).

Wherever possible, applicants are asked to give their foundation school as much notice as possible of the need to defer the start date. This may allow the foundation school to offer the foundation placement to someone else.

F1 pay scale

- £22,636 (2015 rate)
- £2,162 London weighting (non-resident)
- + banding supplement (depends on post)

Salary

Junior doctors are paid on national pay scales, determined each year by the Doctors and Dentists Review Body (DDRB) after receiving evidence from the BMA and the Department of Health.

FDs should assume that all programmes carry basic salary only unless otherwise informed by the employing trust on confirmation of appointment.

Details of pay rates can be found at: www.nhsemployers.org/your-workforce/pay-and-reward/pay/medical-pay/201516-doctors-and-dentists-pay-award

Time limit on provisional registration

From 1 April 2015, the length of time doctors will be allowed to hold provisional registration will be limited to a maximum of three years and 30 days (1125 days in total). After this their provisional registration will expire. For further details see www.gmc-uk.org

European working time requirement (EWTR)

The European working time requirement (EWTR) protects the health and safety of workers in the European Union. It lays down minimum requirements in relation to working hours, rest periods, annual leave and working arrangements for night workers.

- Full-time contract = 40 hours
- + further contracted hours, e.g.
  - out-of-hours work
  - prospective cover
- Pay bands reflect hours and working pattern
- Posts up to 48 hours a week are Band 1

Pay bands

- 40 hours a week between 7am and 7pm weekdays - unbanded
- 1A (1.5x) – work most frequently and at unsocial times
- 1B (1.4x) – work less frequently
It is a mandatory requirement for those entering the foundation programme to undertake a paid period of four days’ shadowing with their first F1 employer immediately before the start of their employment. This provides incoming F1s with an opportunity to work closely with the F1 doctor who is in the post that they will take up and to familiarise themselves with the department and hospital settings before starting their post. The shadowing placement should be paid on an unbanded F1 basic pay basis.

An F1’s first day of work will be the first Wednesday of August however we suggest that FDs keep the 10 days before available for induction and shadowing as starting dates can vary between trusts.

**Extended induction**

STFS provides non-UK graduates and those who qualified more than 2 years before commencing F1 with the opportunity to undertake an additional 3-weeks of extended induction/shadowing in order to familiarise them with the NHS in advance of formally commencing F1. Invitations to attend extended induction are sent out shortly after allocation to programmes.

See: [www.stfs.org.uk/doctor/transfer-information](http://www.stfs.org.uk/doctor/transfer-information)

All STFS FDs are required to complete a transfer of information (TOI) questionnaire before the beginning of both their F1 and F2 years. The TOI process is supportive, and designed to allow FDs to highlight to their training programme director (FTPD) issues that might be relevant to their training, such as academic, health, social or psychological difficulties.

It is strongly recommended that the F1 form should be completed with the help and support of medical school advisors/tutors or another appropriate medical school member of staff, and the F2 form with the FD’s F1 FTPD.

A medical school clinical advisor or official must countersign the F1 form and the F1 FTPD the F2 form.

**Transfer of information**

The reimbursement of travel and relocation expenses is administered by the HEE London and South East team. Full details are available at: [www.lpmde.ac.uk/training-programme/training-matters/relocation-and-excess-travel-claims](http://www.lpmde.ac.uk/training-programme/training-matters/relocation-and-excess-travel-claims)

**General practice (GP) location and travel allowances**

Usually FDs are allocated to a practice within the area served by their current trust, but occasionally, they may need to be placed in another trust’s area. Some trust areas do cover a wide geographic footprint and so FDs may be expected to travel a reasonable distance from home or the trust to the placement.

During the FDs’ time in GP it is not essential for them to do any out of hours working, although they may well be asked to carry out home visits. In most cases this will be alongside the clinical supervisor.
Supervised learning events are an important opportunity for learning and reflection on practice and are a crucial component of the curriculum. FDs must demonstrate engagement with this process. This means undertaking an appropriate range and number of SLEs and documenting them in the e-portfolio. The clinical supervisor’s end of placement report draws on the evidence of the FDs engagement in the SLE process. Full participation with reflective practice is the best way to demonstrate progression towards the outcomes expected of the programme, and the competences specified in the curriculum.

Purpose of SLEs

The purpose of SLEs is:

- To highlight achievements and areas of excellence
- To provide immediate feedback and suggest areas for further development.

SLE methodology

SLEs are designed to help foundation doctors develop their clinical and professional practice. FDs are expected to demonstrate improvement and progression during each attachment and, therefore, should arrange for SLEs to be evenly spread throughout each placement. Improvement in clinical practice results from regular SLEs leading to constructive feedback and subsequent review of progression.

SLEs use the following tools:

- Mini-clinical evaluation exercise (mini-CEX)
- Case based discussion (CBD)
- Direct observation of procedural skills (DOPS)
- Developing the clinical teacher

FDs should usually agree the timing and the clinical case/problem with their trainer, unscheduled interactions are also encouraged. The South London local team should be used to stimulate immediate feedback and to provide a basis for discussion with the clinical and/or educational supervisor.

A different teacher/trainer should be used for each SLE wherever possible, including at least one consultant or GP per four month placement.

See: www.stfs.org.uk/doctor/tasters

Tasters provide an opportunity to experience a specialty not included in a two year foundation programme, and thereby develop understanding of that specialty to inform career choices. Tasters can also benefit those who have already made career decisions as it suggests to employers that they are dedicated and committed to their chosen specialty. We encourage all FDs to arrange a taster during their first F2 rotation so that they have completed it before the recruitment process to specialty training programmes which usually starts in November of the F2 year. It is also possible for FDs to “borrow” up to 5 days of their F2 study leave to use for a taster during the second half of their F1 year.

See: www.stfs.org.uk/doctor/careers-guidance

Good quality careers information and advice can be invaluable in enabling doctors to make informed, pragmatic and realistic choices throughout their careers.

Within STFS, the careers team liaises with trusts to provide workshops to introduce FDs to career planning tools, linked into a four stage career planning framework:

- Stage 1: self-assessment e.g. skills, interests, values
- Stage 2: career exploration e.g. how to research different career options
- Stage 3: decision making e.g. look at how you have made decisions
- Stage 4: implementation e.g. application forms, CVs and interview preparation

For specific one-to-one advice the first point of contact for foundation doctors is their educational supervisor. Educational supervisors are able to call on other resources both locally and from the LETB. A careers lead is also available in each trust. The STFS careers team also visits trusts from time to time to run drop-in sessions where FDs can book a half hour appointment with one of the careers advisers.

What you choose for the next stage of your career should be a personal decision, but you should ensure that you plan your approach and investigate career options fully before deciding.

The NHS national medical careers website is available at www.healthcareers.nhs.uk. It contains information on all specialties including workforce statistics, case studies, videos and podcasts and interactive tools to support career planning.
Educational and development tools

Supervised learning events with direct observation of doctor/patient encounter

Two tools can be used to give feedback after observation of doctor/patient encounters:

• Mini-clinical evaluation exercise (mini-CEX)
• Direct observation of procedural skills (DOPS).

FDs are required to undertake a minimum of nine directly observed encounters per annum in both F1 and F2. At least six of these encounters, each year, should use mini-CEX. FDs are encouraged to do many more than this minimum.

i) Mini-clinical evaluation exercise (mini-CEX)

This is an SLE of a clinical encounter.

• FDs should complete a minimum of six mini-CEX in F1 and another six in F2. These should be spaced out during the year with at least two mini-CEX completed in each four month period
• There is no maximum number of mini-CEX and good trainees will often achieve very high numbers of SLEs, recognising the benefit they derive from them.

ii) Direct observation of procedural skills (DOPS)

This is a structured checklist for giving feedback on the FDs interaction with the patient when performing a practical procedure.

• FDs may submit up to three DOPS as part of the minimum requirements for evidence of observed doctor-patient encounters
• Different assessors should be used for each encounter wherever possible
• Each DOPS could represent a different procedure and may be specific to the specialty (NB: DOPS may not be relevant in all placements)
• Although DOPS was developed to assess procedural skills, its purpose in foundation training is to give feedback on the doctor/patient interaction
• If more than nine mini-CEXs have been performed in either year, it is not essential to do any DOPS at all.

Supervised learning events which take place remote from the patient

Several forms of assessment are used:

i) Core procedures

The GMC requires demonstration of competence in a series of procedures in order for a provisionally registered doctor with a license to practise to be eligible for full registration.

These must be recorded and signed off in the core procedures section of the e-portfolio.

The core procedures from F1 do not need to be repeated in F2, but evidence for ARCP is required for successful completion of the foundation programme.

It should also be recognised that with practice the FD is expected to improve their skills in those procedures which they perform.

ii) Multi-source feedback

Team assessment of behaviour (TAB) (previously described as 360-degree assessment)

• This comprises collated views from a range of co-workers. It is mapped to a self-assessment tool with identical domains
• MSF should usually take place at least once a year. LETBs have the option of increasing the frequency
• It is suggested that both F1 and F2 TAB be taken in the first four months of the year’s training. If there is a risk of ‘rater fatigue’, i.e. overburdening a small number of colleagues, then F2 TAB could be undertaken in the second four months of training. If there are significant concerns about any FD, TAB should be repeated in the last four months of training
• For each assessment, the FD should nominate 15 raters. A minimum of 10 returns are required. No other FD can be a rater.

The required mix of raters/assessors must include at least two of each of the following:

• Doctors more senior than F2, including at least one consultant or GP principal
• Senior nurses (band 5 or above)
• Allied health professionals
• Other team members including ward clerks, secretaries and auxiliary staff.
**SELF-ASSESSMENT**

FDs have a personal responsibility to make self-assessment an integral part of their professional life. It is good educational practice for this to be stated clearly and discussed fully during induction.

FDs, with the support of their supervisor(s), are responsible for arranging appraisals, having the outcomes recorded and documenting ways to improve.

**Feedback and debriefing**

Feedback is a key component of the interactions between supervisors and FDs. Giving and receiving feedback and engaging in constructive conversations about learning, successes, difficulties and progress are all part of an effective professional learning environment.

Improvement in clinical practice will only happen if regular review of that practice leads to constructive feedback. As indicated above, unscheduled SLEs are a good opportunity for immediate feedback.

This is particularly true of mini-CEX and DOPS which may be opportunistic. It is essential that trainers provide, and FDs receive, structured feedback.

FDs must learn to receive positive feedback and also how to accept constructive criticism aimed at targeting future development.

Towards the end of both the F1 and F2 years, the local foundation training programme director, under the guidance of the foundation school, convenes an Annual Review of Competence Progression (ARCP) panel to review the progress of all FDs in their programme.

The ARCP provides a formal process for reviewing FDs’ progress which uses the evidence gathered by them and supplied by their supervisors which is usually contained within the foundation e-portfolio. The ARCP is not an additional method of assessment.

The ARCP fulfils the following functions:

- To document the judgement about whether a FD has met the requirements and has provided documentary support for the satisfactory completion of F1/F2
- To document recommendations about further training and support where the requirements have not been met.

Full details of the process will be provided during the F1 year.

The requirements for successful completion of ARCP within STFS are higher than the minimum requirements specified within the FP reference guide.

Details of all requirements to achieve a satisfactory ARCP outcome are provided to FDs during their annual induction to STFS. Copies of the slides and an ARCP checklist are available at www.stfs.org.uk/doctor/induction-stfs

**ANNUAL REVIEW OF COMPETENCE PROGRESSION (ARCP)**

**Feedback and debriefing**

**Self-assessment**

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**SPECIAL CIRCUMSTANCES**

A few F1 doctors have significant special circumstances. Provided they meet one of the nationally agreed criteria STFS will endeavour to allocate such doctors to a trust within a reasonable commuting distance (90 mins).

STFS is, however, unable to guarantee that this will be possible. FDs with special circumstances approved for their F1 year must reapply for F2.

STFS can only consider applications from F1 doctors for allocation on the grounds of special circumstances if they can demonstrate that they meet at least one of the following:

**Criterion 1:**

The applicant is a parent or legal guardian of a child or children under the age of 18, who reside primarily with you and for whom you have significant caring responsibilities.

**Criterion 2:**

The applicant is the primary carer for someone who is disabled (as defined by the Equality Act 2010).

**Criterion 3:**

The applicant has a medical condition or disability for which ongoing follow up for the condition in the specified location is an absolute requirement.
Less than full time training is available to doctors and dentists in training who are unable to work full-time for "well founded individual reasons" (European Union Council Directive 93/16/EEC 1993).

FDs requiring LTFT Training must compete for entry into foundation training on an equal basis with other applicants, ie. in open competition. FDs also need to achieve the competences as well as the equivalent of two years whole time experience to meet the UK requirements for all foundation trainees.

STFS manages FDs across HEE, KSS local team and HE South London. Each has different administrative and funding arrangements in place for LTFT. The appropriate arrangements will depend on which local education and training board (LETB) an employing trust is affiliated to.

Slot-sharing is usually the most effective means of meeting educational needs and must be explored before alternative options are considered. In slot-sharing two FDs share one full-time post and the out-of-hours is managed between them. Each doctor is paid as an individual trainee. LTFT FDs must work a minimum of 50% to ensure educational approval. It may be possible for STFS to review other applications in order to identify a potential slot-share partner.

Once successfully allocated to STFS, applicants considering applying for LTFT should contact one of the STFS managers via enquiries@stfs.org.uk in the first instance so that they can provide appropriate information/advice.

Details of the LTFT arrangements can be found at the links below. (Details of which LETB each trust is affiliated with are available at: www.stfs.org.uk/trusts.)

**HEE, KSS team:**
http://kss.hee.nhs.uk/education-and-training/specialty/support/lftt/

**HEE, south London team:**
www.lpmde.ac.uk/lftt
F2 ABROAD

It may be possible for FDs to complete their F2 year outside of the UK and STFS supports doctors who wish to undertake their F2 training abroad.

Further information is available on the website www.stfs.org.uk/doctor/abroad

Please note, however, that STFS also has an obligation to ensure that service delivery within NHS trusts is not compromised by the approval of any F2 abroad applications and reserves the right to decline all applications on this basis if it is deemed necessary.

For applicants commencing F2 in August 2016 a maximum of 4 F2 abroad applications will be approved.

TIME OUT OF FOUNDATION PROGRAMME (TOFP)

STFS will consider requests for time out of the foundation programme (TOFP) in accordance with the ‘Time out of foundation programme (TOFP)’ entry contained within the foundation programme reference guide.

Further details on the website: www.stfs.org.uk/doctor/time-out-foundation-programme

LEAVING THE FOUNDATION PROGRAMME EARLY

The foundation programme is both time and competency based. If you wish to leave before the official end date of your F1 or F2 programme in order to take up other employment opportunities you will not be signed off as having met foundation training requirements.

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Revalidation is the process by which licensed doctors are required to demonstrate on a regular basis that they are up to date and fit to practise. Revalidation aims to give extra confidence to patients that their doctor is being regularly checked by their employer and the GMC.

Licensed doctors have to revalidate, usually every five years, by having regular appraisals with their employer that are based on the GMC’s core guidance for doctors, Good medical practice.

For FDs, the revalidation process will be incorporated within the ARCP process.

For all STFS trainees (including those in South London trusts)

- Designated body = HEE, KSS local team
- Responsible officer = Postgraduate Dean

For further information see: www.gmc-uk.org/doctors/revalidation.asp

STFS website

www.stfs.org.uk

STFS is committed to fairness and transparency. Our policies - for example for flexible training, maternity leave etc - are set out on the www.stfs.org.uk website and if you have any queries it is worth looking through these first, as well as the national information on the UKFPO website. If not, one of our managers will be happy to advise you.

Email enquiries@stfs.org.uk to contact us.

Email

Although doctors are given email addresses by their trusts, audits have shown that doctors in training often do not use them, and have to discontinue them anyway when they move on. Hotmail and other accounts are not always secure or spam-free, and are often changed, and so it is very difficult to keep an email list up to date for hundreds of doctors. In addition their spam filters may block emails from STFS or specialty recruitment.

It is important for STFS to be able to email FDs to provide information about specialty training applications, GMC registration etc.

Currently doctors.net is the default email address for correspondence unless another secure and reliable address is agreed. If you have any concerns about STFS communicating with you in this way, please contact: enquiries@stfs.org.uk
Academic programmes
Aims
To offer a training programme for potential future clinical academics that attracts the best graduates, fires their enthusiasm for a clinical academic career path, and allows them to develop ideas about future areas of research interest.

The academic training path
The following diagram illustrates the academic training path from medical school to completion of training and beyond. Academic clinical fellowships are only offered in England and Wales but the other components of the pathway are available throughout the UK. An overview of specialty training can be found on the specialty training website: http://specialtytraining.hee.nhs.uk

Recruiting to academic programmes
Academic foundation programmes are recruited to via the Foundation Programme Application System (FPAS). Applicants complete the national FP application form (usually in October) and then actively choose to apply for an Academic programme.

North Central Thames, North East Thames, North West Thames and South Thames Foundation Schools together form the Thames Foundation Schools (TFS) unit of application for the purpose of recruiting to academic foundation programmes.

Details of the application processes, including a local applicant guide, is available via www.stfs.org.uk

Details of national timescales will be on the www.foundationprogramme.nhs.uk website.

Academic programmes within STFS
Within STFS, a total of 51 Academic Foundation Programmes are available at Brighton and Sussex Medical School, King’s College London GKT School of Medical Education, St George’s University of London and University of Surrey.

A summary of the August 2016 academic foundation programmes available within STFS is given on the following pages.
There are currently eighteen two-year F1:F2 places on the academic training programme.

Information regarding specific programmes is provisional and may be subject to change. Precise details of rotations are subject to service delivery requirements of the NHS and subsequent confirmation by employing Trusts.

Details of training programmes

Both the F1 and F2 posts are based within BSUH but may be either at the Royal Sussex County Hospital, Brighton or at Princess Royal Hospital, Haywards Heath. The F1 year consists of 3 four-month clinical placements.

The F2 year comprises two 4-month clinical placements to enable the acquisition of core competencies and a 4-month dedicated academic/leadership placement. Please note all posts are subject to change depending on the needs of the service.

The medical school and partner trusts

Brighton and Sussex Medical School is committed to providing first class undergraduate and postgraduate training which links clinical medicine to basic science and research. Strong, internationally recognised research groups have been established in the fields of infectious diseases, immunity, international health, neuromuscular biology, oncology and primary care.

Teaching within the Institute of Postgraduate Medicine (IPGM) focuses on primary care, public health, clinical specialties, psychiatry and community health, leadership and professional development, and medical education. Research expertise within IPGM embraces cardiology, psychiatry, public health, general practice and aspects of health informatics.

The medical school has state-of-the-art clinical teaching facilities in the Audrey Emerton building, the education centre at the Royal Sussex County Hospital, and the education centre at the Princess Royal Hospital in Haywards Heath. There are three teaching and research buildings at the Universities’ adjacent sites at Falmer, including a Clinical Imaging Sciences Centre incorporating state-of-the-art fMRI and PET-CT instruments. In addition there is a 10 bed purpose-built Clinical Investigation and Research Unit on the Royal Sussex County site.

The research programme of the school is growing rapidly. It is focused around major themes that include neuroscience, oncology, and infection and inflammation. Within these we have particular strengths in elderly care medicine, primary care and epidemiology and in imaging. There is a joint Research Office that handles NHS R&D contracts and strong links between BSMS research faculty and NHS colleagues.

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The medical school and partner trusts

King's College London
King's College London is one of the top 25 universities in the world (QS 2013) and the fourth oldest in England. A research-led university based in the heart of London, King's has nearly 23,000 students (of whom more than 8,600 are graduate students) from nearly 140 countries, and some 5,500 employees.

King's College London GKT School of Medical Education is one of the largest medical research and teaching centres in Europe.

King's College London is located across three hospital based campuses: Guy's Campus, King's Denmark Hill campus (King's College Hospital and the Maudsley Hospital) and St Thomas' Hospital campus.

Each campus has seen major investment to improve facilities and capacity for its leading research programmes. In 2006, each campus secured funding for a clinical research facility.

The school's research excellence is well recognised. Within its nine research divisions, the school hosts two MRC Centres in Transplantation and the Allergic Mechanisms of Asthma and in 2008 alone was awarded Centre of Excellence status by the British Heart Foundation with funding of £9 million and opened £4 million Breakthrough Breast Cancer Unit.

With the launch of King's Health Partners in 2008, the school is working closer than ever before with its NHS partners in achieving excellence in research, teaching and clinical service.

King's Health Partners
King's Health Partners is a pioneering collaboration between King's College London and Guy's and St Thomas’, King's College Hospital and South London and Maudsley NHS Foundation Trusts.

This unique combination brings together one of the world's leading research-led universities and three of London's most successful NHS Foundation Trusts. KHP's driving purpose is to continually seek and bring about swifter and more effective improvements in health and wellbeing for our patients and people everywhere, by combining the best of basic and translational research, clinical excellence and world-class teaching to deliver ground-breaking advances in physical and mental healthcare.

Details of training programmes
Each of the 18 specialty-based schemes offers core clinical and generic academic training. The programmes are based at Guy’s and St Thomas’ (GSTT) or King’s College Hospital (KCH) and KCL for 2 years.

Information regarding specific programmes is provisional and may be subject to change. Precise details of rotations are subject to service delivery requirements of the NHS and subsequent confirmation by employing trusts.

There are 18 places comprising different specialty-based academic programmes.
King’s College Hospital NHS Foundation Trust

King’s College Hospital NHS Trust provides healthcare and emergency services for a cosmopolitan and ethnically diverse community in South East London as well as being a major academic centre. King’s has close links to King’s College London, part of the University of London. This partnership aims to create a world-class medical centre between King’s College and the two teaching hospital Trusts. King’s College Hospital is internationally and nationally renowned for its specialist work in liver (with the largest liver transplant programme in Europe), renal and cardiac services, neonatal medicine, neurosciences and diabetes attracting referrals from across the United Kingdom and abroad, as well as supporting leading edge research and an undergraduate medical school. It is however also a local hospital, providing vital, and extensive, acute hospital services to the residents of southeast London which accounts for 70% of its work. Employing over 5,000 people, there are currently two inpatient sites - at Denmark Hill and Mapother House.

Guy’s & St Thomas’ NHS Foundation Trust

Guy’s and St. Thomas’ NHS Foundation Trust is one of the largest Trusts in the NHS and provides a full range of services to the local population and also to patients from further afield, both nationally and internationally. St. Thomas’ Hospital is situated on the south bank of the River Thames opposite the Houses of Parliament, Guy’s Hospital is adjacent to London Bridge. Both hospitals have excellent transport links and are easily accessible to patients, visitors and staff. The Trust is able to provide specialist care for services such as cardiac surgery, children’s care, oncology, dermatology and ophthalmology. The Trust is committed to becoming the major university hospital in the UK and to staying at the forefront in patient care, teaching and research.

Guy’s and St. Thomas’ have contracts with more than 65 purchasing authorities, covering all major specialties such as surgery, dermatology, haematology, HIV and GU care, obstetrics, ophthalmology, palliative and pain care, radiology, lithotripsy, cardiology, diabetes, haemophilia, oncology, paediatrics, dentistry, maternity care, plastic surgery, respiratory care, rheumatology, ITU and renal care.

KHP is one of only five Academic Health Science Centres in the UK accredited by the Department of Health. This followed a selection process carried out by a panel of internationally renowned clinicians and researchers.
The medical school and partner trusts

St George’s University Hospitals NHS Foundation Trust

St George’s University Hospitals NHS Foundation Trust is one of the country’s leading teaching hospitals with an international reputation for education and research. The trust provides general, specialist and tertiary services both locally and nationally. It employs 5,000 staff in a wide range of occupations and professions working together to provide high quality patient care. Located in south-west London, St George’s is within easy reach of central London and all the attractions that it has to offer.

Details of training programmes

Each of the 12 specialty-based schemes offers core clinical and generic academic training.

The F2 year at St. George’s comprises a 4-month specialty-based clinical placement with a leading clinical academic firm, a 4-month high-quality dedicated academic placement, and a 4-month attachment in A&E or an acute medicine admissions unit (high intensity training in acute medicine) to enable the acquisition of core competencies.

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2-YEAR ACADEMIC FOUNDATION PROGRAMMES
UNIVERSITY OF SURREY

There are 3 specialty based academic foundation programmes on offer at University of Surrey.

Information regarding specific programmes is provisional and may be subject to change. Precise details of rotations are subject to service delivery requirements of the NHS and subsequent confirmation by employing trusts.

Details of training programmes

The F2 year at the Royal Surrey County Hospital, Guildford consists of 4 months of general medicine, 4 months of academic research and 4 months of paediatrics.

Partner trust

Royal Surrey County Hospital (Guildford)
The Royal Surrey County Hospital is a leading modern general hospital and specialist tertiary centre for cancer services. The hospital serves a population of 320,000 for emergency and general hospital services and is the lead specialist centre for cancer patients in Surrey, West Sussex and Hampshire, serving a population of 1.5 million. The hospital has an annual income of more than £250 million. Every year the RSCH sees around 215,000 outpatients, admits 58,500 patients for treatment and 72,000 patients attend the A&E department.

The trust was licensed as an NHS Foundation Trust on 1st December 2009 and its future vision is to continue to develop both as a modern hospital and as a Cancer Centre.

At present they have 527 beds and 14 operating theatres. The trust employs approximately 3,000 staff, making them the second largest employer in Guildford. They have very close links with the University of Surrey and have an extensive education, training and research portfolio.

The trust has a very strong reputation for minimally invasive surgery and laparoscopic surgery is used widely across the surgical specialties. The trust is a national leader in surgical training and laparoscopic surgery and MATTU (Minimal Access Therapy Training Unit) is one of the most advanced training centres for this type of surgery.

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University Of Surrey - Section of Clinical Medicine and Ageing, Department of Clinical and Experimental Medicine, Faculty of Health and Medical Sciences

The Section of Clinical Medicine and Ageing is part of the School of Bioscience and Medicine, which in turn is part of the Faculty of Health and Medical Sciences. This Section is the research home for clinical academics at the university, other than those who sit in the Oncology Section or within the Clinical Research Centre.

The section supports the faculty research theme of ageing, and is a home for high quality research across the medical specialties. Research areas range from population surveillance, through to vaccine effectiveness, child safeguarding, ophthalmology research, diabetes, cardiology, hepatology and audiology. The section will also include basic scientists working on DNA damage and repair. We aim to explore opportunities for conducting translational studies with our colleagues in Biosciences and linking with other researchers across the University, in addition to our national and international collaborators. Additionally, we will be pursuing opportunities to bring relevant disease registers to the University as they have scope to underpin high quality research.

The section is home to the primary care (chair Simon de Lusignan) and diabetes (chair Martin Whyte) Surrey Health Partners clinical academic groups. It also hosts the data and analysis hub of the Royal College of General Practitioners (RCGP) Research and Surveillance Centre (RSC) and the Type 2 Diabetes Real World Evidence Centre, set up as a collaboration with Lilly. The section is the home to the Clinical Informatics & Health Outcomes Research Group: www.clinif.eu
Currently a number of STFS linked trusts are undergoing reconfiguration which may result in changes to training programmes. STFS will endeavour to keep our foundation doctors informed.
Overview of trust

Ashford and St Peter’s Hospitals NHS Foundation Trust is a medium sized district general hospital service operating from two sites – Ashford near Staines and St Peter’s near Chertsey. All F1s will be based at Chertsey.

Further details including a list of programmes and individual placement descriptions are available at: www.stfs.org.uk/trusts/ashford-st-peters-hospitals-nhs-trust

Facilities

Postgraduate Centre

There are dedicated education and learning centres on each site – the Education Centre located at the heart of Ashford Hospital and the newly refurbished Oliver Plunkett Postgraduate Education Centre located close by the Duchess of Kent Wing of St Peter’s Hospital.

Accommodation

The Trust works in partnership with Viridian Housing, A2 Dominion Group, and Genesis Housing Association to offer staff access to residential accommodation.

The accommodation, which is compliant to Health Service Circular 2000/36 - ‘Living and working conditions for hospital doctors in training’ is provided by Viridian Housing and is located on the St Peter’s Hospital site, Chertsey. It provides a bedroom within a fully furnished two bedroom flat, sharing the kitchen, bathroom and lounge with one other person.

Social activities

Foundation Doctors at Ashford and St Peter’s Hospitals enjoy an active social life. There are frequent mess parties, a summer ball, Christmas Party and various sporting activities organised by the doctors themselves.

Doctors’ mess

The Trust has a doctors’ mess on the St Peter’s site.

Library facilities

The friendly library team is committed to helping you find the best evidence to support patient care.

Accommodation

The rent is inclusive of utilities and council tax and changes annually to take account of the annual rent and council tax increase.

If you require your partner, or partner and children to be accommodated with you the Trust will try to assist by providing self-contained accommodation at Sandgates, in a two bedroom flat. This is located about one mile from St Peter’s Hospital.

Our partners also provide other types of accommodation, from single rooms in shared houses, to 2 bedroom flats.

Unfortunately family accommodation is extremely limited and has a lengthy waiting list.

Our partners require one month’s rent payable in advance, and both the A2 Dominion Group and Genesis Housing Association also require a deposit of one month’s rent too. Payment of the rental for the accommodation is normally made via payroll deductions or standing order.

Laundry facilities are provided, for which charges are applicable, and individuals may make their own arrangements for telephones and access to the internet subject to the conditions of tenancy.

If you require further information about accommodation please contact the Human Resources Department on telephone 01784 884 331 for contact details.
IT facilities
The Library and Knowledge Service provides computer rooms on both hospital sites and 24 hour access is also available.

Other facilities
In addition to co-ordinating the regular internal teaching programmes for our own doctors in training, the Centres at Ashford & St Peter’s provide facilities and administrative support for:

- Advanced Trauma Life Support (ATLS);
- Advanced Life Support (ALS);
- Paediatric Intermediate Life Support (PILS);
- Royal College of Physicians MRCP Part II (PACES);
- GP Intensive Course (GPIIC);
- New born Life Support Course (NLSC).

Childcare
The Trust operates a nursery on both sites and a play scheme on the St Peter’s site. The Day

Nurseries offer places for babies from 3 months up to 5 years and are open 8.00am to 6.00pm Monday to Friday, (7.00 am by arrangement). The charges for the Day Nursery are dependent on salary banding. Please contact Dawn Hunt, Childcare Manager to ascertain current rates.

The play schemes are open during the main school holidays and half terms for which a flat rate is charged.

The Trust works in conjunction with Salary Exchange to offer staff a more flexible way to meet the costs of childcare under which part of their salary can be given up or “sacrificed”

Duchess of Kent Wing
In exchange for Childcare Vouchers. Within specified limits, these vouchers are non-taxable and exempt from National Insurance Contributions and therefore represent a saving for employees who receive them as part of their total employment package.

Employee Assistance Programme
The Trust offers an Employee Assistance Programme which provides staff and their immediate family with access to independent advice, information and specialist counseling and support. The free confidential line is available 24 hours a day, 365 days per year, and an online service is also available.

Local amenities/attractions
Working with local gyms, health clubs and other businesses in the area the Trust is able to offer discounted memberships, tickets and other services to staff, which are regularly publicised.

Transport links
The two sites – Ashford Hospital, Ashford, Middlesex and St. Peter’s Hospital, Chertsey, Surrey – lie eleven miles apart separated by the River Thames and the M25 London orbital motorway. All trainees are based at St Peter’s Hospital.

Parking arrangements
Car parks on both of the hospital sites are split between those reserved for patients/visitors and those specifically for staff members. Demand for car parking is high and at peak times parking spaces can be difficult to find.

The Trust operates two types of patient/visitor car parks; pay and display, where users pay upon entry, and pay on foot where users pay at the end of their visit.
Both Trust and non-Trust staff parking on the hospital sites have to pay for their parking. There is an annual permit charge of £20 plus a daily parking rate based upon staff bandings; this ranges from 50p to £1.50 per day. Staff have the option of either paying a standard monthly rate or by paying using the scratchcard system. All enquiries about car parking should be made to john.sermon@asph.nhs.uk or to the Travel Plan and Security office on extension 3675 or 01932 723675 if calling externally or extension 2228 or 01932 722228 if calling externally.

Accolades/achievements of the trust
Ashford and St Peter’s Hospitals NHS Foundation Trust is a medium sized district general hospital service operating from two sites, Ashford (near Staines) and St Peter’s (near Chertsey), serving a population of around 360,000.

The Trust employs over 3700 staff, making it one of the largest employers in the local area after Heathrow Airport, and has a budget of around £263m. The independent healthcare regulator, the Care Quality Commission (CQC) has rated Ashford and St Peter’s as ‘Good’ following their inspection in December 2014. The Trust also provides specialist cardiovascular services for a wide catchment across much of Surrey and specialist services for neonatal intensive care (Level 3), bariatric surgery and trauma and orthopaedics across a wider area.

To find out more about Ashford & St Peter’s Hospitals NHS Foundation Trust, please visit their website at: www.stfs.org.uk

Terms and conditions of employment
The post is subject to the Terms and Conditions of Service of Hospital Medical and Dental Staff as modified from time to time. Current copies of these Terms and Conditions may be seen in the Human Resources department.

All staff appointments are made subject to the receipt of satisfactory references and all initial appointments to the national health service are made subject to satisfactory medical and police clearance being produced. A medical examination may be necessary on initial appointment and periodically thereafter.

Any additional information
The Trust is currently developing plans to potentially merge with The Royal Surrey County Hospital NHS Foundation Trust.

Foundation programme specific information

Induction/shadowing arrangements
All Foundation Doctors commencing at Ashford and St Peter’s Hospitals are invited to attend a Pre-employment screening day. F1s are requested to attend a period of extended Trust Induction and shadowing of the out-going F1 doctors. Additional shadowing can be arranged on request. In addition, an ILS Course and an Acute Illness Management Study Day are held for all the new Foundation Year 1s prior to their commencement.

Accident & Emergency Centre

Educational and clinical supervision
An educational supervisor is allocated to each Foundation Programme doctor for the whole of their year here at the Trust to maintain an overview of development and progress of the doctor within the year of their training. A clinical supervisor is also allocated for each four month placement. For the first four month placement Foundation Programme doctors will usually have a combined educational and clinical supervisor.

Teaching programme
At Ashford and St Peter’s Hospital there are 48 Foundation Year 1 and 42 Foundation Year 2 posts. These posts are all approved by the Foundation School. F1 posts are made up of posts in General Medicine (22), Orthogeriatrics (3), General Surgery (9), Psychiatry with Surgical on-call (2), Paediatrics (3), GUM (2), General Radiology (2), Anaesthetics (3).

All F1 trainees will be on a one year programme in Chertsey made up of three four month placements. All trainees will take part in the Foundation Year training programmes, directed by the Head of Medical Education, Dr Peter Martin and Foundation Year One Lead, Mr Tayo Johnson and Mr Vincent O’Neill, Foundation Year Two Lead. These will include formal teaching sessions, directed and self-directed personal learning, structured appraisals and assessments. F1s will have weekly protected teaching and F2s fortnightly protected teaching.

F2 posts are made up of posts in General Medicine (4), Acute Medicine (3), Paediatrics (3), Neonatal Intensive Care (2), Trauma & Orthopaedics (5), General Surgery (2), Obstetrics & Gynaecology (5), Emergency Medicine (8), General Practice (7) and Psychiatry (3).

Tasters
F1 and F2 doctors are encouraged to undertake “Taster” sessions in other specialties, up to a maximum of five days in the year. “Tasters” in other Trusts will be considered when the Specialty is not available at the Trust.

Simulation
All F1 doctors take part in two Simulation Training days and all F2s take part in one Simulation Training day. We are also currently piloting an interactive psychiatry simulation half-day for all F1s, where they will get an invaluable opportunity to develop and explore communication skills – The focus is on complex patient interactions including (but not only) how to talk to people with mental health issues.

Foundation doctor forums
All F1 doctors are encouraged to contribute and take part in the following local forums:

• Foundation Local Faculty Group
• Medical Junior Doctors Forum
• Surgical Junior Doctors Forum

Any additional information
Over the past three years all Foundation Doctors have been given a one to one mid-term review with the Postgraduate Medical Education Team. The feedback from more than 99% of these has been very positive on the training received. An End of Placement survey is carried out after each four month post is completed.

www.stfs.org.uk | 33
Overview of trust

BSUH operates on two sites (see below) and trainees may be required to work from either site.

Further details including a list of programmes and individual placement descriptions are available at: www.stfs.org.uk/trusts/brighton-and-sussex-university-hospitals-nhs-trust

Facilities

Postgraduate Centre
The Education Centre at the Princess Royal Hospital is located on the second floor opposite the Library. The centre has two lecture theatres - one seat 125 (and is divisible into two separate seminar rooms each fully equipped with state of the art audio visual facilities) and an 80 seat lecture theatre. Each lecture theatre has a live link to the operating theatres and two of the lecture theatres have a live link to a newly built simulation suite with a control/observation room.

In addition there is a seminar room that offers video conferencing facilities and remote operation of the recording equipment in the simulation suite.

Postgraduate Centres are situated on both main hospital sites and are headed by the Director of Medical Education and supported by two Clinical Tutors. The role of the Euan Keat Education Centre, based at the Princess Royal Hospital (PRH) and The Sussex Postgraduate Centre based within the Audrey Emerton Building, Brighton (AEB) is to ensure that the training provided for postgraduate doctors working within the Trust meets the educational standards prescribed by HEE, South London and individual placement descriptions are available at: www.stfs.org.uk/trusts/brighton-and-sussex-university-hospitals-nhs-trust

Doctors’ mess

The doctors’ mess at PRH is located on the second floor in the Obstetrics & Gynaecology department. The doctors’ mess at RSCH is adjacent to the Post Room at the rear of the Barry Building. Both facilities provide IT and kitchen facilities.

Library facilities

The training programme is supported by excellent Library facilities on both sites.

IT facilities

Excellent IT facilities are available in the Health Sciences Library at PRH and also in the Audrey Emerton Building Library at RSCH on a 24-hour basis.

Other facilities

There are good coffee shops and general shop facilities on the ground floor of both the PRH and RSCH, with good restaurant facilities located on both sites. There is also a Costa Café on the ground floor of the Royal Alexandra Children’s Hospital which is situated within the RSCH. The AEB also enjoys a restaurant on the top floor with stunning views across to the sea. Vending machines are also accessible outside the Library of the AEB 24-hours a day.

Local amenities/attractions

Haywards Heath is situated in the heart of the Sussex countryside with the town a short walk from the Hospital. There are many restaurants and bars, a leisure complex and a train station with easy access to Brighton, Gatwick and Crawley.

Brighton’s nightlife is legendary and boasts over 200 bars and pubs. It has a thriving music scene, the biggest arts festival in England and an eclectic mix of shops and restaurants within this truly diverse cultural city. The beautiful South Downs and stunning countryside that surround Brighton are right on the doorstep.

Accommodation

Accommodation is available but availability is limited. Charges are made dependent on room size and site.

Social activities

There is a junior doctors’ mess which holds many social events. Trainees from all grades are encouraged to participate in events and in the organisational responsibilities for these.
Transport links
Both hospitals are in easy reach of London with frequent trains to London Bridge and Victoria stations. We are fortunate in that both Haywards Heath and Brighton enjoy close proximity to the beautiful countryside of the South Downs. A free bus service runs hourly between each hospital site.

Parking arrangements
Limited pay and display parking is available at the RSCH, however Brighton has excellent public transport services. There is a free bus service for Trust staff operating between sites, and pay and display parking is available at PRH.

Click here for additional information regarding parking arrangements at BSUH.

Accolades/achievements of the trust
The Trust continues to achieve and provide excellent standards of patient care and offers exceptional teaching programmes delivered by highly skilled specialists. In 2011 the Library and Knowledge Service gained recognition through a national NHS innovation award from the Strategic Health Library Leads. The award was for the Trust’s unique “KnowledgeShare” service, which delivers highly targeted and personalised notifications to local staff of all grades and professions about newly published evidence in their areas of interest. KnowledgeShare creates a personal connection between the library service and its users, leading to increased opportunities to ensure that education and service improvement are informed by the latest evidence.

Terms and conditions of employment
The post is subject to the Terms and Conditions of service of Hospital Medical and Dental staff as modified from time to time. Current copies of these terms and conditions may be seen in the Medical HR office.

Any additional information
The Brighton & Sussex University Hospital Trust is a major teaching hospital and works in partnership with Brighton & Sussex Medical School (BSMS) which is one of four new medical schools created as part of the government’s strategy to increase the number of qualified doctors from the UK working in the NHS. BSMS continues to be one of the most popular choices for medical students in the UK.

The Trust has two main hospital sites named the Princess Royal Hospital (PRH) which includes Hurstwood Park Neurological Centre in Haywards Heath, and the Royal Sussex County Hospital (RCH) which includes the Royal Alexandra Children’s Hospital in Brighton, The Sussex Eye Hospital is also situated adjacent to the RSCH campus. The Trust employs approximately 6,000 staff, is the regional treatment centre for Nephrology, Neurosciences and Cardiothoracic Surgery and is recognized for providing a high standard of care within a large range of specialties. Therefore, we are confident that BSUH can satisfy all your training needs. It is a great place to work and train in a stimulating and innovative environment.

The JT’s Redevelopment of the Royal Sussex County Hospital. The JT’s stand for Teaching, Trauma and Tertiary Care. Teaching features in the title of the redevelopment, albeit in an acronym because investment in education at BSUH is one of the key strategic aims of the project. Several features of the new buildings have been designed to support our further development as a teaching hospital, including: simulation suite, dedicated meeting and teaching suite, enhanced IT with a wireless network throughout and improved access to computers in clinical areas, plus a new doctors mess so our trainee doctors can access purpose-built support accommodation on site. Further info on JT’s at www.bsuh.nhs.uk/about-us/hospital-redevelopment

Foundation programme specific information

Induction/shadowing arrangements
All incoming FY1 Trainees are invited to attend a four day Shadowing Week in the run up to induction. Feedback received from trainees who attend this Shadowing Week is always very positive and we strive to make this time as interactive as possible.

Educational and clinical supervision
Every foundation trainee is allocated an educational supervisor for the whole year and a clinical supervisor for each post. It is expected that each trainee will arrange to meet up with their educational supervisor within the first two weeks of August and then at intervals throughout the year. Trainees should also arrange to meet their clinical supervisors within the first two weeks of each firm and again towards the end of each firm. Supervisors’ names and contact details will be given out to all trainees at induction.

It is the trainee’s responsibility to ensure that these meetings which are essential for sign-off take place at the expected/due times and that they are documented in the e-portfolio.

Teaching programme
There are 78 F1 posts and 69 F2 posts at BSUH. This includes 6 leadership posts and 12 academic posts. Rotations are within Medicine, Surgery, Neurology, Orthopaedics, Neuro-Surgery, General Practice, Cardiology, Otolaryngology, Cardio-thoracic Surgery, Elderly Medicine, Haematology, Obstetrics & Gynaecology, Paediatrics, Paediatric Surgery, A & E, Nephrology, Psychiatry, Community posts and Urology, ensuring Foundation Training Programmes provide a wide range of clinical experience. We expect Foundation doctors to undertake on average three hours of education per week. Part of this time is covered by the BSUH teaching programmes for F1 and F2 doctors and the rest is provided by teaching within departments. Trainees are allocated dates to attend ILS, Simulation training or ALS as appropriate. The training programme is supported by excellent Library facilities on both sites with a dedicated Librarian to support Foundation trainees. We take careers advice and support very seriously. In 2013-14 all F1 trainees were offered one-to-one career interviews as well as a variety of other career counseling opportunities. There is well structured support of any trainees who experiences difficulties, either personal or professional and we have been praised by the STFS in how we support trainees through difficult times.

Tasters
There is an established policy for F2 study leave which works well. F2s are encouraged to take Taster sessions between August and December where possible. This year F1s have also been allowed to take their taster sessions early, in the last few months of their F1 year (in lieu of taking it in F2) if this is more convenient.

Simulation
High fidelity training days are provided for all F1 trainees. These take place on the university campus and all previous trainees have enjoyed these tremendously.

Foundation doctor forums
Two or three trainee reps are appointed for each year group. Reps attend the foundation faculty meetings (quarterly) and bring feedback from their peer group to these meetings. They also have a role in disseminating information to the wider group and hold informal discussions at intervals with other foundation trainees.

Any additional information
The Director of Medical Education is the academic lead for postgraduate training within the Trust, and is supported by two Clinical Tutors, and four Foundation Training Programme Directors.

Dedicated administrative staff are based within the postgraduate centres on both sites to support you.

www.stfs.org.uk | 35
CROYDON HEALTH SERVICES NHS TRUST

Croydon University Hospital
530 London Road, Croydon, Surrey, CR7 7YE
Switchboard: 020 8401 3000
Trust website: www.croydonhealthservices.nhs.uk
Trust foundation web page: www.croydonhealthservices.nhs.uk

Key individuals
Director of Medical Education
Dr Gita Menon
Foundation Training Programme Director
Miss Stella Vig
Deputy Foundation Training Programme Director
Dr Kathryn Channing
Careers Tutors
Dr G Menon
Miss S Vig
Mr C Blakeley
Dr John Rendle
Dr N Hashemi
Arun Kumar
Vanessa Cowie
Mr Wail Al Sarakbi
Karen Kee
Medical Education Manager
Mrs Nisha Patel
Deputy Medical Education Manager
Miss Sarah Cadlock
Medical Staffing Manager
Mrs Sally Lewis
Foundation Programme Administrator
Mrs Karen Bounds

Overview of trust
Further details including a list of programmes and individual placement descriptions are available at:
www.stfs.org.uk/trusts/croydon-health-services-nhs-trust

Facilities

Postgraduate Centre
The centre has a total of seven teaching rooms; 4 with a full range of audio visual equipment & an X-ray box, a large and small lecture theatre with similar facilities plus a microscope and visualiser along with video conferencing facilities. The Conservatory is used for teaching and meetings but has limited equipment. There is also a newly refurbished state of the art Dental skills laboratory, which accommodates 14 people. A four station internet café is available in the reception area.

Accommodation
Please contact the accommodation office on 020 8401 5311. All accommodation is subject to availability.

Social activities
Summer & Christmas Ball and monthly pay day events organised by the mess Committee.

Information is advertised in the Centre and mess with electronic information sent to all trainees.

Doctors’ mess
The mess has recently been upgraded and decorated, with new lockers and a wide screen television together with Sky TV. A full size snooker table and access to 2 PCs, as well as showers and changing facilities are also available. Daily newspapers and breakfast refreshments are available. The Mess president is appointed on a yearly basis and they lead on the recreational activities that include a Summer and Christmas Ball.

Library facilities
The newly refurbished Library is located in the PGMC, it provides the perfect space for you to study and for quiet reflection. The Library has been developed with you in mind; equipped with PCs, scanners, printing facilities and a Creative Thinking Area.

A wide range of print and electronic resources are available. The Library is also part of local and national networks, with the ability to access and loan information and resources that you need in your role.

Our qualified library staff are here to help support Junior Doctors with their professional development, they offer information skills training and a literature search service.

The library is staffed from 9am-5pm Monday to Friday. Junior doctors can arrange to get 24/7 access to the physical library via their Intellikey.

Library

PGMC entrance

Staff room

Front entrance to hospital
IT facilities
The Internet café in the PGMC has 4 PCs, IT room in the library has 14 PCs, with access to 2 PCs in the mess.

Doctors in lecture theatre

Other facilities
Small staff gym that is accessible 24 hours a day with a small joining fee and £10 per month membership fee. This is in the process of being re-vamped and it is equipped with up-to-date training equipment that is just a year old.

Spiritual Care
The Trust has a variety of Faith Teams and a beautiful chapel in a quiet garden that is available for quiet contemplation. The team includes all major faith communities, with provision of Muslim prayer mats and a regular Christian Service is held each Sunday. A notice board is located in the PGMC that publicises all religious events for all denominations.

The main entrance has a small selection of shopping outlets together with ATMs and post box.

A PGMC website is available and presence of a webpage is on the Trust Internet. Details of training and courses can be obtained from here with links to all external medical agencies and other helpful sites.

There is also a doctor's page that has valuable information and is also used as a form of communication by trainees on the trust home page which had been established by junior doctors as part of the quality improvement project.

Local amenities/attractions
Croydon University Hospital is the North end of Croydon and Central Croydon hosts two large shopping centres. There is a lively night life, including a number of night clubs and cinemas, and a variety of good restaurants to the south of the borough. There is a good transport system in place with trams, train services and a 24 hour bus service.

Transport links
Easy access to Central London via train is approx. 15 mins, Gatwick airport has a direct line from East Croydon with a similar journey time of 15 mins, and Brighton is on the same line. A short drive out brings you to countryside and a further hour would bring you into the Sussex Downs and of course Brighton seafront.

Packing arrangements
There is limited on-site parking (first come first served); the cost is £25 per annum for a permit, and then you purchase scratch cards which work out to be £1.20 per day. There is also off-site parking in surrounding roads.

Accolades/achievements of the trust
Awards have been received for our work on the following projects:
- An STFS award for helping doctors who are having difficulty reaching their goals.
- An excellent report from the Foundation School Visit.
- STeLI ‘Excellence in Education’ award for the introduction of our bite size clinical skills workshops that have been organised for lunchtime sessions. These allow access for the use of our STeLI equipment provided by the Health Education England (covering London and South East).
- Recognition from the Health Education England (covering London and South East), for our careers development and the dedicated Careers corner that offers trainees career information together with support from the Croydon University Hospital Careers team, our own library services and Health Education England (covering London and South East).
- A number of bids have been awarded to the Trust for its impressive state of the art Simulation Centre and the promotion of training. For the second year running the Trust has been asked to undertake the formal induction training of Foundation Training on behalf of the Health Education England (covering London and South East).
- A successful Leadership course, funded by HEE, South London local team. Due to its success this is being supported by the Trust to run on an annual basis as a Foundation Leadership and Management course.

Events 2015
On 19 May 2015, Croydon Health Services NHS Trust held a Trust wide Learning Event chaired by the Director of Medical Education and hosted by College Tutors and special guests from Health Education South London; Dr Andrew Frankel and Helen Massil. This was a multidisciplinary event where medical and other non-medical clinical staff participated to deliver shared knowledge. The core medical trainees presented an audit on on-call handover that identified a robust electronic handover process. It also won the best prize at the Trust Research Day. “All of the presentations were professional and well delivered. It was encouraging to learn about so many positive initiatives/areas of improvement in one afternoon, with a multidisciplinary audience”.

The Trust has been asked to undertake the training. For the second year running the Simulation Centre and the promotion of training. For the second year running the Trust has been asked to undertake the formal induction training of Foundation Training on behalf of the Health Education England (covering London and South East).

Listening in Action
Listening in Action (LiA) is a staff engagement and empowerment initiative which enables staff to identify and deliver change improvements locally and in an accelerated manner, as a result of listening to feedback at staff conversation events. It provides an opportunity to have your voice heard and to be involved in influencing and driving changes across the organization.

LiA fosters a collaborative approach to any challenges across the usual team and departmental boundaries. Above all it values the passion, commitment, expertise and knowledge of staff who are actually delivering the service and empowers you to be innovative in delivering service improvements and then to get the recognition for what you deliver.

Trainee Voice
We hold a number of meetings and events to help to engage trainees and give them the opportunity to speak openly about their training; 
- Junior Doctors Forum (every 6 weeks)
- Trainee Voice; an opportunity to speak directly with the CEO and Directors on a regular basis
- Director of Medical Education Trainee Forum; a dedicated meeting for trainees to speak with the DME
- South Thames Foundation School representative

Prospectus commencing August 2016

www.stfs.org.uk | 37
Croydon University Hospital
continued

Any additional information
The Croydon University Hospital prides itself as a ‘Great place to train, great place to learn’. Croydon University Hospital is a 564-bedded District General Hospital (with 45 day case beds) and a 24 hour Accident & Emergency Department. The hospital is based on a 19 acre site in Thornton Heath and the earliest buildings date from 1885. The Jubilee Wing, opened in December 2004 housing a state of the art day case facility. The Trust also provides services at Purley War Memorial Hospital.

The new Edgecombe Unit opened in November 2015 and will revolutionise the delivery of urgent and emergency care at Croydon University Hospital. This unit will house four services in one, the new Rapid Assessment Medical Unit (RAMU), COPD hot clinic alongside ambulatory care (outpatient medical care), Acute Care of the Elderly (ACE) frailty unit, and ACE fast-track clinic services. Edgecombe Unit will work with the support of community and mental health partners to create a first-of-its-kind ‘one stop’ for rapid medical care in the hospital.

Croydon University Hospital is currently undertaking a major refurbishment and rebuild of a new A&E department which will cost £21.25million. This new department will be open from Spring 2017. This is a major logistical exercise, and one that has been long in the planning.

The hospital is a busy acute Trust which serves a large and diverse local population.

The Croydon University Hospital offers excellent training opportunities with a very busy A&E department that sees an enormous variety of pathology. This is supported by a full range of teaching sessions, F1’s have protected teaching twice weekly and the F2’s programme runs one day a month the day is set up as a scenario taking in various curriculum requirements with simulation embedded learning. There are also lunch time practical skills workshops that make use of the wide variety of simulation equipment that the Trust has acquired from bids made to and granted by the Health Education England (covering London and South East).

Foundation programme specific information

Induction/shadowing arrangements
F1/2 trainees are invited to attend the week prior to the August start date and the programme is set up to offer ALS training, Induction learning and shadowing with the outgoing F1 trainees. This has been very well evaluated.

Educational and clinical supervision
Each trainee is notified of their Educational Supervisor prior to starting at the Trust. For the first placement the ES also undertakes the role of Clinical Supervisor. When the trainee rotates to the next placement they receive details of who their Clinical Supervisor is, 8 weeks prior to rotating. Nomination of Educational Supervisors is based on the achievements of the Supervisors the previous year and the role is evaluated regularly by appraisal process and trainee feedback.

Teaching programme
There is a well-supported teaching programme with protected hour slots twice a week for Foundation Year 1s and full study days for FY2s. All trainees are expected to be trainers and assessors for the years below and therefore the assessment of competencies is achievable as well as the development of a rounded portfolio. Although the learning in the Foundation Years is trainee led, we are not afraid to give you a helping nudge in the right direction to ensure that you complete the year successfully.

A range of courses take place on site including Advanced Life Support (ALS); Advanced Paediatric Life Support (APLS); Advanced Trauma Life Support (ATLS); Building Excellence in Surgical Teaching (BEST); Developing Excellence in Clinical Teaching (DECT)Training and Assessment In Practice (TAIP); Basic Orthopaedic and Trauma Skills (BOATS); and...
Core Medical Procedures Skills course for Foundation Trainees.

Foundation trainees are given the opportunity to become involved with the ‘Foundation Programme for Teaching Medical Students’, which, in the past, has been very well received by the target student groups from King’s and St George’s. Trainees are also encouraged to be part of committee meetings such as; Avoiding Prescribing Errors (APE); Management; Teaching; Bedside; OSCE; DAPs Relay; IT; Chanty.

Foundation trainees

Tasters
Croydon University Hospital and the PGMC encourage taster weeks and participation in career development workshops to ensure you have the facts before you make your career choices.

Simulation
Croydon Healthcare Clinical Skills & Simulation Centre is one of the leading healthcare simulation centers in the South Thames region. Developing full immersion high-fidelity simulation training for inter-professional teams. To meet the safety needs of our staffing groups and our patient’s. Our Simulation Based Learning (SBL) initiatives are designed so that all healthcare professionals can stretch their knowledge and application of clinical skills as well as their team-working, communication and risk awareness skills in realistic but safe simulated clinical environments. With an overarching emphasis on improving Patient Safety and end patient outcomes through enhancing inter-professional team performances. Training is enhanced through a philosophy that those working together should also be training together allowing inter-professional teams the opportunity to enhance their team working skills in a safe and simulated environment.

Within the Trust the Simulation team works within the local ward environments to provide Mobile In-situ Guerrillas Simulation (MIGS) training to the local inter-professional teams in their own ward environment. Often providing training unannounced to staff to probe the system. Addressing the local training needs of staff and of patient safety concerns to build a more robust local patient safety structure. These programmes are design collaboratively with local Practice Education, managerial and medical staffing teams to address identified needs allowing all staff to train together, generating a greater degree of team awareness, communication and cohesion.

Collaboratively working with local leads within the Trust and within the South London Simulation Network, Croydon Clinical Skills & Simulation Centre provide an array of Simulation based and Clinical Skills Courses that blend patient safety themes with practical reflective learning models in both uni-professional and inter-professional groups. Developing heightened team awareness skills and understanding using simulation based training initiatives. While developing knowledge and awareness of clinical assessment tools like EWS and communication tools like SBAR.

Foundation doctor forums
F1 Representatives are appointed to represent the group, this is a peer process. The named trainees will be invited to the Faculty meetings that place 4 times a year.

The Chief Executive has a monthly junior doctor feedback meeting and each quarter the BMA are invited to attend. The F1 reps are encouraged to join management meetings and have access via the PA to the Director of Operations.

Early Feedback meetings are set up with trainees at around the 3 month marker and again at 6 and 9 months.

Any additional information
We have now supported 10 years of Foundation Trainees through the Foundation Years to become competitive for entry into the core training programme of their choice.

We try and ensure Foundation involvement in every aspect of the hospital environment and host a successful Junior Doctors feedback Forum where your voices are heard and evoke change. The Foundation representatives sit on the Faculty Board and allow your views to improve the Programme. The most recent FY1s are involved in a service improvement programme to ensure training and service needs are met despite EWTD.

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We try and ensure Foundation involvement in every aspect of the hospital environment and host a successful Junior Doctors feedback Forum where your voices are heard and evoke change. The Foundation representatives sit on the Faculty Board and allow your views to improve the Programme. The most recent FY1s are involved in a service improvement programme to ensure training and service needs are met despite EWTD.

We have set up trainee led Teaching, Patient Safety, Leadership and Service Improvement Committees. These have led to many presentations, posters and papers allowing trainees to evidence their skills. We have also set up the Foundation Management and Leadership course which trainees find insightful and aids towards developing their non-clinical skills which are also an essential part of development.

The Foundation Programme Directors, Stella Vig and Kathryn Chenning, operate an open door policy and are available on request. Dr Gita Menon (Director of Medical Education) and Nisha Patel (Medical Education Manager) are also available for added support as and when required. Karen Bounds will ensure that your portfolios are full of your reflections of your experiences at CUH.

We hope that you will enjoy your year with us and encourage you to approach current FY1s for their experiences of a learning environment.

We look forward to meeting you and hope you will enjoy your stay at CUH.

Doctors in classroom
DARTFORD & GRAVESHAM NHS TRUST

Overview of trust

Further details including a list of programmes and individual placement descriptions are available at:
www.stfs.org.uk/trusts/dartford-and-gravesham-nhs-trust

Facilities

Postgraduate Centre

The Philip Farrant Education Centre is a multi-disciplinary education centre which has a number of well-furnished and equipped training rooms. It has up to date audio visual equipment, which includes links to operating theatres and endoscopy and a Simulation Suite.

The new Simulation and Skills Suite, which opened in February 2012, includes the Simman 3G™ mannequin. Models and equipment are available for the delivery of core clinical and practical skills in specialties such as Obstetrics and Gynaecology, Paediatrics, Medicine and Anaesthetics. The simulation experience is captured with live relays to viewing rooms and play back facility for debriefing.

In addition to the protected teaching sessions for each training programme, trainees may book to attend a number of courses including Basic Surgical Skills, Respiratory Training Series and Basic Practical Skills in O&G, ALS and ILS.

For a more extensive list please contact the Education Centre.

The Medical Education Department is based in the Centre and works with College Tutors and Specialty Leads to ensure training provided meets the educational standards prescribed by the STFS, Royal College and Faculties, GMC and Health Education Kent, Surrey, Sussex.

There are opportunities for the Foundation Doctors to join the Simulation and Leadership Faculties and work closely with the leads and participate in projects and training.

Accommodation

The accommodation provided is modern, comfortable and located within the hospital grounds. Rooms are available for staff at a reasonable rate and may be booked from one night to the length of the placement at the Trust. The single rooms or apartments will suit staff looking for cost effective, well managed and close to your place of work accommodation.

Social activities

Within the Trust there are a number of activities including the Winter Ball, Summer Fetes, Sports Days, Consultant v trainee cricket and Football matches.

Doctors’ mess

The Doctors’ mess is situated near to the Education Centre, and Hospital Restaurant. The comfortable sofas, kitchenette area, TV and PC make it a great area to relax between shifts. The subscription fee is just £10 per month, which is deducted from your salary, and this funds not only the mess amenities, which include tea, coffee and daily newspapers, but activities arranged by the mess President such as Pizza Tuesdays, special lunches and many evenings out.

Library facilities

The professional library is based adjacent to the Philip Farrant Education Centre and is accessible 24 hours a day. Services include:

- Enquiries and literature searches;
- Information skills training;
- Electronic resources, including access to UpToDate;
- Book, article and DVD supply;
- Computer access;
- Printing and photocopying;
- Postal services for staff in the community;
- Laptops and audio visual equipment to loan.

Key individuals

Director of Medical Education
Dr Ali Bokhari

Foundation Training Programme Director(s)
Dr Mathias Toth F1
Dr Shahinul Khan F2

Careers Tutor
Mr Vincent Kika

Simulation Technician
James Evans

Medical Education Manager
Mrs Claire Nottage

Medical Staffing Manager
Miss Jade Bourne

Foundation Programme Administrator(s)
Mrs Helen Addison
Mrs Kirsty Lang

Darent Valley Hospital

Darent Wood Road, Dartford, Kent, DA2 8DA

Trust switchboard:
01322 428100

Trust website:
www.dvh.nhs.uk
www.medicaleducationdgt.co.uk

Accommodation

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O v e r v i e w  o f  t r u s t

Further details including a list of programmes and individual placement descriptions are available at:
www.stfs.org.uk/trusts/dartford-and-gravesham-nhs-trust

Facilities

Postgraduate Centre

The Philip Farrant Education Centre is a multi-disciplinary education centre which has a number of well-furnished and equipped training rooms. It has up to date audio visual equipment, which includes links to operating theatres and endoscopy and a Simulation Suite.

The new Simulation and Skills Suite, which opened in February 2012, includes the Simman 3G™ mannequin. Models and equipment are available for the delivery of core clinical and practical skills in specialties such as Obstetrics and Gynaecology, Paediatrics, Medicine and Anaesthetics. The simulation experience is captured with live relays to viewing rooms and play back facility for debriefing.

In addition to the protected teaching sessions for each training programme, trainees may book to attend a number of courses including Basic Surgical Skills, Respiratory Training Series and Basic Practical Skills in O&G, ALS and ILS.

For a more extensive list please contact the Education Centre.

The Medical Education Department is based in the Centre and works with College Tutors and Specialty Leads to ensure training provided meets the educational standards prescribed by the STFS, Royal College and Faculties, GMC and Health Education Kent, Surrey, Sussex.

There are opportunities for the Foundation Doctors to join the Simulation and Leadership Faculties and work closely with the leads and participate in projects and training.

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The accommodation provided is modern, comfortable and located within the hospital grounds. Rooms are available for staff at a reasonable rate and may be booked from one night to the length of the placement at the Trust. The single rooms or apartments will suit staff looking for cost effective, well managed and close to your place of work accommodation.

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Miss Jade Bourne

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Mrs Helen Addison
Mrs Kirsty Lang
Transport links

Dartford has excellent transport links to London and the South Kent Coast.

Dartford is currently served by several main train stations:

- Dartford and Greenhithe Train Stations. The station serves all London main line stations, with the journey time taking between 30 – 40 minutes. The North Kent Line also runs to the Medway towns and the Kent coast. There is a Fastrack bus service from the hospital to the station, which only takes 10 minutes.

- Ebbsfleet International Station runs Eurostar services to Paris and Brussels and high speed services to London St Pancras, Faversham, Margate and Dover. The Fastrack bus service again links Ebbsfleet to Darent Valley Hospital.

For the motorist, Dartford is linked to London via the A2. The A2 links Dartford to the Kent Coast via the M2 motorway which leads to Canterbury, and Dover.

Access to the M25 London Orbital motorway is just 5 minutes away and the Dartford Tunnel/Queen Elizabeth II Bridge gains access to Essex and the North M25 for travel to the North via the M1 and M11. The southern section of the M25 gives access to the M20 to Maidstone, Folkestone and Dover, the M23 to Gatwick Airport and Brighton, the A3 to Guildford and Portsmouth, and the M3 to Southampton.

Parking arrangements

On-site parking permits may be applied for.

A258

Local amenities/attractions

Dartford has a range of attractions some of which are very close to the hospital, such as:

- Bluewater, one of the largest shopping centres in Europe is a few minutes from the hospital and provides over 330 stores of fashion, 40 cafes, bars and restaurants plus cinema, boating lake and mini golf.

- David Lloyd Gym, with an extensive range of state of the art facilities, including a swimming pool and racket sports facilities.

- Other attractions nearby include the Orchard Theatre, spa facilities, National Trust property, woodland walks and nature trails, museums, motor racing venue (Brands Hatch), golf courses, night clubs and bars. Kent’s beautiful coast is just a short drive away.

IT facilities

The IT and AV facilities within the Trust are modern and allow trainees to access all appropriate sites for their training. PCs are available on all wards for educational use and there are a number of PCs within the library.

IPods are used for handover and in-patient tracking in medicine and additional apps are being considered.

Other facilities

Within the hospital staff have access to complementary therapy sessions, an on-site gym with a personal fitness adviser, healthy eating and the award winning Occupational Health Lifestyle Programme. A full Hospital Chaplaincy Service is also available.

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Induction/shadowing arrangements

Foundation Year One Trainees commence in post one week prior to the August ‘change-over’ date. Sessions are timetabled to allow incoming F1 Trainees to work alongside the F1 from whom they will be taking over and gain an insight into the role and responsibilities of a Foundation Trainee. The programme for the week includes Trust induction which focuses on the needs of the F1 trainee, ILS training, and other mandatory topics. F1s have the opportunity to meet the Foundation Leads, Directors of Medical Education and the Medical Education Team. This programme is subject to change based on the FY1 feedback. All incoming F1 trainees receive the full rate of pay for this period.

If incoming F2 trainees wish to complete a shadowing placement this can also be arranged by the Medical Education Team.

Any additional information

Darent Valley offers a comprehensive range of acute hospital based services to around 270,000 people in Dartford, Gravesend, Swanley and Bexley. The hospital opened in September 2000 and now has 476 inpatient beds. We offer day-care surgery, general surgery, trauma, orthopaedics, urology, pain services, cardiology, diabetology and endocrinology, neurology, gastroenterology, elderly care, general medicine, ITU and HDU and level 1 care, a Clinical Decision Unit, a chemotherapy day unit, a breast unit, maternity, paediatrics and a special care baby unit. ENT, Ophthalmology and Maxfax surgery are provided on the site by other Trusts. Our chest physiotherapists have the only EBUS service in KSS and we have just opened a combined nephrology/urology unit which will provide all care around acute renal disease, including acute dialysis and advanced renal stone treatments. Thus DVH offers a very comprehensive range of services as a District General Hospital.

Dartford and Gravesham NHS Trust is a growing business and has taken over the running of outpatient, imaging, therapies, elective day care and inpatient services at Queen Mary’s Hospital, Sidcup and outpatient, imaging and physiotherapy services at Erith Hospital.

In addition we have acquired a ward at a local nursing home, the ‘Elm Unit’ enabling us to transfer selected patients out of the hospital into a community setting awaiting placement or further rehabilitation in specialist units.

With the provision of emergency medical services in South East London changing and our new services Darent Valley Hospital is seeing an increasing number of their residents. This has a knock on effect on the pathology we encounter in A & E, such as an increasing number of sickle cell disease patients and malaria cases, which allows trainees to experience a wider range of pathologies.

Accolades/achievements of the trust

- Investors in People Award
- HSJ 100 Award
- Excellent healthcare ratings
- CHKS Top 40 Hospitals Award
- Top quartile performer in staff survey

Terms and conditions of employment

Hospital and Dental Staff (England and Wales)

Any additional information

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If incoming F2 trainees wish to complete a shadowing placement this can also be arranged by the Medical Education Team.

Educational and clinical supervision

Every Foundation Trainee will be assigned an Educational Supervisor (ES) who will act as Supervisor and mentor for the twelve months of their Foundation Year. They will provide regular feedback and advice to ensure the necessary clinical and educational progress is made throughout the Foundation year.

In addition to the above, each trainee will be assigned a Clinical Supervisor (CS) for each placement. The CS is responsible for day-to-day clinical progress and advice relating to the particular specialty.

The ES and CS will communicate to ensure you are progressing satisfactorily and information is fed into the Foundation Faculty Group meetings which are chaired by the Foundation Leads.
Teaching programme
Formal protected teaching specifically for Foundation is delivered at set times. Each Specialty also provides regular weekly lunchtime meetings and monthly half day training/teaching programmes which Foundation Trainees are expected to contribute to by either presenting cases or audits. Specific gaps in a trainee’s skill ability such as insertion of central lines, chest drains, lumbar punctures can also be addressed by the trainee attending the Trust’s Clinical Decisions unit or ITU where these procedures are regularly performed.

During their stay at DVT, the trainee is expected to enrol in the SCRIPT e-learning programme and complete a set number of modules.

Following completion of each module, the trainee will be awarded a certificate. Further details on SCRIPT can be found on the STFS website.

F2 Trainees have the opportunity to receive ALS training within the Trust, if required. The Trust is also prepared to offer F2 Trainees appropriate study leave to further their future careers, provided the trainee has shown commitment to the Foundation Programme and is completing the required assessments etc.

The Trust’s library, besides having a good stock of journals and text books, offers regular courses in critical appraisal and literature search, and PCs for internet access.

The Trust is also committed to research and, for those trainees who wish to participate, our Research and Development Committee and its manager would be happy to advice.

Tasters
Foundation Year One and Two trainees may apply for “taster” periods in other specialties provided they have support from their Educational Supervisor and the Foundation Faculty Board. Tasters are a good opportunity to try specialties that are not included in their rotations. F1 trainees can “borrow” 5 days study leave from their F2 year to undertake tasters.

Simulation
The simulation suite opened in February 2012 to allow for in-house delivery of simulation training to every grade of doctor. Simulation sessions are built into the protected teaching programme for all Foundation Trainees, however, trainees may request additional sessions and can attend those delivered by the individual specialties in which they are placed.

The simulation room can replicate almost any clinical area, from a cubicle in Emergency Medicine to the Delivery Suite, and the advanced SimMum and SimMan 3G patient simulator allows the Simulation Leads to deliver a vast range of clinical scenarios.

Foundation doctor forums
Darent Valley encourages all Foundation Trainees to contribute to and participate in the delivery of medical education. To ensure that communication channels are in place, each cohort of trainees are formally represented by two representatives. However, all trainees are welcome at the Foundation Faculty Group meetings where training is discussed and decisions made.

Any additional information
F1 and F2s are nominated each year for the South Thames Foundation School awards scheme which offers merits in teaching, audit, portfolio and leadership. In addition, Darent Valley offers a number of local awards for outstanding achievements in areas such as audit and teaching.

The Trust is fully committed to the training and development of its entire staff and has strong links with King’s College London Medical School, the universities of Greenwich and Canterbury, and the South Thames Foundation School. It takes medical students from the GKT/KCL campus and nurse students from Greenwich University, offering foundation trainees teaching opportunities.
Overview of trust

East Kent Hospitals University NHS Foundation Trust (EKHUFT) is one of the largest hospital trusts in the country, with more than 6,000 staff serving a population exceeding 700,000 and provides integrated patient care in East Kent with over 80 clinical specialties. Established on 1st April 1999, EKHUFT has three acute hospitals at Canterbury, Margate and Ashford, with smaller hospitals in Dover and Folkestone.

Further details including a list of programmes and individual placement descriptions are available at: www.stfs.org.uk/trusts/east-kent-hospitals-university-nhs-foundation-trust

Education Centre

The Education Centre at Kent and Canterbury Hospital is a large, proactive centre, supported by a friendly, helpful team. Facilities and resources in the Centre include a lecture theatre which holds 93 people, a number of teaching rooms/classrooms, and video conferencing video, data and slide projection equipment and other educational aids which can be used in each room. There is also a large lounge area which includes an informal ICT (cybernet) area with 6 PCs.

The Centre also has a multi-professional Clinical Skills Laboratory, offering skills training opportunities to all clinical staff and various clinical skills training models are available for training/practice.

Social activities

Canterbury is a beautiful historic city, with the main attraction being Canterbury Cathedral. It has a large student and tourist population, with a huge variety of attractions, restaurants, pubs and indoor and outdoor activities to suit all tastes and interests including Whitefriars shopping area, cinemas, theatres, river tours, nightclubs, wildlife parks, sports facilities including Kent County Cricket ground at the back of the Hospital.

There is plenty to do in and around Canterbury in the evenings. As a city with two universities, Canterbury offers a lively night scene and a wealth of cultural activities and events. The Doctors’ mess arranges regular nights out including quiz nights, meals and end of year ball. There is also a football team organised by the F1s which is currently every Wednesday night.

Accommodation

Each flat has 2 bathrooms, a kitchen and 3 bedrooms, of which each has its own lounge. There is also a common room which has a TV and sofas. The accommodation is on-site at The Orchards residences and a two-minute walk to all areas of the hospital. The current price for is £465 a month which is deducted from your monthly salary. All accommodation has built in wifi.

All foundation doctors are required to apply for hospital accommodation should they wish to live on-site via email: accommodation.kch@serco.com

The beautiful coast of East Kent, with its sandy beaches, areas of outstanding scientific interest and beauty wide range of water-based sports and activities is only 20-30 minutes away by car or by train/bus. Canterbury is surrounded by beautiful countryside and villages too.

The high speed train runs a regular service which provides a fast link to London and Dover and Folkestone are not too far away for visits into France and the rest of Europe.
EAST KENT HOSPITALS
UNIVERSITY NHS FOUNDATION TRUST

Kent & Canterbury Hospital

Doctors’ mess
This small comfy room is based on the 2nd Floor, 1937 building. The mess has lots of couches, tea and coffee, pool table and whatever food the mess shop has to offer for that week (provided you have paid your subscription fee - £10 per month, deductible from your salary).

Large TV with subscription to Sky Sports and pool table is available and newspapers are delivered daily. Users are required to keep the mess tidy.

Library facilities
There is a well-stocked multi-disciplinary library with 8 study spaces, staffed from 9.00 am to 5.00 pm, Monday to Friday.

24 hour access to the library is available with a key fob from the main office in the postgraduate centre. These fobs are free of charge which allows you to have 24 hour access to computers and the library.

IT facilities
There are 16 work stations that are available in the Education Centre 24 hours a day. Wi-Fi access is now available. A key fob can be issued if you wish to have out-of-hours access.

The Directorate of Medical Education is actively involved with innovative work in which foundation doctors have been instrumental in being involved with.

Local amenities/attractions
Canterbury offers you so much to see and do during your stay with a huge variety of attractions and indoor and outdoor activities to suit all tastes and interests (see social activities).

With a cathedral city at its heart, Canterbury’s surrounding countryside dips and sweeps through river valleys, woods and hills to the seaside towns of Herne Bay and Whitstable. Visit the tourist information to find out more - www.canterbury.co.uk

Transport links
There is a high speed train with regular trains running every weekday, which makes travel between Kent and central London faster than ever. Travelling time is from Canterbury West Station to St Pancras is 56 minutes.

Coach and bus service is also available. Visit the hospital website for travel details to Kent & Canterbury Hospital: www.ekhuft.nhs.uk/patients-and-visitors/kent-and-canterbury-hospital

Parking arrangements
Parking permits are available on application for all members of staff who park within the hospital grounds. This is currently deducted from your salary monthly and is £372 per year.

Accolades/achievements of the trust
Kent & Canterbury (and East Kent as a whole) has a tradition of being a popular and friendly hospital (and Trust) for trainees, and 3rd year and 5th year medical students from King’s College London Medical School come on rotation to the hospital, as well as students from overseas including St George’s University Medical School, Grenada. In recognition of the excellent educational experience that medical students benefit from at EKHUFT, the Trust was awarded university status in 2008.

In 2010 East Kent Hospitals University NHS Foundation Trust was awarded ‘Trust of the Year 2010’ by healthcare information organisation Dr Foster. Dr Foster measures healthcare across a range of different areas that are important to patients on behalf of the Government. At the end of last year it named EKHUFT as the best performing Trust in the country.
A year of national achievement 2011 - 2012

- Monitor governance rating – Green; the highest level
- 2011 Safer Clinical Systems, Health Foundation award – improving discharge processes for the frail elderly
- Best of Health Awards - Primary Percutaneous Coronary Intervention (pPCI) – Outstanding contribution to healthier people
- Health Service Journal - pPCI highly commended
- Nursing Times - Infection control runner up
- Annual UK Stroke conference - best scientific paper
- 2011 British Renal Society/Renal Association Conference – Acute Kidney Injury, best abstract
- Award to review clinical handovers between medical staff over weekend and Bank Holiday periods
- Healthcare Financial Management Association (HFMA) Havelock Training Award 2011 – the finance team were the national award winners for this award which recognises a significant contribution made towards finance skills development

The Trust has annually achieved HEE, KSS local team Contract Review compliance. All foundation consultant supervisors are Qualified Educational Supervisor Programme (QESP) compliant and some consultants have either achieved the Deanery MA in Education or currently undergoing this.

The Trust has also been actively involved with HEE, KSS local team curriculum mapping project.

A Medical Education award ceremony is held annually to recognise the hard work and dedication from junior doctors. Award such as professionalism and leadership are awarded to foundation doctors from each site. There is also an overall junior doctors of the year award.

Terms and conditions of employment
www.nhsemployers.org/your-workforce

Foundation programme specific information

Induction/shadowing arrangements
All F1s are invited to attend a week long induction which includes shadowing of the current F1 whose job they will be taking over. There will be a small honorarium for attending this induction.

There is also an active Social Induction Programme organised to further enhance their orientation.

Educational and clinical supervision
All foundation doctors are allocated an educational supervisor at the beginning of their year. The educational supervisor works closely with the foundation doctor and has regular meetings throughout the foundation year and is able to offer careers support and advice as needed. For the second and subsequent rotations, each trainee has a clinical supervisor for day to day supervision and educational meetings. All educational and clinical supervisors are QESP compliant.

Teaching programme
In Foundation Year 1 (FY1) at K&CH there are 18 posts, comprising Surgery, Geriatric Medicine, Acute Medicine, Renal, Vascular, Urology, Diabetes, Respiratory Medicine, Gastroenterology, Endocrinology, Stroke, Cardiology, Anaesthetics and Psychiatry.

Teaching for FY1 doctors is on Tuesday and Thursday lunchtimes and is protected (bleep free) with lunch provided.

In Foundation Year 2 (FY2), at K&CH there are 18 posts comprising of Emergency Medicine, General Practice, Urology, Acute Medicine, General Surgery, Geriatric Medicine, Intensive Care, Renal and Psychiatry. Teaching for FY2 doctors is every Thursday from 2.15 – 5pm protected (bleep free).

EKHUFT offers its own Recognition of Teaching Programme which aims to help postgraduate doctors develop their teaching skills and which provides formal recognition from the Director of Medical Education for the excellent work that our doctors undertake in teaching medical students.

K&CH also nominate F1s and F2s each year for the South Thames Foundation School’s award scheme which offers merit in teaching, audit, portfolio and leadership. We are also able to nominate any candidate who we feel has made an outstanding contribution during the year.

Tasters
Tasters are available for F1s and F2s to do during their year at Canterbury. This is a good opportunity for trainees to try the specialty which is not within their rotations. Tasters are often taken in specialties such as GP which are not always covered in the 2 years rota. Various specialty tasters can be arranged.

Simulation
East Kent runs its own simulation training days which are mandatory to F1 and F2 doctors at various sites which includes the latest Simman 3G training model.

Canterbury also offers ILS, ALERT and ALS on site, this is also mandatory.

Foundation doctor forums
The Education Centre holds Trustwide Foundation Faculty meetings and foundation trainees are encouraged to become trainee representatives for this and be integral members. Trainee representatives are actively encouraged to be a trainee representative on the Local Academic Board too.

Any additional information
The Medical Education Directorate in EKHUFT has successfully organised a Recognition of Teaching Programme for the teaching of medical students by Foundation Doctors. FDs receive letters of recognition from the Director of Medical Education for their participation in this scheme. These doctors then became eligible for STFS Certificate of Merit award for an outstanding contribution to teaching.

MedStart is a new initiative where FDs can become involved in teaching and planning OSCE style stations to local school students interested in a career in medicine.

The Medical Education Directorate hosts an annual Oscar-style Health Education Awards evening. We recognise that our transient population of medical students and training doctors do not always receive sufficient recognition for their contribution to the Trust during their placements/posts. An enjoyable evening in the Gulbenkian Theatre in Canterbury provides us with the opportunity to celebrate professionalism, teaching excellence, leadership and research and development with a range of awards and with an overall award for Junior Doctor of the Year. Dr Prathiba, Director of Medical Education, has commented “Our junior doctors contribute a great deal while they are with us and we hope that East Kent has a real role to play in helping to shape them as the professional, competent and compassionate doctors of the future.” The evening is a lot of fun and the awards, both physical and in certificate form, are great additions to any portfolio/CV.
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Postgraduate Centre

The Education Centre offers a lecture theatre, a number of teaching and seminar rooms and a dedicated clinical skills lab with a wide range of equipment, models and facilities. There are projection and video conferencing facilities throughout the centre. The Centre administrative staff are extremely helpful and knowledgeable and are heavily involved in providing the essential support that Foundation Programme doctors require. There is a skilled Audio Visual Technician who is able to provide support. The Education Centres across the Trust also have wi-fi access.

Accommodation

QEQMH has brand new, on-site, modern accommodation blocks that are available to F1 Doctors. These blocks have been very well received and a second phase was completed in early 2010. Situated 2 minutes away from the main hospital building, they are perfect for young, busy doctors. Please contact accommodation.qeqm@serco.com for all enquiries and information on rooms.

Social activities

The Medical Education Directorate at EKHUFT has seen other Trusts adopting its innovative Social Induction Programme for Foundation Doctors. Organised by the outgoing FP doctors, this sees a programme of events and activities in the induction week evenings/weekend that allow new FP doctors to socialize with those whose jobs they are taking and with consultants and other key members of the teams in which they will be working.

Doctors’ mess

The Doctors’ mess at Queen Elizabeth the Queen Mother Hospital is spacious, lively and well supported. Located close to all wards and the Seasons restaurant, it is a focal point for the doctors to relax, study in and gather before mess-organised events. In the mess, there is a pool table, table football and Sky TV. The mess subscription fee is £10 per month. The mess underwent an extensive refurbishment programme in 2010.

Library facilities

There is a well-stocked multi-disciplinary library located in a convenient central location within the hospital. The library is staffed between 9am and 5pm, Monday to Friday with 24 hour access available outside these core hours via a library security key fob, obtainable from library staff. There are 16 open access PCs available for use together with printing, copying and scanning facilities, as well as a separate Library Quiet Study room.

Using your NHS Open Athens account (the libraries are the Athens administrators for the Trust) you can access powerful clinical knowledge tools such as UpToDate, BMJ Case Reports and Elsevier’s Clinical Key. We are part of the Kent, Surrey and Sussex (KSS) network of Healthcare Libraries which provides extensive resources, both printed and electronic. You can access the main healthcare databases and also search thousands of full-text journals and hundreds of eBooks both on and off site. We can track down journal articles, request books from other libraries and run literature searches.

Our qualified staff can provide support for research, appraisal, career planning and other academic and professional activities, as well as assisting and advising with the preparation of content for publication.

See www.ekhuft.nhs.uk/libraries for further information and contact details.

Key individuals

Director of Medical Education
Dr Prathiba Bandipalyam

Clinical Tutor
Miss Elizabeth Sharp

Foundation Training Programme Directors
F1 – Dr Christopher McGettigan
F2 – Mrs Keyuri Shrotri

Careers Tutors
Mrs Keyuri Shrotri
Dr Christopher McGettigan

Medical Education Managers
Mr Rags Subramaniam
June Toms

Medical Staffing Manager
Ms Kim Fishlock

Education Centre Supervisor
Mrs Karen Nicholson

Foundation Programme Administrator
Mrs Dawn Warren
IT facilities
Open access computers are available in the library providing access to Microsoft Office products and internet access via the hospital network. The teaching rooms and lecture theatre have wi-fi internet access.

Other facilities
The Medical Illustrations Department is available to support doctors in producing posters, storing images and using more sophisticated technology.

The Trust issues each staff member with an encrypted memory stick.

Local amenities/attractions
Margate itself is a popular, up-and-coming town with plenty of nightlife, a multi-million pound casino, cinemas, theatres and an enviable coastline, some of which is perfect for watersports such as surfing and jet-skiing. Shopping and recreational facilities attract people from across the area. In 2011, the Turner Contemporary, a multi-million pound gallery designed by award-winning architect David Chipperfield, has opened in Margate and is expected to attract many national and international visitors. The UK's original Dreamland Amusement Park has now re-opened after an £18m restoration.

Transport links
Transport links to London are quick, direct and frequent. The new high-speed rail service means that journey times to St Pancras have been cut to 1 ½ hours. There are also ferry services to Europe from the ports of Ramsgate and Dover, both a short distance from Margate.

Travelling to Ramsgate, Canterbury, Ashford and West Kent is also straightforward, allowing you the freedom to explore more of Kent at your leisure. It is easy to see why East Kent is becoming so popular - all the attractions without the London prices or stress.

Parking arrangements
The parking is permit based which can be applied for prior to starting.

Accolades/achievements of the trust
A year of national achievement 2011 – 2012
- Monitor governance rating – Green; the highest level
- 2011 Safer Clinical Systems, Health Foundation award – improving discharge processes for the frail elderly
- Best of Health Awards – Primary Percutaneous Coronary Intervention (pPCI) - Outstanding contribution to healthier people
- Health Service Journal - pPCI - highly commended
- Nursing Times - Infection control runner up
- Annual UK Stroke conference – best scientific paper
- 2011 British Renal Society/Renal Association Conference – Acute Kidney Injury, best abstract
- Award to review clinical handovers between medical staff over weekend and Bank Holiday periods
- Healthcare Financial Management Association (HFMA) Havelock Training Award 2011 – the finance team were the national award winners for this award which recognises a significant contribution made towards finance skills development

Any additional information
The Trust benefits from having its own Education Adviser who works with consultants, postgraduate and other doctors and with Medical Education staff to develop further the excellent teaching and learning opportunities at EKHUFT.

EKHUFT provides a popular and friendly destination for training doctors and medical students. There is a growing trend in the Trust for medical students to return to us as Foundation Programme doctors, such has been the quality of their experience in East Kent. The Trust takes Years 3, 4 and 5 medical students, predominantly from King’s College London Medical School. We also now train Medical Students from St George’s International School of Medicine. In recognition of the excellent educational experience that medical students benefit from at EKHUFT, the Trust was awarded university status in 2008.

Queen Elizabeth the Queen Mother Hospital
Based in the seaside town of Margate, the Queen Elizabeth, the Queen mother Hospital (GEQMH), provides the full range of accident, emergency and elective services and district general hospital services.

Recent developments have included new operating theatres; ITU facilities; children’s inpatient and out patient facilities; a cardiac catheter laboratory; out patient department and a cancer unit. There have been extensive improvements to staff accommodation. Additional diagnostic capacity is currently being installed and the A&E facilities have been upgraded.

Foundation programme specific information
Induction/shadowing arrangements
All F1 doctors are invited to attend an extended induction with a varied programme that includes the ALERT Course as well as the shadowing of the incumbent F1 whose job they will be taking over. There is also an active Social Induction Programme organised to further enhance their orientation.

Terms and conditions of employment
www.nhsemployers.org/SiteCollectionDocuments/Hospital_MedicalandDental_Staff_TCS_March_08_od_160209.pdf

Prospectus commencing August 2016
Simulation
EKHUFT runs its own simulation training days, which are mandatory for F1 doctors. The Trust also offers ILS, ALERT and ALS.

Foundation doctor forums
The Education Centre, QEQMH has an active Education Forum and both F1 and F2 representatives are an essential part of this meeting. There is free and open discussion between the trainees, Education Specialty Leads and leads from other multi-disciplinary teams within the hospital. There is also a Trustwide Foundation Faculty and again trainee representatives are integral members of this.

Trainee representatives are actively encouraged to be a trainee representative on the Local Academic Board too.

Any additional information
The Medical Education Directorate at EKHUFT offers its own Recognition of Teaching Programme.

This aims to help postgraduate doctors develop their teaching skills and provides formal recognition from the Director of Medical Education for the excellent work that our doctors undertake in teaching medical students.

Teaching programme
In Foundation Year 1 (FY1) at QEQMH there are 21 posts, comprising of Surgery, Geriatric medicine, Acute medicine, Cardiology, Diabetes, Paediatrics, Respiratory medicine, Gastroenterology, Endocrinology, Obstetrics & Gynaecology and Intensive Medical Care.

We are working towards arranging Community Placements to allow our F1 doctors a broader experience during their F1 year.

Tasters
Tasters are available for F2 doctors and are encouraged. They are a good opportunity to try specialities that are not included in their rotations. In the past these have been taken in such areas as Public Health, Anaesthetics, Palliative Care, Paediatrics.

In line with STFS recommendations, F1s can ‘borrow’ 5 study days from their F2 year to undertake tasters in order to help inform their career choices.

Educational and clinical supervision
All foundation doctors are allocated an educational supervisor at the beginning of their year. The educational supervisor works closely with the foundation doctor and has regular meetings throughout the foundation year and is able to offer careers support and advice as needed. For the second and subsequent rotations, each trainee has a clinical supervisor for day to day supervision and educational meetings. All educational supervisors are either QESP compliant or working towards it.
Prospectus commencing August 2016

Doctors’ mess
William Harvey Hospital boasts an extremely active mess that is popular with all Doctors including medical students. With plush leather sofas and a full-sized pool table, it is busy at all times of the day. Mess events are regularly organized and the committee is very pro-active in providing entertainment. The mess is located next to the hospital restaurant and is easily accessible. The mess subscription fee is £10 per month.

Library facilities
Library and Knowledge Services
There is a well-stocked multi-disciplinary library located within the WHH Education Centre. The library is staffed between 9am and 5pm, Monday to Friday with 24hr access available outside these core hours via a library security key fob, obtainable from library staff. There are 9 open access PCs available for use together with printing, copying and scanning facilities, as well as a separate Library Quiet Study room.

Using your NHS OpenAthens account (the libraries are the Athens administrators for the Trust) you can access powerful clinical knowledge tools such as UpToDate, BMJ Case Reports and Elsevier’s Clinical Key. We are part of the Kent, Surrey and Sussex (KSS) network of Healthcare Libraries which provides extensive resources, both printed and electronic. You can access the main healthcare databases and also search thousands of full-text journals and hundreds of eBooks both on and off site. We can track down journal articles, request books from other libraries and run literature searches. Our qualified staff can provide support for research, appraisal, career planning and other academic and professional activities as well as assisting and advising with the preparation of content for publication.

See www.ekhuft.nhs.uk/libraries for further information and contact details.

IT facilities
Open access computers are available in the library and resource area for junior doctors providing access to Microsoft Office products. Wi-Fi is available for Trust devices to connect to the NHS network. There is also a separate system for Public Internet access. The teaching rooms and Lecture Theatre also have Internet access. The Medical Illustrations department is available to support doctors in producing posters, storing images and using more sophisticated technology. The Trust issues members of staff with an encrypted memory stick available from the Library.

Overview of trust
Further details including a list of programmes and individual placement descriptions are available at: www.stfs.org.uk/trusts/east-kent-hospitals-university-nhs-foundation-trust

Facilities

Postgraduate Centre
A modern and well equipped Education Centre is based on site with a well-equipped Clinical Skills Lab, Seminar Room for teaching and Tutorial Room all with dual screen projection and facilities for power point. There is an air conditioned Lecture Theatre which seats 96 people with facilities for a full range of media and a visualiser for projecting images of transparencies, documents and objects and video conferencing facilities. There is also a large Conference room which can be used by individuals and groups for meetings and teaching sessions, a projector screen and audio system are also installed in this room.

Accommodation
Accommodation is on site with both single and married accommodation available.

Social activities
The Medical Education directorate at EKUFT has seen other Trusts adopting its innovative Social Induction Programme for Foundation Doctors. Organised by the outgoing FP doctors, this sees a programme of events and activities in the induction week evenings/weekend that allows new FP doctors to socialize with those whose jobs they are taking over. The programme of social events includes a trust-wide social evening to enable new doctors to meet up with the F1’s from all 3 sites.

The Education Centre organises ad-hoc events including days out of local interest in conjunction with Mess Doctors.

Key individuals
Director of Medical Education
Dr Prathiba Bandipalyam
Clinical Tutor
Dr Sarah Birks
Foundation Training Programme Directors
Dr Joanna Davis
Medical Education Manager
Rags Subramaniam
June Toms
Medical Staffing Manager
Ms Kim Fishlock
Foundation Programme Administrator
Lauren McKenzie
Parking arrangements
There are several staff car parking areas around the hospital close to the main reception as well as pay and display car park. It is the responsibility of staff members to apply for a parking permit prior to commencing placements.

Accolades/achievements of the trust
• Monitor governance rating – Green; the highest level
• 2011 Safer Clinical Systems, Health Foundation award – improving discharge processes for the frail elderly
• Best of Health Awards – Primary Percutaneous Coronary Intervention (pPCI) – Outstanding contribution to Healthier people
• Health Service Journal - PPCI - highly commended
• Nursing Times - Infection control runner up
• Annual UK Stroke conference – best scientific paper
• 2011 British Renal Society/Renal Association Conference – Acute Kidney Injury, best abstract
• Award to review clinical handovers between medical staff over weekend and Bank Holiday periods
• Healthcare Financial Management Association (HFMA) Havelock Training Award 2011 – the finance team were the national award winners for this award which recognises a significant contribution made towards finance skills development

Terms and conditions of employment
www.nhsemployers.org/ SiteCollectionDocuments/Hospital_ MedicalandDental_Staff_TCS_March_08_cd_160209.pdf

Any additional information
Kent Hospitals University NHS Trust, established in 1999, is one of the largest hospital Trusts in England, with five hospitals and several outpatient facilities across East Kent and Medway. For more information, please go to our website – www.ekhft.nhs.uk
William Harvey Hospital includes robotic facilities both in the Pathology department as well as Pharmacy. William Harvey Hospital has a dedicated stroke unit, which undertakes thrombolysis for acute stroke. There is a recently expanded cardiac catheter laboratory which undertakes therapeutic interventions including angiograms and angioplasties, permanent pacemaker insertions and intraventricular defibrillator insertions. Cardio-thoracic Surgeons visit the hospital every fortnight to hold joint meeting with cardiologists and discuss cases. This has been the Kent cardiac centre for primary angioplasty since 2010.

A satellite Renal dialysis centre was opened on site and the hospital has the single Head & Neck unit which includes ENT, Ophthalmology and maxillo-facial services. There is a dedicated Day surgery unit (Channel day surgery), as well as dedicated Endoscopy and Chemotherapy (Celia Blakey) units. The intensive care unit has four dedicated intensivists and is accredited for specialist intensive care training.

Foundation programme specific information

Induction/shadowing arrangements
All new F1 doctors are invited in prior to starting their contract in August to undertake a week of shadowing the existing F1 doctors.

Educational and clinical supervision
All Foundation doctors are allocated an educational supervisor at the beginning of first placement. The ES works closely with the Foundation doctor and has regular meetings throughout the year and is able to offer careers support and advice as needed. For the second and subsequent rotations, each trainee has a clinical supervisor for day to day supervision and educational meetings. All ES and CS are QESP compliant.

Teaching programme
There are 21 F1 posts forming different rotations involving Medicine, Surgery, Care of the elderly, ITU, A&E, Paediatrics and Psychiatry. Almost all the posts rotate through the Clinical Decisions unit to give experience in assessing and managing acutely unwell patients. Rotations involving ITU and A&E provide good experience in not only dealing with acutely ill patients but also in improving procedural skills and learning new ones. The F1 doctors have protected teaching times on Tuesday and Thursday. They are also encouraged to teach and work towards Recognition of Teaching Award supported by the Deanery. One of the F1 doctors is voted to be the representative at Foundation Faculty.

There are 24 F2 posts which form eight different rotations involving medical sub specialties, Surgery, ENT, Trauma & Orthopaedics, Ophthalmology, Obs & Gynae, Microbiology, A&E, and General Practice. Placements for GP can be located up to 25 miles apart due to rural location; however all are easily reached by public transport. These posts provide valuable experience for wide ranging interests and complement each other well. The Obs & Gynae dept. at WHH was rated as the best in KSS Deanery in the 2008 PMETB survey of junior doctors. ENT and Ophthalmology boast of very good and well organised teaching and training programmes. The F2 doctors have protected teaching every Thursday p.m. There is F2 representation at the Foundation Faculty. Careers advice ranges from one-to-one to group advice about planning the applications to arranging mock interviews to improve interview skills.

Tasters
The Taster session is an opportunity to gain experience in a specialty to which the F2 may not otherwise gain exposure and would require the F2 to demonstrate a pro-active approach towards planning and arranging their time and learning in the specialty in order to gain maximum benefit. Taster sessions must also clearly relate to the individual’s PDP and career aspirations.

Simulation
Simulation based learning can provide junior doctors with a unique insight into their own behaviours and non-technical skills when dealing with complex clinical situations. Here in East Kent you will be given the opportunity to experience simulation based learning as part of the weekly teaching programme as well as on formally organised study courses. We have a dedicated simulation faculty who will support you during the simulated scenario sessions and provide a structured educational debrief.

A variety of emergency ward based situations can be replicated allowing foundation doctors to rehearse their crisis management skills and reinforce their clinical knowledge. A wide range of simulated clinical encounters are used to build confidence and self-awareness for your future roles. F1 doctors are expected to attend one whole day simulation day and F2 doctors are invited to sign up for the ‘managing the Critically Ill Patient Course’ which takes place in April each year.

Any additional information
The Medical Education Directorate in EKHUFT has successfully organised a Recognition of Teaching Programme for the teaching of medical students by Foundation Doctors. FDs receive letters of recognition from the Director of Medical Education for their participation in this scheme. These doctors then become eligible for STFS Certificate of Merit award for an outstanding contribution to teaching.

MedStart is a new initiative where FDs can become involved in teaching and planning OSCE style stations to local school students interested in a career in medicine. The Medical Education Directorate hosts an annual Oscar-style Health Education Awards evening. We recognise that our transient population of medical students and training doctors do not always receive sufficient recognition for their contribution to the Trust during their placements/posts. An enjoyable evening in the Gulbenkian Theatre in Canterbury, hosted by BBC South East’s Rob Smith, provides us with the opportunity to celebrate professionalism, teaching excellence, leadership and research and development with a range of awards and with an overall award for Junior Doctor of the Year. Dr Prarthibha, Director of Medical Education, has commented ‘Our junior doctors contribute a great deal while they are with us and we hope that East Kent has a real role to play in helping to shape them as the professional, competent and compassionate doctors of the future.’ The evening is a lot of fun and the awards, both physical and in certificate form, are great additions to any portfolio/CV.

Prospectus commencing August 2016

www.stfs.org.uk | 51
Conquest Hospital & Eastbourne District General Hospital

Conquest Hospital
The Ridge, St Leonard’s On Sea, East Sussex, TN37 7RD

Eastbourne DGH
Kings Drive, Eastbourne, East Sussex, BN21 2uD

Switchboard
01424 755255 – (C)
01323 417400 – (E)

Trust web site:
www.esht.nhs.uk

Trust foundation web page
www.esht.nhs.uk/medical-education/foundation/

Follow us on Twitter at: @ESHTME

Key individuals

Director of Medical Education
Mr Salim Shubber (cross site)

Clinical Tutor
Dr Mark Whitehead (cross site)

Foundation Training Programme Director(s)
Dr Mohammad J H Rahmani (FY1 cross site)
Mr Michael Williams (FY2 cross site)

Careers Tutor
Dr Umesh Dashora (cross site)

Medical Education Manager
Mr Mike Dickens (cross site)

Deputy Medical Education Manager
Mrs Christina Morpew (cross site)

Medical Staffing Manager(s)
Mr John Holland

Foundation Programme Administrator(s)
Mrs Catrina Turner (Conquest) Mrs Anita Todd (Eastbourne)

Overview of trust

East Sussex Healthcare Trust provides acute hospital and community health services for people living in East Sussex and the surrounding areas.

Our services are mainly provided from two district general hospitals, Conquest Hospital and Eastbourne DGH. Both of which have Emergency Departments and provide care 24 hours a day. They offer a comprehensive range of surgical, medical and maternity services. We have 1000 beds cross site.

We also provide a minor injury unit service from Crowborough War Memorial Hospital, Lewes Victoria Hospital and Uckfield Community Hospital. A midwifery-led birthing service, along with outpatient rehabilitation and intermediate care services are provided at Crowborough War Memorial Hospital.

At both Bexhill Hospital and Uckfield Community Hospital we provide outpatients, day surgery, rehabilitation and intermediate care services.

The Trust is keen to develop its staff and postgraduate medical and nurse training takes place on both the main sites. We have medical students from Brighton & Sussex Medical School, from Kings and elsewhere, and encourage you to develop your teaching skills.

We want to harness your commitment, energy and care to become an organisation that focuses on quality, safety and continuous improvement. We know we need to deliver for today and ever push our standards and expectations higher for tomorrow. We know we all have a shared ambition to deliver the quality of services and care we would want for ourselves and our families and friends. And we want you to enjoy working in an organisation we can be proud of. This remains our goal.

Further details including a list of programmes and individual placement descriptions are available at: www.stfs.org.uk/trusts/east-sussex-healthcare-nhs-trust

Facilities

Education Centres

Modern, up to date learning resource centres are available on both hospital sites along with many other training opportunities including well equipped skills laboratories at both sites. A planned upgrade and expansion of our facilities is in hand.

Accommodation

Highly affordable accommodation is available on both sites. Rooms are fully furnished and each flat has a shared kitchen. Utensils are provided. Laundry services are available on both sites. For further information please contact Medical HR.

Welcome event – BBQ at Cooden Beach Hotel

Annual Summer Ball – Powdernills Hotel, Battle

Social activities

Both Conquest and Eastbourne hospital have an on-site nursery and a social club/bar. The Eastbourne DGH also benefits from an outdoor heated swimming pool. Various social events are held over the year, such as the welcome event for our new FY1s during their shadow week. This gives the junior doctors an opportunity to network with their future colleagues, education and clinical supervisors, their medical education team, medical HR and existing FY1/FY2 doctors and other support staff relevant to their training needs.

The trainees also put together a Summer Ball and winter celebrations, amongst other informal get togethers, such as curry nights, bowling and trainees are encouraged to get involved with our legendary trust Christmas show.
Doctors’ mess
The Doctors’ Mess on both sites is very popular. Foundation doctors both at Eastbourne and the Conquest hold dinners, balls, curry nights and other events. Your membership includes access to the mess day and night, with daily newspapers, SKY TV, snacks and drinks, as well as discounts on social events during the year.

Library facilities
www.esht.nhs.uk/library

IT facilities
Both libraries have internet access 24/7 in their PC rooms. Wi-Fi is also available.

Local amenities/attractions
East Sussex is so much more than a great place to work — it’s a stunning place to live and visit.

The seaside towns are lively with easy access to the nearby beautiful countryside.

Hastings castle
Hastings is a famous, historical town and seaside resort situated on the south east coast of Britain. Hastings has a castle built by William the Conqueror in the 11th Century, an attractive old town, fishing harbour and seafront. The west of Hastings is modern and lively with a theatre, cinema, many restaurants, bars and clubs, as well as a shopping centre with many well-known shops. There are also many places of interest to visit in the town. More information can be found at www.1066country.com and www.hastings.gov.uk

Eastbourne has many restaurants, pubs and clubs. Famous for its tennis and stunning scenery used in many films. Other picturesque spots include Beachy Head and The Sovereign Harbour. We have 2 cinemas, 10 pin bowling, yachting and surfing clubs, sports centres and theatres. More information can be found at www.eastbourne.gov.uk

Transport links
The Conquest Hospital (Hastings) is around 60 miles south of London with good transport links with access to Europe via the Eurostar and Channel Tunnel. Regular trains run to London, with an average journey time of 1½ hours. Hastings main rail station is approximately 3 miles from the Hospital.

Government regeneration plans are underway for the Hastings area, and plans are in place for the implementation of a high speed rail network to extend through Hastings from Ashford in Kent, meaning a journey from Kings Cross to Hastings would be reduced to only 68 minutes. A new link road is due to open in the spring of 2016, with the aim of reducing traffic congestion and to support the building of new homes in the area.

Train travel – www.nationalrail.co.uk

Eastbourne Rail Station is approximately 1.5 miles from the Hospital. Main line trains from London Victoria run regularly to Eastbourne. Trains from London Victoria are fast and frequent, taking just 60 minutes.

Brighton is just along the coast from Eastbourne and easily accessible by car, bus or train.

Parking arrangements
There is on-site parking at both hospitals and staff pay £1.00 per day when displaying a staff permit. Monthly (with tax relief) and annual payments can be arranged.

Accolades/achievements of the trust
STFS awarded East Sussex Healthcare NHS Trust a citation for exceptional work in the remediation of Foundation doctors in difficulty.

Foundation programme specific information

Induction/shadowing arrangements
At the Eastbourne DGH and Conquest we arrange a formal induction and shadow period for the new FY1s. This helps our trainee doctors to settle in and get used to the hospital. We now also provide the opportunity for our overseas doctors to benefit from an extended additional shadowing period prior to taking part in formal shadow/Induction at the Trust. Our overseas doctors can also benefit from our Cultural Support Workshops to help them adjust to working in a UK Hospital.

Our trust website provides full and current information – www.esht.nhs.uk. Please also note our dedicated Medical Education website pages www.esht.nhs.uk/medical-education which hold specific information relating to our Foundation Programme and more details on the individual specialties you might be interested in, and the types of support you can expect to receive from us, such as Careers advice.

Educational and clinical supervision
We realise that it can be hard to make the transfer from medical student to doctor and endeavour to support our FY1s as much as possible with this transition. We have a trainee support process in place to ensure that help is provided as soon as it is needed.

Teaching session
You will be supported during your 4 month rotation in your specialty of choice, learning key skills that can then be utilised for the rest of your career. Support will be provided by your dedicated educational supervisor, clinical supervisors, your programme lead as well as the larger specialty team. All of whom will give you regular constructive feedback on your progress and what you can do to improve. This will better
enable you to deliver core competences from the Foundation curriculum.

Trainee progress is reviewed via eportfolio, requiring the trainee to complete set modules by way of observation; direct supervision; independent practice; attendance at relevant training courses and events.

**Teaching programme**

The programme includes FY1 and FY2 formal weekly teaching sessions, monthly afternoon workshops, directed and self-directed personal learning, structured appraisal and assessments.

The teaching programme covers all aspects of the Foundation Curriculum. Foundation doctors are encouraged to participate in all learning opportunities both in the Education Centres and in clinical settings.

All Foundation Year 1 trainees are attached to a one-year programme. Our Foundation Programme management team consists of two Foundation Training Programme Directors, the Deputy Medical Education Manager who co-ordinates efforts and two Foundation Programme Administrators.

**Tasters**

These are arranged through the Foundation Administrators and all Foundation Doctors are encouraged to take up the opportunity to participate in taster time in their specialty of interest.

FY1s can request taster sessions during the final rotation of the year.

**Simulation**

We have fully equipped clinical skills rooms including Simulation suites in both Education Centres and plans are underway to expand our Simulation Programme and facilities.

Both sites run FY1 Simulation Training sessions (a requirement of the curriculum), which have been well received by the FY1 Doctors. FY2 simulation sessions are also run on both sites.

**Foundation doctor forums**

We encourage FY1s and FY2s to provide feedback throughout the year both formally and informally.

Trainee representatives for each year are nominated and they attend the Foundation Faculty Group Meeting as representative of their year group.

The FTPDs also hold individual meetings with the FY1s and FY2s throughout the year to discuss progress and ask for feedback. This trainee feedback is consistently taken into account when we are looking to make improvements to our Foundation Programme. Our aim is to provide a supportive environment where trainees can gain experience through facilitation and encouragement.

Our respective sited Medical Education Team have an “open door” policy where trainees are welcome to come and discuss anything relating to their training and post.

**Any additional information**

During the FY1 year we arrange for you to attend ILS, ALERT and Simulation Training. In FY2 we arrange for you to attend ALS and Simulation Training. Study leave for FY2s is available and details will be provided on starting.

There are 36 Foundation Year 1 rotations (FY1). Each rotation comprises 3 x 4-month posts. FY1 doctors may do night shifts, and are rostered for weekends and long days/evening shifts in the acute specialties.

FY1 rotations include General Medicine, Urology, Diabetes, Respiratory, Rheumatology, Cardiology, T&O, General Surgery, Gastroenterology, ITU and Psychiatry. Some posts also include time in the Acute Assessment Unit.

FY2 rotations include General Medicine, ENT, Palliative Care, Public Health, GP, Paediatrics, Urology, Psychiatry, Ophthalmology, T&O and Cardiology, Elderly Medicine, Respiratory, Diabetes and Emergency Medicine.

The FY2s in ENT are part of the Hospital@Night team doing 1:7 nights. FY2s work in ENT from 0900 – 1700hrs and then any out of hours is with the Hospital@Night team.

All FY1s are required to work nights in surgery. FY1s (dependent on their rota and subject to change for each new intake) can be on call. FY2s in ENT on both sites work a 1:3 on call for ENT 0900 – 1700hrs, but at weekends work in the Emergency Department 0830 – 2030hrs.

FY2 rotations include General Medicine, ENT, Palliative Care, Public Health, GP, Paediatrics, Urology, Psychiatry, Ophthalmology, T&O and Cardiology, Elderly Medicine, Respiratory, Diabetes and Emergency Medicine.

The FY2s in ENT are part of the Hospital@Night team in Surgery doing 1:7 nights. FY2s work in ENT from 0900 – 1700hrs and then any out of hours is with the Hospital@Night team.

All community placements include a day or half a day attachment per week in Emergency Medicine or ITU.

It is essential that you have a car for FY2 placements in Public Health (Lewes), Palliative Care, Psychiatry and some General Practice surgeries, which range from urban to rural or more coastal areas.

Due to reconfiguration of our service provision, T&O, Paediatrics and all of our Surgery rotations are based at the Conquest site.
Prospectus commencing August 2016

Epsom

There is a comfortable well-equipped doctors’ mess centrally located in the hospital, adjacent to the postgraduate centre.

Library facilities

Epsom and St Helier University Hospitals NHS Trust has two physical library sites, the Hirson Library and the Sally Howell Library. The Hirson Library is situated on the first floor in St Helier Hospital C block near the ECG department. The branch library in Epsom General Hospital which is called the Sally Howell Library is located on the second floor in the Wells Wing.

The Hirson Library is open from Monday to Friday from 9am to 5pm and the Sally Howell Library is open from Monday to Friday 9.30am to 4.30pm. Outside of the opening hours library users can get out of hours access to one or both libraries by paying a £20 refundable deposit for the fob to access the libraries.

All doctors in training can become members of both libraries by filling in a membership form and showing their Trust identification. The Library does not issue library cards which makes it easier to borrow books; all trainees need to remember to have their ID. Upon joining, library members can borrow up to six books from either library. Journals are not available to borrow but can be photocopied.

A literature searching service is available as well as training on how to effectively search the healthcare databases. Books and journal articles are sourced from other libraries if they are not available in either library. Both libraries have free WIFI access for use by up to five concurrent users per site.

Resources that are available with an Athens account include up-to-date and the medical health databases. Both libraries have free WiFi access for use by up to five concurrent users per site.

Resources that are available with an Athens username and password.

EPSOM AND ST HELIER UNIVERSITY HOSPITALS NHS TRUST

St Helier Hospital & Epsom General Hospital

St Helier Hospital
Wrythe Lane, Carshalton, Surrey, SM5 1AA
Epsom General Hospital Dorking Road, Epsom, Surrey, KT18 7EG

Switchboard
020 8296 2000 (St Helier Hospital)
01372 735735 (Epsom General Hospital)

Trust web site:
www.epsom-sthelier.nhs.uk

Key individuals

Associate Medical Director of Education and Training
Dr Shanthi Paramothayan

Director of Medical Education
Dr John Clark

Foundation Training Programme Directors
Ms Tharani Nitkunan (F1)
Dr Lindsey Stevens (F2)

Careers Tutors
Ms Tharani Nitkunan (F1)
Dr Lindsey Stevens (F2)

Medical Education Manager
TBC

Foundation Programme Administrator
Mrs Karen Saridis

Overview of trust

Epsom and St Helier University Hospitals NHS Trust was formed in 1999 when Epsom Health Care NHS Trust and St Helier NHS Trust merged. The trust owns and runs four hospitals: St Helier Hospital, Epsom Hospital, Sutton Hospital and Queen Mary’s Hospital for Children. Most foundation trainees are based at Epsom and/or St Helier hospitals.

Further details including a list of programmes and individual placement descriptions are available at: www.stfs.org.uk/trusts/epsom-and-st-helier-university-hospitals-nhs-trust

Facilities

Postgraduate Centre

There is a well-equipped postgraduate medical centre on each main hospital site (Epsom and St Helier) with videoconferencing facilities for cross site teaching.

Accommodation

Accommodation is available on site. For information contact the Accommodation Departments:

Epsom Hospital 01372 735281
St Helier Hospital 0208 296 3693

Social activities

The mess presidents on both the Epsom and St Helier sites organise a lively programme of events.

Doctors’ mess

St Helier

There is a comfortable well-equipped doctors’ mess centrally located in the hospital, adjacent to the postgraduate centre.

Epsom

There is a comfortable well-equipped doctors’ mess located on the floor below the postgraduate centre.

Epsom Hospital
Epsom is probably best known for nearby Epsom Racecourse, home of the Derby which is also used as a venue for concerts and functions, including on occasion the junior doctors’ summer ball.

The borough of Epsom and Ewell was named in August 2005 by Channel 4’s Location, Location, Location as the “Best Place to Live” in the United Kingdom.

The University for the Creative Arts has one of its five campuses in Epsom. The Laine Theatre Arts, an internationally renowned independent performing arts college, is based in the town. Students have included Victoria Beckham.

Leisure facilities in and around the town include the Ebbisham Centre, Epsom Playhouse theatre, Rainbow leisure centre, Odeon multiplex cinema; Horton Park children’s farm and Chessington World of Adventures.

**IT facilities**

**St Helier**
Junior doctors have access to 6 PCs in the Hirson Library and 6 PCs in the Doctors’ mess computer room. Scanning facilities are also available for scanning documents into e-portfolio.

**Epsom**
Junior doctors have access to 6 PCs in the Library, 4 PCs in the Study Rooms and 3 PCs in the Doctors’ mess. Scanning facilities are also available for scanning documents into e-portfolio.

**Other facilities**

**St Helier:**
St Helier is situated opposite St Helier Open Space, 11.6 Ha. of open green with three football pitches and a ball park.

**Epsom:**
At Epsom, the Restaurant and Coffee shop are located on the same floor as the Postgraduate Centre.

**Local amenities/attractions**

**St Helier:**
St Helier is very close to Sutton, a busy town with excellent shopping, a cinema and theatre, and fast trains to London.

**Epsom:**
Epsom is an attractive market town and former spa town, famous for its Epsom Salts. Nestled in leafy Surrey, Epsom is situated 18 miles southwest of London.

The compact town centre is 10/15 minutes’ walk from the hospital, and boasts an array of cafes, restaurants and shops including a shopping centre.

**Transport links**

**St Helier:**
A short bus ride will take you to Morden tube station on the northern line (fare zone 4) or to Sutton station which provides the easiest access, with frequent buses to the hospital. It has direct rail services running to and from Epsom, Croydon, London Bridge, London Victoria, Clapham Junction and Wimbledon.

Also running through Sutton is the Sutton Loop Thameslink line which links Luton and St Pancras International directly with the stations on the loop. St Helier is approximately 8 miles from London.

There is also a black cab rank outside Sutton station and the taxi journey takes about 5 minutes. The trust also operates a free hourly (Monday to Friday only) Shuttle service between the two main hospitals and Sutton Hospital.

**Epsom:**
Epsom General Hospital is a short walk from Epsom town centre.

There are excellent train and bus transport links with London, Sutton, Wimbledon, Kingston, Croydon, Leatherhead and Guildford. There are frequent trains to London Waterloo and London Victoria (the journey takes about 35 minutes).

**Parking arrangements**

Staff parking is available on all sites. An annual permit costs £15 and the daily charge varies from 60p to £2.40, dependent on salary. A staff member on a salary of £25-35,000 would pay £1.44 per day.
Acoladess/achievements of the trust
We are one of the best performing trusts in south west London and one of the most improved in London overall. We are meeting all of the key standards that the government sets for hospitals and the feedback we receive from patients is very positive.

Terms and conditions of employment
Contracts are issued before the Trust Induction event. They incorporate Terms and Conditions of Service of Hospital Medical and Dental staff as modified from time to time. Current copies of these Terms and Conditions can also be obtained from the Personnel Office.

All staff appointments are made subject to the receipt of satisfactory references and all initial appointments to the National Health Service are made subject to satisfactory medical and police clearance being produced. A medical examination may be necessary on initial appointment and periodically thereafter.

Any additional information
Epsom and St Helier University Hospitals NHS Trust was formed in 1999 when Epsom Health Care NHS Trust and St Helier NHS Trust merged. It provides services to approximately 420,000 people in southwest London and north east Surrey and provides more specialist services, in particular renal and neonatal intensive care, to a wider area. We cover some of the most prosperous postcodes in the country as well as some poorer areas and together with our colleagues at Surrey PCT and Sutton and Merton PCT strive to deliver the best possible care to the communities we serve.

The trust owns and runs three hospitals: St Helier Hospital, Epsom Hospital, and Queen Mary’s Hospital for Children. We also provide services from a number of other local hospitals. We have 11 renal centres throughout the area and the Elective Orthopaedic Centre (EOC) at Epsom which is operated by the Trust in conjunction with neighbouring trusts on a partnership basis and has grown to become the largest hip and knee replacement centre in the UK and one of the largest in Europe. The EOC is also rapidly becoming a major centre for shoulder surgery and hip arthroscopies as well as undertaking more than 1,000 minor orthopaedic procedures, most as day cases or short stay.

Most foundation trainees are based at Epsom and/or St Helier hospitals. Epsom Hospital serves the southern part of the catchment area and provides an extensive range of inpatient, day and outpatient services. It has an Accident and Emergency service with 44,000 attendances per year. It also undertakes all elective (pre-booked) inpatient surgery within the Trust. There is an extensive range of diagnostic and supporting services, including pathology, radiology (including CT, MRI and ultrasound) and vascular diagnostic services, and a busy modern purpose-built day care and day surgery unit. The site also includes an acute psychiatric facility operated by Surrey and Borders Partnership NHS Foundation Trust.

St Helier Hospital is the largest site within the trust and shares its site with Queen Mary’s Hospital for Children. The hospital has a comprehensive range of diagnostic facilities within pathology and radiology (including MRI and CT scanning, ultrasound and vascular diagnostic services), a busy Accident and Emergency department dealing with 80,000 attendances per annum, and a range of outpatient facilities. It undertakes all the emergency surgery in the Trust. The renal unit provides acute renal care and dialysis and is integrated with the St George’s Hospital transplantation programme.

The trust is currently considering proposals to demerge the two main clinical sites and all advertised training programmes will be subject to change pending the outcome of discussions regarding future arrangements and service delivery.

Queen Mary’s Hospital for Children - St Helier

For more information about the trust see the website www.epsom-stheler.nhs.uk.

Teaching programme
F1s have three hours of protected teaching each week on a Tuesday afternoon. This programme is run at St Helier Hospital.

F2s from all sites (including those in general practice) have their teaching all together on Wednesday mornings usually at St Helier. All foundation doctors are allocated an educational supervisor for the whole year and a careers adviser.

Tasters
A good selection of tasters are available including: Ophthalmology, microbiology, Chemical Pathology, Dermatology, GU Medicine, Immunology, Radiology, Audiology, O & G, Diabetes, A & E, Renal Medicine, Paediatrics, Anaesthetics, Cardiology, Neurology, Psychiatry, Palliative Care, Respiratory Medicine and Gastroenterology. Each taster is arranged collaboratively with the trainee and the programme outline is designed around the individual trainee’s needs.

Simulation
The trust boasts well equipped Simulation centres on both main hospital sites and also has mobile Simulation equipment. The trust runs an extensive programme of Simulation courses including a good variety of Resuscitation based courses.

Foundation doctor forums
Foundation Programme doctors representatives are elected for each year. They represent their colleagues in the Foundation Programme Faculty Group meetings and Junior Doctor Forum meetings.

Any additional information
The trust has 39 foundation year 1 programmes in general medicine, general surgery, haematology, orthopaedics, urology, palliative care and psychiatry. There are W36 F2 programmes, covering trauma and orthopaedics, general surgery including one post in surgery at the Royal Marsden Hospital, A&E, paediatrics, general practice, general medicine, renal medicine, ITU and obstetrics and gynaecology. Most programmes involve rotations on both main sites, Epsom General Hospital and St Helier Hospital.

For more information about the trust see the website www.epsom-stheler.nhs.uk and for information on any aspect of foundation training at Epsom and St. Helier university Hospitals NHS Trust please contact:

Mrs Karen Saridis
020 8296 3219 /01372 735175
karen.saridis@esth.nhs.uk
FRIMLEY HEALTH NHS FOUNDATION TRUST

Overview of trust
Further details including a list of programmes and individual placement descriptions are available at: www.stfs.org.uk/trusts/frimley-park-hospital-nhs-foundation-trust

Facilities
Postgraduate Centre
There is an excellent purpose built Postgraduate Education Centre which is the hub for Clinical Medical Staff. The PGEC has its own restaurant which is well used by all medical staff in the Trust and local General Practitioners. All of the seminar rooms are well furnished and equipped. The Centre also has a purpose built simulation suite. The lecture theatre, skills room and seminar rooms all have live links to theatres, endoscopy and radiology.

Accommodation
The Trust has a limited amount of accommodation on site for medical staff.

Social activities
These are mainly organized through the doctor’s mess and include a Ball. There is a social induction in August for all FY1s including a BBQ & Bowling night.

Doctors’ mess
There is a well-equipped, purpose built doctor’s mess in the middle of the hospital grounds.

Library facilities
The Health Services library is situated above the PGEC. It provides a wide range of services and also houses a PC suite. There is 24 hour access to the HSL and its IT.

IT facilities
Wi-Fi is installed across the Trust.

Other facilities
A newly equipped gymnasium is situated adjacent to the mess. A small monthly fee is payable.

Local amenities/attractions
Frimley is a small town 5 minutes’ walk away with the usual local amenities including a supermarket, restaurants and public houses. Camberley, Guildford and Windsor are easily accessible with more nightlife and cultural activities.

There is a fast train service to London Waterloo from nearby Farnborough Main Station which takes under 40 minutes.

Transport links
The hospital is situated just off junction 4 of the M3 with quick and easy access to London. The south coast is just an hour’s drive away. There is a direct 35 minute rail access from Farnborough to Waterloo.

Parking arrangements
There is limited on-site parking with priority given to clinical staff. A small monthly charge is made for parking.

Accolades/achievements of the trust
Frimley Park Hospital is the first in the country to be rated as ‘Outstanding’ overall by England’s Chief Inspector of Hospitals, Sir Mike Richards. The report published on 26 September 2014 follows a thorough inspection of all areas of the Trust by a team of inspectors from the Care Quality Commission in November ‘13, July and August ‘14. The report can be viewed in full on the following link www.cqc.org.uk/location/RDU01 or www.cqc.org.uk/sites/default/files/new_reports/AAAA2970.pdf

There has been a recent extension at Frimley Park Hospital which includes an emergency department (ED) with 25 separate rooms for the sickest patients and one of the biggest resuscitation areas in Europe. It is part of a £22m extension which includes a large day surgery unit and air ambulance helipad.

FPH was delighted to be awarded the title Trust of the Year for the South of England in the new Dr Foster Hospital Guide. FPH was also named in the top five in the new MHP Health Mandate quality index rating based on what matters most to patients, our Board was named Kent, Surrey and Sussex Board of the Year, we achieved a prestigious ‘Bronze’ accolade when we regained Investors in People status, and the Care Quality Commission gave us the best
possible risk rating when assessing trusts for their new inspection regime.

In national surveys published by the CQC this year, cancer patients, adult inpatients and maternity patients rated our services very highly and we fared very well in the new Friends and Family tests and with online patient feedback. There is an on-going programme of development the most recent of which was the opening of our new Neonatal unit in December 2013.

Terms and conditions of employment
All doctors are employed under the BMA Code of Conduct terms and conditions on link below. www.bma.org.uk/employmentandcontracts/index.jsp

Any additional information
As of the 1st October 2014 Frimley Park has acquired Wexham Park Hospital in Slough to become “Frimley Healthcare Foundation NHS Trust”. This will not initially affect the Foundation Programme which we will be maintaining in the 2 hospitals separately.

Frimley offers 5 Innovative Posts (2 years 1 Trust).

Foundation programme specific information

Induction/shadowing arrangements
Induction begins with a validation meeting after appointment in April/May. Shadowing starts for all FY1s on Monday 25 July 2016 and includes an introduction to key Foundation personnel, Corporate Induction, ALERT Course & ward shadowing. There is also a social Induction which includes a meal in the Postgraduate Centre with awards to outgoing FY1s and Bowling Night.

Educational and clinical supervision
All Foundation trainees will be allocated an educational supervisor in the first specialty they work in. Consultants in subsequent specialties will act as clinical supervisors. You will also be offered regular meetings with the TPD and Careers Lead during your year.

Teaching programme
The Trust currently has 36 FY1s and 36 FY2s, this includes several fully integrated military posts. All rotate through 3 specialties for a period of 4 months each.

Foundation trainees have individual appointments with the FY1/FY2 Programme Directors in each rotation and also meet with the trust Careers Advisor. Trainee input to the Foundation Faculty meetings is encouraged and 2 FY1 and 2 FY2 representatives attend each meeting.

FY1 have an hour’s lunch time teaching on each Tuesday and a full day curriculum based teaching session every other month. All trainees undertake an ALERT course and ILS during their F1 year.

FY2 have a monthly curriculum based study day and all undertake an ALS and PLS course during their F2 year.

Foundation trainees are encouraged to begin audit presentations and are well supported in this work by the Clinical Audit Department. There is an annual Regional FY2 Quality Improvement Competition held in the PGEC.

Tasters
Tasters are available to FY1s, on a first come first served basis, for up to 5 days, although this study leave will be deducted from the F2 allowance. FY2s may apply for 5 day tasters up to twice in their placement.

Simulation
All FY1s & FY2s will be offered 2 simulation training sessions using a combination of a high fidelity adult sized manikin, a high fidelity baby manikin and actors in our purpose-built simulation suite which consists of three rooms: a sim-theatre, a control room and a teaching room. The sim-theatre is equipped with multiple ceiling mounted cameras and microphones, both to allow viewing of the sim-theatre from the teaching room on the screen as the simulation unfolds, but also to aid in debriefing.
Overview of trust
Further details including a list of programmes and individual placement descriptions are available at: www.stfs.org.uk/trusts/guys-and-st-thomas-nhs-foundation-trust

Facilities

Postgraduate Centre
The Postgraduate Centre is located on both the Guy’s and St Thomas’ Hospital sites.

St Thomas’ Hospital
We have a dedicated Education Centre based on York Road just a few minutes from St Thomas’ Hospital. The foundation programme administration team are based in the centre where trainees are welcome to pop in to discuss queries.

The Education Centre has a number of seminar and training rooms of various sizes catering for a variety of training needs including video-conferencing, phone conferencing, SmART board technology, Blu-ray and DVD. There are also three training rooms set out like wards for scenario based training.

Simulation and Interactive Learning Centre
We have a state-of-the-art dedicated patient simulator training facility at St Thomas’ Hospital. The centre hosts a mock consulting room, a six-beded ward/clinical skills training space, an operating theatre/2-beded ICU ward, a home environment and a surgical simulation room.

The simulation facilities offer the use of several computer-controlled whole body manikins which breathe, talk, have audible heart and lung sounds, a measurable pulse rate and can even be given drugs and fluid. Using these excellent facilities, trainees have the unique opportunity to experience real-life healthcare scenarios.

Guy’s Hospital
The Sherman Education Centre is based at Guy’s Hospital. There is a lecture theatre with video-conferencing facilities, and two seminar rooms and a meeting room. The weekly FI teaching and Medical Grand Round are video-linked to Sherman lecture theatre to allow trainees based at Guy’s Hospital to attend more easily.

There is also a simulation training space in Sherman Centre at Guy’s Hospital which includes a simulation training lab and a large surgical simulation room.

Accommodation
On-site hospital accommodation is available for F1s and F2s subject to availability. The accommodation for Foundation Doctors is mainly located at St Thomas’ hospital:

Current rates*
Room in shared flat – from £500
Room in refurbished flat – from £800
All tenants share a communal kitchen and bathroom. Rent includes all utility bills but doesn’t include TV licence or wifi (*subject to change)

Social activities
Every year a Foundation Programme mess President is elected. The mess President organises a host of activities including:

- Monthly mess parties
- Annual Review at Christmas
- Summer ball

Doctors’ mess
Mess facilities are available on both St Thomas’ Hospital and Guy’s Hospital site.

The mess is very active and organises monthly mess parties, Christmas “House Officers Review” and a summer ball. Subscription is £15 per month.
Membership prices start at £15 per month.

There is also access to KCL Medical School sports grounds by arrangement.

Local amenities/attractions
Guy’s Hospital and St Thomas’ Hospital are both located at the heart of central London with easy access to restaurants, bars, theatres, cinemas, clubs, museums, shops, parks and much more!

Guy’s Hospital:
On site – several AMT coffee shops, canteen and a well stocked hospital shop.
Immediate vicinity – Shard, Borough market, River Thames, numerous restaurants, bars and shops.

St Thomas’ Hospital:
On site – M&S food, WH Smith, chemist, several restaurants/cafeterias and a gift shop.
Immediate vicinity of: Big Ben, London Eye, Southbank, River Thames, numerous restaurants, bars and shops.

IT facilities
Junior doctors have access to Trust computers in most clinical departments and wards. There are also computers available for use in the postgraduate centres, doctors’ mess, libraries and the Knowledge and Information Centre (KIC) in St Thomas’ Hospital. Some clinical areas, Sherman education centre and the libraries have access to KCL computers.

Transport links
Both hospitals have excellent transport links within London and surrounding counties, the whole of the UK and the continent.
Guy’s Hospital: easy access to underground and overground via London Bridge as well as bus routes.
St Thomas’ Hospital: easy access to underground (via Westminster, Waterloo and Lambeth North), overground (via Waterloo and Waterloo East) and bus routes.

Parking arrangements
Limited parking facilities are available on both sites. Parking permits can be applied for.

Accolades/achievements of the trust
In 2013 the Dr Foster Hospital Guide named us Trust of the year for Safe Care. We are also in the top three Trusts for research; with 422 research studies in 2013-14.
We have one of the largest capital investment programmes in the NHS and are making significant investments in our buildings, IT and medical equipment, for the benefit of patients.

Terms and conditions of employment
The post is subject to the Terms and Conditions of Service NHS medical and Dental staff.
Current copies of these are available on the NHIS employers website.

All staff appointments are made subject to the receipt of satisfactory references, occupational health clearance and criminal clearance. A medical examination may be necessary on initial appointment and periodically thereafter.

Any additional information
The Guys & St. Thomas’ Foundation Trust is one of the largest Trusts in the NHS with an annual turnover of £1.24 billion and 2 million patient contacts per year; including 866,000 in community services, 83,000 inpatients and 1.03 outpatients.

The Trust comprises two of London’s oldest and best known teaching hospitals, which have a long history dating back almost 900 years.

We provide a full range of hospital services for our local communities in Lambeth, Southwark and Lewisham, as well as specialist services for patients from further afield, including cancer, cardiothoracic, women’s and children’s services, kidney care and orthopaedics. We have one of the largest critical care units in the UK and one of the busiest A&E departments in London.

We have a strong track record for clinical excellence, teaching and research, and financial management. Our Fit for the Future programme aims to improve further our efficiency without compromising quality and safety.

Foundation programme specific information

Induction/shadowing arrangements
All F1s will be employed from Monday 25th July 2016. You will receive approximately two and a half days of a useful and relevant Trust induction which includes practical scenario training, electronic patient records training, workshops and talks from a variety of people relevant to being an F1. The induction is well evaluated. In addition to this there is an online induction specifically designed for junior doctors.

You will also have approximately 4.5 days to shadow the current F1 and meet with the clinical team.

Educational and clinical supervision
All F1s are assigned an educational supervisor for the full year. This is usually a consultant who will be working with in your first placement. You will also be assigned a clinical supervisor in each four month placement. In addition to this you will be assigned a Foundation Training Programme Director who will meet with you at least twice during the year to check you are on track and discuss careers.

Teaching programme
F1s receive 1.5 hours weekly teaching which is usually presented from St Thomas’ Hospital but is video-linked to Guy’s Hospital (occasionally vice versa). The format is designed to be case based and interactive.

Library facilities
Library facilities are located on both hospital sites and are part of the King’s College London (KCL) system. Once registered you have access to:
  - All KCL libraries
  - Borrow books and reference only items
  - KCL computers
  - Onsite access to many of the college’s journals
  - Printing, photocopying and scanning
  - Individual and group study areas
  - Print and electronic document delivery/inter-library loans
  - Help desks with qualified staff who offer advice and assistance

Opening hours:
St Thomas House:
Monday – Friday 9:30am – 5:30pm

New Hunts House (Guy’s):
Monday – Friday 8:30am – 01:00am*; Saturday 10am – 01:00am* (*manned until 8:30pm Monday – Friday and 6pm Saturday and Sunday. After these times, open for self service and reference use only.)

Please see the following website for further details: www.kcl.ac.uk/iss/library

IT facilities
Junior doctors have access to Trust computers in most clinical departments and wards. There are also computers available for use in the postgraduate centres, doctors’ mess, libraries and the Knowledge and Information Centre (KIC) in St Thomas’ Hospital. Some clinical areas, Sherman education centre and the libraries have access to KCL computers.

Trust emails can be accessed from home via webmail.
WiFi access is available throughout Guy’s Hospital and St Thomas’ Hospital.

Other facilities
There are fitness centres at both Guy’s Hospital and St Thomas’ Hospital. Both offer excellent equipment combined with knowledgeable staff able to advise you on your own personal programme. There is also a 25m swimming pool at Guy’s Hospital.

There is a range of classes available including: functional training, jitsu, abs and stretches, yoga, abdominal blast, circuit training and qi gong.

Membership prices start at £15 per month.

www.stfs.org.uk | 61
F1s are also expected to attend:
- ALERT
- Simulation for Foundation Doctors
- Getting Clinical Audit Right half day workshop
- Medicine and the Law half day workshop
- Leadership half day workshop and elearning
- Equality and diversity elearning
- Prescribing elearning

F2s receive a half day themed training session every month as well as a variety of mandatory courses.

Tasters
Foundation doctors are allowed to use up to 5 days for a Taster. Guy’s and St Thomas’ NHS Foundation Trust offers a full range of hospital services as well as specialist services, so our foundation doctors are usually able to find a suitable taster. As a foundation doctor within the Trust you can really make the most of a taster as you can usually get involved with the patients and the clinical team.

Simulation
- GSTT has a state-of-the-art simulation centre
- All FY1&2 receive interprofessional high fidelity simulation training
- All FY2s receive simulation faculty training to teach on the undergraduate simulation courses for final year medical, nursing and midwifery students.
- There are usually other optional simulation events that foundation doctors are allowed to attend for free.

Foundation doctor forums
In August we invite F1s and F2s the opportunity to apply to become a Foundation Programme rep. Due to our large cohort of F1s and F2s we usually have at least 6 F1s and 6 F2 who are allocated a smaller number of foundation doctors to represent. The reps are responsible for:
- Gaining feedback from your foundation doctor colleagues
- Being a contact point for your small group of foundation doctors
- Working with the specialties to address issues raised from trainees.
- Attending a foundation programme reps meeting
- Attending the Foundation Faculty meeting (3 per year) to feedback trainee issues and engage with developing the foundation programme at GSTT
- Attend ad hoc meetings as requested
- Allocated projects to be involved with i.e. teaching programme design, IT projects, community involvement etc.
- Providing foundation doctor views on potential changes

Any additional information
We have 60 F1s and 76 F2s at Guy’s and St Thomas’ Hospital. The placements include a variety of medical, surgical, psychiatry and community placements. We are currently engaging with community services to offer foundation doctors the opportunity to attend meaningful placements in line with Broadening the Foundation Programme.

The MedEd programme at Guy’s and St Thomas’ Hospitals brings foundation doctors and undergraduates together for mutual benefit. It has with two overarching aims:
1. Strengthen rapport between medical students and junior doctors
2. Place increased importance on the value of bedside teaching

A pair of foundation doctors tutors is assigned a group of 4-6 students via the King’s College London Virtual Campus. Each week they meet and practice basic clinical examinations on ward patients. The program officially incorporates six sessions, and hundreds of Phase 3 students and junior doctors have participated thus far. A key emphasis is on two-way individualized feedback – summative reports on each student can be sent to Firm Heads at the end of the programme. Conversely, students are able to nominate their tutors for Tutor of the Term Awards, whereby the best testimonials are posted up on a public hospital noticeboard and a prize is usually given to the Best Tutor of the Year and a runner up.

More than 90% of students consistently report improved examination skills and confidence with patients. 80% of tutors report increased confidence in teaching and for those seeking more formal training, a full-day course (Preparing for Clinical Teaching) has been developed specifically for Foundation Year 1 (FY1) doctors participating in MedEd. This utilises the expertise of ‘patient educators’ with real physical signs, who provide invaluable feedback to both FY1 tutors and medical students.

“The MedEd course has rapidly become absolutely crucial to the Yr 3 experience.” - Dr David Treacher, Sub-Dean KCL School of Medicine and Consultant in Intensive Care at Guy’s & St Thomas’.

Guy’s & St Thomas’ Hospitals
continued
Overview of trust

Further details including a list of programmes and individual placement descriptions are available at: www.stfs.org.uk/trusts/kings-college-hospital-nhs-foundation-trust

Facilities

Postgraduate Centre

There is a purpose-built Postgraduate Conference Centre providing a venue for postgraduate medical and dental activities within the Trust. The Centre comprises a fully equipped lecture theatre and three seminar rooms:

Bill Whimster lecture theatre

Seats 80 people, equipped with latest audio-visual equipment and video conferencing.

Clare Vaughan seminar room

Seats 60 people with audio-visual equipment available. There is an acoustic partition dividing the area into 30/30 seating capacity.

Jan Welch teaching room

Seats 40 people with audio-visual equipment available and video conferencing.

Simulation Facility

Seats 15, audio-visual facilities available.

The Buttery

Refreshment area, seats 35 at small round tables. Catering is supplied by King's College London.

Accommodation

The accommodation office can assist FY1 trainees in sourcing housing association properties and should contact the accommodation office with their requirements. Accommodation Team telephone number - 020 3299 3400.

Social activities

We have a very pro-active Doctors Mess Committee who are keen for those subscribing to have plenty of opportunity to socialise and unwind, including a football society, and monthly evening events.

Doctors’ mess

The Doctors’ Mess at King’s provides a relaxing environment for our doctors, with SKY, a kitchen regularly stocked with fresh fruit, bread and milk, and newspapers. A number of social events throughout the year. There is also an opportunity for junior doctors to be members of the Mess Committee.

Library facilities

As an employee of King’s College Hospital you will have access to the Information Services & Systems (ISS) at King’s College London. This service provides integrated IT and information services enabling access to an extensive range of tools and research and teaching resources. Within the Weston Education Centre we have one of the five Information Services Centers and libraries, which are located across the five main campuses offering subject-specific resources with help and advice from qualified staff.

Information Specialists work to ensure students and researchers can locate the most up to date resources available – either online or in print. We aim to provide a world-class research service and 24/7 access to e-resources.

Underpinning this drive towards 24 hour access is the College’s IT infrastructure. ISS maintains the desktop network and telephony system throughout the College. Audio Visual services are also part of the portfolio. Through the three year Connected Campus project, now in its second year, ISS are facilitating greater connectivity across campuses to offer increased access to research resources and enhanced opportunities for collaboration.

IT facilities

Within the Mess there is a separate room where there are 5 web-enabled PCs and a networked printer.

Local amenities/attractions

Close proximity/easy access to Central London and Dulwich Village.

Transport links

King’s is located in Camberwell in central London, with good public transport links.
Parking arrangements
Demand for car parking spaces at King’s greatly exceeds supply and you are strongly urged to use public transport where possible. Demand for staff parking permits greatly exceeds supply and we have a strict points system for awarding permits to those members of staff who require them.

Accolades/achievements of the trust
King’s College Hospital is part of a pioneering global collaboration, King’s Health Partners Academic Health Sciences Centre (AHSC). This collaboration between one of the world’s leading research-led universities, King’s College London, and three of London’s most successful NHS Foundation Trusts, King’s College Hospital and Guy’s and St Thomas’ is an exciting opportunity. The driving purpose of which is to continually seek and bring about swifter and more effective improvements in health and well-being for our patients in London and people everywhere. Combining the best of basic and translational research, clinical excellence and world-class teaching to deliver ground breaking advances in physical and mental healthcare.

King’s College Hospital has become the first major acute hospital in the UK to be awarded the Investors in People (IIP) Gold Standard award. Investors in People is a national quality standard awarded to well-run organisations which demonstrate good management practice with a high emphasis on best practice people management and development. King’s first achieved Investors in People status in 1999, but this is the first time it has been recognised with the Gold award – a significant achievement. The Gold award is only given to those organisations which are able to demonstrate a degree of excellence in the way they develop and support their staff. Executive Director for Workforce Development at King’s commented; “Achieving Gold standard is a tremendous achievement for the Trust. Our people are at the heart of everything we do for our patients at King’s. Their individual skill and commitment are crucial in delivering quality services; we want our staff to continue to feel supported and valued, whatever their role, and we will continue to help them develop their potential.”

Terms and conditions of employment
The post is subject to the terms and conditions of employment as set out by the Trust and can any clarification can be obtained from the Medical Staffing department at the time of appointment.

Any additional information
King’s College Hospital is a large teaching hospital and NHS Foundation Trust situated in South Central London. It provides healthcare for residents of a densely populated surrounding locality, as well as many tertiary services for South-East England and beyond.

Our Department is based within the Weston Education Centre, situated next to King’s College Hospital, Denmark Hill. This affords us the luxury of a well-equipped Postgraduate Conference Centre, within close proximity of the library facilities of Kings College London as well as the King’s Hospital.

Foundation programme specific information
Induction/shadowing arrangements
At King’s we provide the FY1 trainees with 7 days of shadowing and key Induction elements. The week long experience provides the opportunity for trainees to work alongside the FY1 from whom they will be taking over from and gain an insight into the role and responsibilities of a junior doctor. To have firsthand experience of working with other members of the multidisciplinary team, communicating with patients and developing an understanding of how the NHS generally works. They also have key induction training on ILS, ALERT, EPR, EPMA, Infection Control and e-Portfolio.

Educational and clinical supervision
Trainees are allocated an educational supervisor for the year and for each placement they are placed with the lead consultant of their team for Clinical Supervision.
Teaching programme

We have had 51 FY1 and 40 FY2 trainees at King’s. Both F1 rotations and FY2 rotations consist of three 4 month placements. All FY2 rotations include an Emergency Medicine placement.

There is protected, bleep free teaching for all FY1’s at lunchtime once a week, in addition there are several half-day workshops along the year. The FY2 teaching programme includes ALS, a two day ‘FY2 Professional Development’ course, specialised career sessions, interactive clinical teaching and access to a multitude of specialty teaching programmes across the Trust. We also host a Careers Fair each year where our more senior doctors spend time talking to trainees about careers and their experiences. This event is well evaluated by our foundation trainees.

Trainees also can access our more generic courses like Teaching the Teachers. There is a substantial team within the Department of Postgraduate Medical and Dental Education (PGMDE), several of whom work almost exclusively for the Foundation Training Programme. Although we have a large number of Foundation Trainees, we pride ourselves on looking after the individual needs of each of them.

Tasters

All Foundation trainees have the opportunity to do a ‘taster’ of their choice in any specialty within the Trust, or outside the Trust if necessary. For further information and guidance please see the STFS website.

Simulation

Simulation training is provided at King’s College Hospital in a dedicated simulator training facility, simulation training sessions are mandatory for all F1 and F2 trainees. Trainees will also be given the opportunity to become involved as part of the faculty.

Foundation doctor forums

Quarterly foundation forums are held for the FY1 and FY2 trainees and Representatives from both years are asked to attend. Trainee representatives are also invited to attend the Medical & Dental Education Committee meetings, which are held on a quarterly basis.

Any additional information

PGMDE held their recent annual Foundation Training Programme Awards Ceremony in July 2015 for the FY1 & FY2 trainees and incoming FY1. We were proud to have amongst us distinguished guests who gave inspirational talks to the Foundation trainees. These included the Chief Executive and Executive Board Members. Certificates of Merits were awarded from South Thames Foundation School for contribution and progress in Learning Portfolio, Audit, Teaching and Leadership and an Outstanding Trainee of the year. Trainees were also awarded by King’s for their leadership skills, leadership projects and for those who were truly outstanding. Alongside these merits the trainees acknowledged the hard work of the Trainers; awards were also presented to those Trainers who have provided teaching and support to the foundation trainees throughout the year. There was also an impressive display of Audit and Leadership project posters and everyone was awarded a prize. These merits/awards are agreed by the Foundation Training Faculty who works hard to ensure that trainees progress and are given the right support and wish to acknowledge outstanding trainees.
Overview of trust

Further details including a list of programmes and individual placement descriptions are available at: www.stfs.org.uk/trusts/kings-college-hospital-nhs-foundation-trust

Accommodation

The hospital has two accommodation sites. On site is Clarence Lodge which contains the Doctors Mess. The Hospital also has accommodation at Bertha James Court, which is located 5 min walk from Bromley Town Centre. Numerous Bus routes go via Bertha James Court to the Hospital taking 15-20 mins in rush hour and are approx 1 every 5-10 min.

Social activities

We have an active Mess Society which hosts monthly events at a variety of nights out, either locally or in London. Previous nights out have included hiring booths/tennis tables at Bounce, Holborn, and an end of year Masked Ball on a hired boat along the Thames. Attendance at these is very high and welcomed by the doctors who are here for long term.

Doctors’ mess

The doctors’ mess at PRUH provides a relaxing environment for our doctors. A number of social events through the year. There is also an opportunity for junior doctors to be members of the Mess Committee.

IT facilities

The Cyber Café located in the Education Centre and the computers in the library are available for use by staff in spare time. We also have an Information Skills Trainer who is available for teaching sessions in our IT Training Suite.

Local amenities/attractions

Bromley High Street is a bus ride away and contains the Glades Shopping Centre as well as the main High Street having a large variety of shops. The hospital backs onto a large Sainsbury’s which can be reached by walking through a direct cut-through into the car park, Locksbottom High Street located by Sainsbury’s contains a variety of small shops, café’s and restaurants including a Michelin Star Restaurant – Chapter One.

Central London is reachable via train, and all attractions in Kent are reachable due to us being located on the A21 and Junction 4 of M25.

Transport links

The Hospital is located near a vast number of Bus Routes that can reach the majority of the surrounding areas (Croyden, Bromley, and Orpington). Orpington station is 24 mins from Charing Cross and 17 min from London Bridge, while Bromley Station is 17 min from London Victoria. Both stations are a bus ride away, and commuting from Central London takes 40-50 min.

Facilities:

Postgraduate centre

From 1st October 2013 King’s formally took over responsibility for the Princess Royal, Orpington Hospital and some services on other former South London Healthcare Trust sites.

Tim Smart (King’s Chief Executive) stated in a recent briefing that ‘this is an incredibly exciting time for all of us’ and that he is ‘optimistic about the future of the new, expanded organisation’. Full integration of the two organisations will take time but staff will be kept informed and play an active part in working together for the benefit of our patients.

The Postgraduate Centre is located opposite the main hospital. Inside there is a restaurant which is for staff only as a sanctuary to relax for lunch. It also contains our library which includes quiet study areas available 24/7 via out of hours access and a modern 15 computer Cyber Café. The Postgraduate Centre also includes the large Lecture Hall. Next door is the Education Centre Annexe containing Seminar Rooms, an IT Training Suite and our Clinical Skills Lab. Built into this is the Simulation Centre where each trainee gets a full simulation training day.
Parking arrangements
Please refer to Trust Policy. Demand for car parking spaces greatly exceeds supply and you are strongly urged to use public transport where possible.

Accolades/achievements of the trust
King’s College Hospital is part of a pioneering global collaboration, King’s Health Partners, which demonstrates good management practice with a high emphasis on best practice people management and development.

King’s College Hospital has become the first major acute hospital in the UK to be awarded the Investors in People (IIP) Gold Standard award. Investors in People is a national quality standard awarded to well-run organisations which demonstrate good management practice with a high emphasis on best practice people management and development.

King’s first achieved Investors in People status in 1999, but this is the first time it has been recognised with the Gold award - a significant achievement. The Gold award is only given to those organisations which are able to demonstrate a degree of excellence in the way they develop and support their staff, Angela Huxham, Executive Director for Workforce Development at King’s commented; “Achieving Gold standard is a tremendous achievement for the Trust. Our people are at the heart of everything we do for our patients at King’s. Their individual skill and commitment are crucial in delivering quality services; we want our staff to continue to feel supported and valued, whatever their role, and we will continue to help them develop their potential.”

Foundation programme specific information

Induction/shadowing arrangements
At King’s we provide the FY1 trainees with a mandatory week of shadowing and key Induction elements which is fully funded. The week long experience provides the opportunity for trainees to work alongside the FY1 from whom they will be taking over from and gain an insight into the role and responsibilities of a junior doctor have firsthand experience of working with other members of the team, communicating with patients and developing an understanding of how the NHS generally works. They also have key induction training on ILS, ALERT, EPR, EMPS, Infection Control and e-Portfolio.

Educational and clinical supervision
Trainees are allocated an Educational Supervisor for the year and for each placement they are placed with the lead consultant of their team for Clinical Supervision.

Teaching programme
There is protected, bleep free teaching for all F1’s at lunchtime once a week. The F2 teaching programme includes ALS, ‘F2 Professional Development’ course, specialised career sessions, interactive clinical teaching and access to a multitude of specialty teaching programmes across the Trust. We also host a Careers Fair each year where our more senior doctors spend time talking to trainees about careers and their experiences. This event is well evaluated by our foundation trainees.

Trainees also can access our more generic courses like Teaching the Teachers. There is a substantial team within the Department of Postgraduate Medical and Dental Education (PGMDE), several of whom work almost exclusively for the Foundation Training Programme. Although we have a large number of Foundation Trainees, we pride ourselves on looking after the individual needs of each of them.

Any additional information
King’s College Hospital is a large Teaching Hospital and NHS Foundation Trust situated in South Central London. It provides healthcare for residents of a densely populated surrounding locality, as well as many tertiary services for South-East England and beyond.

Tasters
We offer a taster week to our F2’s in their first rotation or to the F1’s in their last rotation. Taster weeks can be completed in all major specialties, as well as some more obscure ones such as Radiology, Dermatology, O&G and Psychiatry. Trainees will also be given the opportunity to become involved as part of the faculty.

Simulation
Simulation training is provided at King’s College Hospital in a dedicated simulator training facility, simulation training sessions are mandatory for all F1 and F2 trainees. Trainees will also be given the opportunity to become involved as part of the faculty.

Foundation doctor forums
Quarterly foundation forums are held for the F1 and F2 trainees and Representatives from both years are asked to attend. Trainee representatives are also invited to attend the foundation Faculty meetings, which are held on a quarterly basis.
Overview of trust

Further details including a list of programmes and individual placement descriptions are available at: www.stfs.org.uk/trusts/kingston-hospital-nhs-trust

Facilities

Postgraduate Centre

The Postgraduate Medical Centre (PGMC) is purpose built, located on Level 5 of Kingston Surgical Centre. The centre has audio-visual facilities. There are two Lecture Theatres which can be opened up into one room holding up to 150 people and eight other Seminar Rooms of different sizes. All rooms have AV equipment and Smart Boards. There are also video-conference facilities available. There are three Clinical Teaching rooms – a Resuscitation room, Mock Ward and Clinical Skills room.

Accommodation

All accommodation is situated on the Hospital campus and includes 78 rooms, of which 60 are en-suites. The accommodation blocks are Averill House, Burley House and Cecil House. Averill House and Cecil House offer en-suite rooms sharing kitchen/diner facilities with 4 other bedrooms.

Burley House offers 18 bedrooms in shared accommodation - 6 bedrooms per flat – with shared bathroom and kitchen/diner facilities.

Charges are as follow:

- Burley House - £499.00* per calendar month - including gas, electricity, water, Council Tax, Wi-Fi and broadband.
- Averill House and Cecil House - £550.00* per calendar month - including gas, electricity, water, Council Tax, Wi-Fi and broadband.

We do not charge a deposit for our accommodation.

The accommodation is managed by Viridian Housing from their offices at St Peter’s Hospital in Chertsey (tel: 01932 722 958, 8.30am-4.30pm Mon – Fri). Staff are available on-site at Kingston approximately one day per week. Further information about Viridian Housing is available via www.viridianhousing.org.uk

*Prices correct at Oct 2015.

Social activities

Various social activities are arranged via the Doctors’ mess, including nights out and the annual Hospital Ball.

Doctors’ mess

The Doctors’ Mess is located on Level 2 of Kingston Surgical Centre. There is a large seating area with SKY TV, a kitchen (microwave, toaster, panini maker), 8 computer stations, toilet, shower separate male/female and locker facilities.

Subscription is £10 per month. Fees are used to cover the SKY subscription and to provide tea, coffee, bread and jams/spreads, biscuits, ham/cheese for members use.

Library facilities

Stenhouse Library is located on Level 5 of Kingston Surgical Centre and is open Monday to Friday between 9am and 5pm, with 24-hour access to a Study Room.

Members of the library can access a wealth of medical and health information from the books, journals and databases available at the facility. In addition, and to help with the needs of clinical governance and evidence based medicine, the librarians are able to:

- conduct literature searches with you or on your behalf,
- provide training on retrieving medical and health information from the internet,
- hold workshops on database searching (e.g. MEDLINE, CINAHL).

IT facilities

Kingston Hospital has an excellent IT department and provides both online and telephone support for all the Trusts’ IT needs. Kingston Hospital uses the Cerner Millennium Care Records Service solution with electronic ordering/results for Pathology and Radiology tests.

Other facilities

Honey Bees Nursery Staff Nursery is the Trusts on-site day nursery. This offers places for up to 81 children between the ages of 3 months and...
Local amenities/attractions

Kingston Hospital is in an attractive part of Surrey and is within easy reach of Central London, Richmond Park, the river Thames, the historic Royal Borough of Kingston-upon-Thames, and open countryside.

Kingston Town Centre has a large shopping area and plenty of restaurants some of which are located by the river Thames. There are two or three nightclubs and plenty of pubs and wine bars.

Richmond Park is opposite the Hospital and you can get to Richmond, Ham and Roehampton through the park.

Transport links

Transport and travel information is available on the Trust website.

Parking arrangements

A managed car parking scheme operates at Kingston Hospital NHS Foundation Trust. The number of car parking spaces on site is limited so eligibility criteria are in place. There are two main types of staff permit available: Red Permits and Yellow Permits. Red Permits allow access to the Essential Users Car Parks and are available to staff who undertake three or more off-site commitments per week. Yellow Permits are available for staff living more than 50 minutes from the hospital by public transport (according to Transport for London website).

Daily parking permits are also available for occasional car park users as well as off peak permits for weekend workers.

Terms and conditions of employment

www.nhsemployers.org/ SiteCollectionDocuments/Doctors_training_model_contract_2007_cd_160209.doc

Accolades/achievements of the trust

Kingston Hospital became an NHS Foundation Trust on the 1st May 2013 and is now known as Kingston Hospital NHS Foundation Trust.

The Hospital is the first acute Trust to be licensed since April 2012 and the first to become a Foundation Trust (FT) in South West London.

Becoming an FT is a seal of approval for the high quality patient care we are all committed to delivering at Kingston Hospital and we are now looking forward to planning an exciting future for the Trust. Our Council of Governors is now fully established and we are particularly looking forward to working with them to ensure we listen to the needs of the communities and patients they represent when planning our future and developing our services.

We are proud of our reputation as the largest single site District General Hospital with the second largest maternity unit in London and the Hospital’s Emergency Department is one of the busiest in the country seeing over 110,000 patients per year.

Any additional information

Kingston Hospital NHS Trust is approximately 12 miles from central London and provides a full range of diagnostic and treatment services to approximately 320,000 people on behalf of commissioners within South West London and North Surrey.

We have approximately 500 beds and directly employ around 2,700 across all groups including nursing and midwifery, medical and dental, administrative and clerical, ancillary and management.

Foundation programme specific information

Induction/shadowing arrangements

F1s are required to complete a 4-day paid shadowing placement in the last week of July, paid at the basic rate. The placement includes time shadowing the outgoing F1, training on the use of the Care Record System (CRS), a full-day Hospital Induction and a Foundation Induction with the Foundation Training Programme Director.

ILS and ALERT training for F1s takes place on the Monday and Tuesday immediately prior to the F2 and Specialty Trainee intake.

F2s attend a Hospital Induction on their first day, including training on the use of the Care Record System (CRS). A half-day Foundation Induction with the Foundation Training Programme Director takes place on the morning of the following day.

Educational and clinical supervision

Each rotation has an overall Educational Supervisor and each placement within the rotation has a Clinical Supervisor. All supervisors have received appropriate training and education and are approved assessors for supervised learning events (DOPS, Mini-CEX and CbD).

Teaching programme

In addition to departmental teaching, F1 trainees receive 1 to 2-hours bleep free teaching per week covering an extensive range of topics and F2s attend 5 mandatory Study Days.

All trainees have opportunities to develop their teaching skills through peer teaching which is formally assessed by Educational Supervisors.

Tasters

 Guidance about arranging a taster is provided to foundation trainees as part of their Foundation Induction information. All trainees are strongly encouraged to arrange a taster in a specialty of their choice.

Simulation

The Trust has an established state of the art Simulation Centre and has been successfully providing simulation training for foundation trainees since 2010. All foundation trainees are required to attend a Simulation Training day. Training takes place in the Simulation Suite, located on Level 5 of Kingston Surgical Centre.

Foundation doctor forums

Both F1 and F2 doctors choose two representatives at the beginning of their rotation. Representatives attend Foundation Faculty Group meetings on a quarterly basis and also any Trust Educational Faculty meetings. Foundation Trainees are able to express their views and/or suggestions for improvement via the annual National GMC Survey and also through local Trust surveys.

Any additional information

Foundation doctors are actively involved in Trust and national audits. There is a Trust Audit seminar each year and Foundation doctors have been involved in prize-winning audits.
University Hospital Lewisham

Lewisham High Street, Lewisham, London SE13 6LH

Trust Switchboard: 020 8333 3000

Trust website: www.lewishamandgreenwich.nhs.uk/
Trust foundation website: www.lewishamandgreenwich.nhs.uk/education

Key individuals

Director of Medical Education
Dr Mehool Patel

Deputy Director of Medical Education
Dr Duncan Brooke

Foundation Training Programme Directors
Dr Teresa Sealy
Dr Nick Mansfield

Careers Tutor
Dr Mehool Patel

Medical Education Manager
Suzanne Faulkner
Annette Cooke

Medical Staffing Manager
Suzanne Faulkner

Foundation Programme Administrator
Natalie Sinclair

Overview of trust

Further details including a list of programmes and individual placement descriptions are available at: www.stfs.org.uk/trusts/lewisham-healthcare-nhs-trust

Facilities

Postgraduate Centre

The postgraduate centre is situated in the Education Centre and shares an office with Medical Staffing. The Postgraduate Medical Education department has overall responsibility for ensuring the provision of education and training for Postgraduate doctors. The trust continues to meet the educational standards set by the GMC and HE South London. We have a major commitment to the development of Research and Education. The trust has a highly dedicated Director of Medical Education and Education Team which supports the learning needs of all medical staff. We aim to provide a consistent, reliable high quality administrative service to the trust.

On-going medical education activities have included comprehensive induction, career counselling, supported educational supervision and assessment provision of an “information supported” learning environment.

The Foundation Programme at Lewisham has an excellent reputation and we continue to attract high calibre trainees at F1 and F2 levels. The innovative education week for F2 trainees once again registered over 96% attendance and this model is being copied by other Trusts.

We have on site Clinical Skills laboratory and Resuscitation Training facilities which is housed in our state of the art new Simulation Suite.

Accommodation

No on or off site accommodation but The Lewisham Site do provide an extensive list of all local letting agencies. Our communication team also offer advice on any local flat/house rentals in the area.

Social activities

Out of hours there is a lively and vibrant social network including a Christmas and Summer Ball organised by F1 mess President. Five a side football and many other social events. Also Consultants from both sites contribute to a yeary summer ball which takes place each June to say thank you to all juniors for their hard work.

Doctors’ mess

The Doctor’s mess is located close to the Staff Restaurant. It has a wide-screen television with access to Sky, comfortable sofas and 4 wall mounted computers. Tea and coffee facilities are all provided. Free takeaway dinner is provided at the weekends for the on call teams in the Doctor’s mess.

Library facilities

The library is located in the Education Centre. We have a wide range of e-journals and books and several online exam revision packages. We provide critical awareness and database training and support all aspects of research and learning both in the workplace and in the library. There is also free access to Uptodate and free access to a variety of electronic journals and books via Athens account. This can be requested through the library.

IT facilities

The Learning Resource Centre houses 16 computers with internet access. There are allocated rooms in each specialty/dept., which provide great IT facilities only accessible to doctors.

Other facilities

On site bar – The Lewi Club holds many social events throughout the year. Mess parties are often held there opening hours are Monday to Friday 10am to 11pm - drinks are inexpensive. There is also a WHS Smith coffee shop located at the entrance to the Riverside building. There is an on-site Boots pharmacy which provides a staff discount. Lockers are available to all juniors. There is a allocated bike storage area within the trust. We also have an onsite Nursery.

Local amenities/attractions

Located 12 minutes train ride from London Bridge.

Plenty of local attractions walking distance to/from Lewisham DLR. Blackheath Village and Greenwich Park are tourist areas.
Transport links
Bus routes to Lewisham High Street from: Brixton P4, Canada Water 199, Deptford 47, West Croydon/Blackheath 54, Grove Park, Crematorium 284, Croydon V/Sydney 75, Crystal Palace/Peckham 120, Peckham/Grove Park 136, Victoria 185, Orpington via Bromley 208, Camberwell 484. Trains run from Charing Cross and London Bridge to Ladywell Station on the Hayes line. This is then a 5 minute walk to the hospital and is sign posted from the park. Victoria, Cannon Street, Charing Cross and London Bridge trains run to Lewisham station through to all areas of Kent. This is 10 minute walk to the hospital or a short bus ride.

Parking arrangements
We have very limited parking available. Although Lewisham has designed a scheme where security will provide you with a card, similar to the oyster card, which will allow you to park when working unsociable hours at a reduced parking rate.

Accolades/achievements of the trust
The pastoral support provided to Foundation trainees within the postgraduate department is among the best in London. The co-location of the medical staffing department and the postgraduate department allows an excellent level of communication and co-operation between the two departments. This allows rota co-ordination with teaching and training opportunities making it easier than it might otherwise be. The innovative week-long foundation teaching programme for FY2 has consistently received excellent feedback. The hospital at night team were recently awarded an award for excellent ratings by NHS London.

Terms and conditions of employment
We adhere to current Medical and Dental Terms and conditions.

Any additional information
Lewisham and Greenwich NHS Trust was established on 1 October 2013, following the integration of Lewisham Healthcare NHS Trust and Queen Elizabeth Hospital in Woolwich. The Trust provides a comprehensive portfolio of high quality acute healthcare services to a critical mass of more than 526,000 people living across the London Boroughs of Lewisham, Greenwich and North Bexley together with a broad portfolio of community services, primarily, but not exclusively, for those living in Lewisham. We are responsible for NHS services at university Hospital, Queen Elizabeth Hospital in Woolwich and in a number of community settings throughout Lewisham. In addition, we provide some services at Queen Mary’s Hospital in Sidcup. The Trust employs more than 6,000 staff on both the hospital and community sites, which makes us one of the biggest employers in South East London.

University Hospital Lewisham has 500 beds including a well-equipped 14 bed Critical Care unit providing level 3 and level 2 care, a 5 bed Cardiac Care unit and a 46 bed medical Admissions unit with 8 monitored beds providing level 1 care. The hospital has a highly rated Stroke Unit linked to the Hyper-acute Stroke Service at Kings College Hospital. The Vascular Surgery Unit at Lewisham Hospital specialises in carotid artery surgery. The hospital has 11 operating theatres of which 2 are dedicated paediatric theatres and 1 is a dedicated obstetric theatre.

Foundation programme specific information

Induction/shadowing arrangements
F1 Shadowing/induction week commences 1 week prior to commencing of post. This is where you will be given the opportunity to shadow your predecessor, familiarise yourself with the surrounding and processes. Shadowing boosts confidence and ensures all new doctors are aware of the first day competencies of an FY1 role. We also provide within the shadowing week a 1 day ILS course.

F2s are inducted as part of their general August Induction. Induction is vital in order to cover mandatory and statutory training requirements set out by the HEE, South London local team and STFS.

Educational and clinical supervision
In accordance with HEE, South London local team and GMC recommendations, there is a single E5 for the whole year for each trainee, with CS for each post.

Teaching programme
Foundation Trainees have the opportunity to attend a variety of lectures, workshops, departmental teaching sessions, MDT and Grand Rounds, which all cover the curriculum. The F1 Teaching programme is run weekly and is bleep free, so completely protected time. F2 Teaching programme is delivered as a one week block taken as a study leave. This has proven very successful not only for attendance but to get to know your fellow FY2 colleagues better and create a better support network.

Tasters
Taster/Career week are offered to both F1 and F2 Foundation Trainees. This provides trainees with a unique opportunity to work for a week in a specialty not included in their rotations. The aim of this opportunity is to help inform you in your career decision making. Lewisham has designed a Taster Booklet, within the Taster Booklet it gives you timetables for each of our specialties but should you prefer exposure in a specific specialty which we do not offer, we can help you organise this externally.

Simulation
We have a state of the art clinical simulation centre which is set up to replicate an acute care NHS environment, providing realistic clinical facilities for all healthcare professionals. This multi-professional training facility comprises a mock theatre area, a ward area, and a maternity suite, and is home to a large family of sophisticated, life-size medical manikins that can mimic the acutely ill adult and child. They can talk, breath, bleed, blink and cry and even give birth! The centre provides training for a wide range of healthcare professionals studying our programmes. Our showcase of patient simulators include adults, pregnant women, children and babies, providing students with an authentic clinical experience. Every room in the centre is equipped with state of the art audio-visual recording equipment and clinical scenarios which are recorded for debriefing to give candidates an opportunity to reflect on their performance.

Foundation doctor forums
Lewisham has run foundation doctor forums for the last several years.

During these sessions, discussions centre on issues of training and service provision. The F1 and F2 foundation representatives also attend foundation faculty meetings which are held three times a year. Foundation doctors are also encouraged to get involved in projects/audits initiated by the consultants to improve clinical processes and systems.

Any additional information
The trust has recently merged to become one of the first trusts in the country to have both acute and community services. This merger has proven successful in providing unique opportunities and introducing innovative training across sites. We offer a number of community placements/rotations. Lewisham itself is in the centre of the London Borough of Lewisham and provides a wide range of elective and emergency healthcare to an urban residential population including people from a broad sweep of socio-economic and ethnic backgrounds.

The Trust also provides some emergency and tertiary elective services to residents of neighboring Primary Care Trusts, particularly Greenwich, Bexley and Bromley. University Hospital is a campus for the Guy’s, King’s and St Thomas’ School of Medicine.

www.stfs.org.uk | 71
Overview of trust
Further details including a list of programmes and individual placement descriptions are available at: www.stfs.org.uk/trusts/lewisham-healthcare-nhs-trust

Facilities

Postgraduate Centre
The postgraduate centre is situated in the Education Centre and shares an office with Medical Staffing. The Postgraduate Medical Education department has overall responsibility for ensuring the provision of education and training for Postgraduate doctors. The trust continues to meet the educational standards set by the GMC and HEE, South London local team. We have a major commitment to the development of Research and Education. The trust has a highly dedicated Director of Medical Education and Education Team which supports the learning needs of all medical staff. We aim to provide a consistent, reliable high quality administrative service to the trust. On-going medical education activities have included comprehensive induction, career counselling, supported educational supervision and assessment provision of an “information supported” learning environment. The Foundation Programme at Lewisham & Greenwich has an excellent reputation and we continue to attract high calibre trainees at F1 and F2 levels. We have on site Clinical Skills laboratory and Resuscitation Training facilities which is housed in our state of the art new Simulation Suite.

Accommodation
St Nicholas House is the onsite accommodation at QEH. It is a 9 floor tower block in the centre of the site. The top floor is the Doctors mess and on a good weather day has amazing views across London.

Social activities
Out of hours there is a lively and vibrant social network including a Christmas and Summer Ball organised by F1 mess Presidents. Five a side football and many other social events.

Doctors’ mess
At QEH there is a mini mess within the hospital which has kitchen and sofa facilities and there is a larger mess on the 9th floor of St Nicholas House with computer access, Sky, kitchen facilities, a pool table and large sofa area.

Library facilities
The library offers a wide range of e-journals, books and several online exam revision packages. We provide critical awareness and database training and support all aspects of research and learning both in the workplace and in the library.

IT facilities
Access to dedicated PCs during and out of working hours. There are allocated rooms in each specialty/dept, which provide great IT facilities only accessible to doctors.

Local amenities/attractions
QEH is located off of Shooters Hill and easy travelling distance from Woolwich, Blackheath and Greenwich.

Transport links
Buses direct to Queen Elizabeth
- 161# Woolwich - Eltham - Chislehurst - North Greenwich
- 178# Woolwich - Kidbrooke - Lewisham
- 244# Abbey Wood - Woolwich - Queen Elizabeth Hospital
- 291# Queen Elizabeth Hospital: Woolwich Plumstead
- 386# Woolwich - Brook Estate - Greenwich - Blackheath
- 469# Woolwich Common - Erith - Bexleyheath
- 486# North Greenwich - Queen Elizabeth Hospital: Welling - Bexleyheath
Other local bus routes 53, 54, 89, 122 & 422

Parking arrangements
QEH has staff parking areas and you can apply for a permit. There is also limited parking in surrounding streets.

Accolades/achievements of the trust
The pastoral support provided to Foundation trainees within the postgraduate department is among the best in London. The co-location of the medical staffing department and the postgraduate department allows an excellent level of communication and co-operation between the two departments. This allows rota co-ordination with teaching and training opportunities making it easier than it might otherwise be.

Queen Elizabeth Hospital, Woolwich
Stadium Rd, Woolwich London SE18 4QH
Trust Switchboard: 020 8836 6000
Trust website: www.lewishamandgreenwich.nhs.uk/
Trust Foundation website www.lewishamandgreenwich.nhs.uk/education

Key individuals
Director of Medical Education
Dr Mehol Patel
Deputy Director of Medical Education
Dr Duncan Brooke
Foundation Training Programme Directors
Dr Duncan Brooke
Mr Mohamed Hammadeh
Careers Tutor
Dr Duncan Brooke
Medical Education Managers
Suzanne Faulkner
Medical Staffing Managers
Clair Arnold
Foundation Programme Administrators
Nikola Hewitt
Lucie Cochrane
Other opportunities for learning include Academic Half Days, Grand Rounds, Divisional Training sessions as well as a pro-active in house teaching programme for all levels of staff.

**Tasters**
Taster/Career week are offered to both F1 and F2 Foundation Trainees. This provides trainees with a unique opportunity to work for a week in a specialty not included in their rotations.

**Simulation**
QEH, successfully bid for money from the SteLi initiative at the HE South London to develop Simulation and Clinical Skills Labs. Continued success in bidding to the LETB for funding to deliver and develop Foundation Simulation using simulation facilities which include Sim man, Sim Baby, Sim NewB, Endoscopy Simulator, CVP using ultrasound, Interactive birthing simulator, Laparoscopy simulator etc. Successful in bidding for Distributed Simulation.

**Foundation doctor forums**
QE runs foundation doctors forums. During these sessions, discussions centre on issues of training and service provision. Foundation doctor’s representatives also attend foundation faculty meetings three times a year to provide feedback from juniors.

Any additional information

Lewisham and Greenwich NHS Trust was established in October 2013, following the integration of Lewisham Healthcare NHS Trust and Queen Elizabeth Hospital in Woolwich. The Trust provides a comprehensive portfolio of high quality acute healthcare services to a critical mass of more than 526,000 people living across the London Boroughs of Lewisham, Greenwich and North Bexley together with a broad portfolio of community services, primarily, but not exclusively, for those living in Lewisham.

We are responsible for NHS services at University Hospital, Queen Elizabeth Hospital in Woolwich and in a number of community settings throughout Lewisham. In addition, we provide some services at Queen Mary’s Hospital in Sidcup. The trust employs more than 6,000 staff on both the hospital and community sites, which makes us one of the biggest employers in South East London.

**Foundation programme specific information**

**Induction/shadowing arrangements**
F1 Shadowing/induction week commences 1 week prior to commencing of post. This is where you will be given the opportunity to shadow your predecessor, familiarise yourself with the surrounding and processes. Shadowing boosts confidence and ensures all new doctors are aware of the first day competencies of FY1 role. We also provide within the shadowing week a 1 day ILS course.

F2s are inducted as part of their general August Induction. Induction is vital in order to cover mandatory and statutory training requirements set out by the HEE, South London local team and STFS.

**Educational and clinical supervision**
In accordance with HEE, South London local team and GMC recommendation, there is a single ES for the whole year for each trainee, with CS for each post.

**Teaching programme**
The teaching programmes cover the Foundation Curriculum. As well as class room based training, there are opportunities to present cases at Grand Round, Ward Rounds, Divisional training meetings, as well as having bedside teaching, journal clubs etc.

Full terms and conditions available at www.nhsemployers.org/PayAndContracts/MedicalandDentalContracts/JuniorDoctorsDentistsGPReg/Pages/DoctorsInTraining-JuniorDoctorsTermsAndConditions150908.aspx

Any additional information

Lewisham and Greenwich NHS Trust was established in October 2013, following the integration of Lewisham Healthcare NHS Trust and Queen Elizabeth Hospital in Woolwich. The Trust provides a comprehensive portfolio of high quality acute healthcare services to a critical mass of more than 526,000 people living across the London Boroughs of Lewisham, Greenwich and North Bexley together with a broad portfolio of community services, primarily, but not exclusively, for those living in Lewisham.

We are responsible for NHS services at University Hospital, Queen Elizabeth Hospital in Woolwich and in a number of community settings throughout Lewisham. In addition, we provide some services at Queen Mary’s Hospital in Sidcup. The trust employs more than 6,000 staff on both the hospital and community sites, which makes us one of the biggest employers in South East London.

**Foundation programme specific information**

**Induction/shadowing arrangements**
F1 Shadowing/induction week commences 1 week prior to commencing of post. This is where you will be given the opportunity to shadow your predecessor, familiarise yourself with the surrounding and processes. Shadowing boosts confidence and ensures all new doctors are aware of the first day competencies of FY1 role. We also provide within the shadowing week a 1 day ILS course.

F2s are inducted as part of their general August Induction. Induction is vital in order to cover mandatory and statutory training requirements set out by the HEE, South London local team and STFS.

**Educational and clinical supervision**
In accordance with HEE, South London local team and GMC recommendation, there is a single ES for the whole year for each trainee, with CS for each post.

**Teaching programme**
The teaching programmes cover the Foundation Curriculum. As well as class room based training, there are opportunities to present cases at Grand Round, Ward Rounds, Divisional training meetings, as well as having bedside teaching, journal clubs etc.
Library facilities
There is 24/7 access to the Library, situated in the Education & Training Centre providing access to traditional textbooks, journals, search skills training and internet-based resources (e-journals, e-books, Up To Date, Netvibes, Clinical Key and Anatomy TV).

Trainees are actively involved in all decision making on resources. Friendly staff provide Tailored Knowledge Services and are highly responsive to trainee needs.

IT facilities
Modern IT facilities throughout the Hospital and 24/7 WiFi access available throughout the Hospital and the Academic Centre. All junior doctors are issued with individual iPads.

Other facilities
State of the art Simulation facilities – Sim man 3G, 2 Paediatric Sims (child and baby) and a ‘Sim Mum’, Clinical skills rooms and Wet Lab for use in training.

Medical Humanities: Trainees can attend monthly Book Club on the Tunbridge Wells site and a Film Club in the spacious auditorium within the Maidstone Academic Centre.

There is a Laparoscopic training Centre located within the Maidstone Academic Centre.

Overview of Trust
Maidstone & Tunbridge Wells NHS Trust provides secondary care to half a million people in West Kent & East Sussex. Its two main hospitals are Maidstone, situated in Kent’s county town and Tunbridge Wells in Pembury, some 18 miles away.

Further details including a list of programmes and individual placement descriptions are available at: www.stfs.org.uk/trusts/ maidsstone-and-tunbridge-wells-nhs-trust

Facilities

Education Centre:
The Academic Centre is situated at the front of the Hospital. The Centre is the hub of the Hospital as far as the Trainees are concerned and we pride ourselves in the way we look after Trainees. The Academic Centre has a 180 seated auditorium, training rooms with audio visual equipment, dedicated Simulation and Clinical Skills rooms, a Library and a dining area. We think it to be one of the best designed and equipped Education Centres in the region.

Accommodation
Single accommodation, just a 7 minute walk from the hospital is available for all our F1 doctors. Communal living creates a great atmosphere among fellow F1s who often make friends for life.

Social activities
We have a vibrant doctors’ mess that arrange several social events throughout the year as well as a summer ball. These are activities specifically for foundation trainees. The Hospital Film Society organises regular film showings in the Auditorium.

Doctors’ mess
The Doctors’ Mess, located in the Blue Zone, Level 2, just next to ICU, has a sitting room, a quiet room, a games room and a kitchen.
Transport links
M20 Junction 5 (1 mile)
Barming Station (half mile)
Ebbsfleet International (30 minutes)

Parking arrangements
Parking permits are available for on-site parking.

Accolades/achievements of the trust
National Quality Accreditation awarded to MTW, following an assessment by a team of external senior healthcare professionals, Maidstone and Tunbridge Wells NHS Trust's Cancer and Haematology Directorate, based at Kent Oncology Centre at Maidstone Hospital, has been accredited by CHKS.

In April 2015, Maidstone and Tunbridge Wells NHS Trust had been chosen to take part in a national initiative to improve the experience of people diagnosed with secondary breast cancer.

Local people have given Maidstone and Tunbridge Wells hospitals their seal of approval after assessing how the environment supports patient’s privacy and dignity, checking the quality of patient food, cleanliness of wards, and general building maintenance. Every year, annual Patient-Led Assessments of the Care Environment (PLACE) inspections take place at every hospital in the country. This year, both hospitals have seen great results exceeding the national average scores in all but one category.

There is a new £2.7million birthing centre and Paediatric assessment unit at Maidstone Hospital and a dedicated centre for trauma and Orthopaedic surgery and a dedicated centre for women's and children's care at Tunbridge Wells Hospital.

Terms and conditions of employment
Junior doctors are employed under National Terms and Conditions. Full terms and conditions are available at www.nhsemployers.org/PayAndContracts/MedicalandDentalContracts/JuniorDoctorsDentistsGPReg/Pages/DoctorsInTraining-JuniorDoctorsTermsAndConditions150908.aspx

Any additional information
Our hospitals offer an extremely friendly learning environment which ensures that you are exposed to all aspects of Acute Medicine and Acute Surgery. Our rotas are designed to offer you a broad based learning experience. The fact that many medical students and junior doctors have returned to the hospital as part of their further training is a testament to the way we treat junior staff here.

Foundation programme specific information
Induction/shadowing arrangements
F1 trainees join the Trust for a week of induction and shadowing prior to joining the wards on the first Wednesday in August, with a social event on the weekend before starting.

We have a comprehensive Trust induction day for F2 trainees, before their Departmental Induction the following day.

Educational and clinical supervision
Every Trainee has an education supervisor, who oversees their progression through their rotation and a clinical supervisor in each attachment.

Every trainee is formerly assessed through the Faculty meetings that occur three times a year with formal or informal feedback as appropriate.

Teaching programme
As a Trust we look after 57 F1 and 54 F2 Trainees from South Thames Foundation School. We have established Foundation Teaching programmes as we were one of the pilot Trusts for both F1s and F2s.

The Foundation Year 1 programme in Maidstone is directed by Dr Bet Mishra, with Dr Amit Saha looking after the F2 programme.

The Foundation Year 1 programme in Tunbridge Wells is directed by Dr Paul Reynolds, with Dr Masud Haq looking after the F2 programme.

We are a friendly DGH offering a variety of posts, many of which involve working on the Tunbridge Wells site. These include:- General Surgery, Trauma & Orthopaedics, Anaesthetics, Emergency Medicine, Paediatrics, GP, Psychiatry, Otolaryngology (ENT), Obstetrics & Gynaecology, Cardiology, Respiratory Medicine, Gastroenterology, Diabetes & Endocrinology, Stroke Medicine, Acute Medicine, Geriatric Medicine and Orthogeriatrics.

A free shuttle bus service operates for staff to travel between sites.

There is protected teaching for F2s at lunchtime on Tuesdays and Thursdays, and for F2 trainees, protected teaching occurs on Thursday afternoons.

Other teaching opportunities are available in each of the departments and a list of these activities will be available on the intranet. In addition to this, Medical Grand Round occurs weekly on Monday and Friday lunchtimes and Clinical Governance sessions are arranged for each month.

Tasters
We offer a number of Taster Week timetables in various specialties throughout the Trust.

Simulation
Simulation has a high profile with in the Trust and has had a significant investment. There is a dedicated Simulation Faculty responsible for running compulsory training sessions for all foundation trainees.

We have received excellent feedback from current trainees and the training has proven to be very popular. There are clinical skills labs and a dedicated Simulation training room.

Foundation doctor forums
There is a quarterly Junior Doctors Forum where issues affecting trainees can be discussed with representatives from Estates, Security, IT and HR.

Any additional information
Maidstone & Tunbridge Wells Trust is a great place to work and learn. The Trust believes in giving 100% to our Trainees, because these are our future Consultants.

Our aim is to inspire excellence in medical Education across the Trust and this is at the heart of all we do.

We pride ourselves on helping our trainees throughout their time with us. Whether you require support with ePortfolio, Study Leave, Simulation training, admin etc. we are here to assist in any way we can.

We have several award ceremonies over the year including; an Innovation prize and an Art prize.

What our trainees say:
"The education centre have state of the art facilities & an enthusiastic and knowledgeable team that is standing by to support you in whatever way they can".

"Good level of independence and support in making clinical decisions. Very friendly working atmosphere and a fun place to start the F1 year"
Overview of trust
Maidstone & Tunbridge Wells NHS Trust provides secondary care to over half a million people in West Kent and East Sussex. Its two main hospitals are Maidstone, situated in Kent’s county town and Tunbridge Wells in Pembury, some 18 miles away.
Further details including a list of programmes and individual placement descriptions are available at: www.stfs.org.uk/trusts/maidstone-and-tunbridge-wells-nhs-trust

Facilities

Education Centre
The Education & Training Centre is the hub of the hospital as far as the Trainees are concerned and we pride ourselves in the way we look after our Trainees. Our brand new Centre provides quality space and equipment for teaching, simulation training and meetings and friendly staff are active in sending teaching reminders and monitoring ePortfolio progress.

Library facilities
There is 24/7 access to the Library, situated in the Education & Training Centre providing access to traditional (textbooks, journals, search skills training) and internet-based resources (e-journals, e-books, Up To Date, Netvibes, Clinical Key and Anatomy TV).
Free use of online revision packages including ‘OnExamination’.
Trainees are actively involved in all decision making on resources. Friendly staff provide Tailored Knowledge Services and are highly responsive to trainee needs.

IT facilities
Modern IT facilities throughout the Hospital and 24/7 WiFi access available throughout the Hospital. All junior doctors are issued with individual iPads.

Other facilities
State of the art Simulation facilities - Sim man 3G, 2 Paediatric Sims (child and baby) and a ‘Sim Mum’, Clinical skills rooms and Wet Lab for use in training.
Medical Humanities: Trainees can attend monthly Book Club on the Tunbridge Wells site and a Film Club in the spacious auditorium within the Maidstone Academic Centre.
There is a Laparoscopic training Centre located within the Maidstone Academic Centre.

Local amenities/attractions
Royal Tunbridge Wells (an old Royal Spa town) is renowned for its superb range of high street and boutique shops, restaurants, cafes, pubs and bars. Three theatres mean access to regular plays, dance and comedy performances. There is easy access to the gym, cinema, bowling and many retail outlets at Knights Park Leisure Complex. Tesco supermarket is only 10 minutes’ walk away and there is a Costa Coffee and W H Smiths located within the hospital.
The hospital is situated in an Area of Outstanding Natural Beauty with plenty of opportunities to walk, boat and bike ride.
including Bewl Water Lake, The Hop farm and a number of vineyards, castles, gardens and stately homes.

Transport links

The Tunbridge Wells Hospital (TWH) is situated in Kent, three miles from the centre of Royal Tunbridge Wells with regular buses running to and from the town centre. Direct trains run from Tunbridge Wells to London Charing Cross and London Bridge in under an hour. You can also catch the bus directly to Brighton in 1hr 30min. It is 15 minutes from the M25. With excellent transport links, Tunbridge Wells lies within easy reach of the South Coast, Gatwick Airport and the Channel Tunnel.

Parking arrangements

Parking permits are available for on-site parking.

Accolades/achievements of the trust

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Simulation training, admin etc. we are here to assist in any way we can.

Simulation

Simulation has a high profile within the Trust and has had significant investment. There is a dedicated Simulation Faculty responsible for running compulsory training sessions for all FY trainees.

We have received excellent feedback from current trainees and the training has proven to be very popular. There are Clinical Skills labs and a dedicated Simulation training room.

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Other teaching opportunities are available in each of the departments and a list of these activities will be available on the intranet. In addition to this, Medical Grand Round occurs weekly on Thursday lunchtimes and Clinical Governance sessions are arranged for each month.

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We offer some two year Foundation programmes based in Tunbridge Wells.
Overview of trust

Further details including a list of programmes and individual placement descriptors are available at: www.stfs.org.uk/trusts/medway-nhs-foundation-trust

Our vision of Better Care Together is to deliver continuous improvements in patient safety, outcomes and experience. Our aim is for Medway NHS Foundation Trust to become a centre of effective, modern, healthcare delivery for the growing communities it serves and to be recognised as a high performing provider of core and specialist health services with a distinctive, patient centred and responsive philosophy. The communities and patients who rely upon the Trust deserve nothing less.

Our specialist staff throughout the organisation have embraced the values of caring, respecting, listening and learning with a commitment to displaying these to every patient under our care.

We raised the profile of our focus on quality improvement at the end of 2012. The additional direction from the expert Keogh Review panel has been a welcome addition to identify further areas for improvement, share the work we already have undertaken and seek external support for some of the challenges the hospital faces. The actions and progress following the review are summarised in the Trust’s Quality Improvement Plan available on our website; delivery of this is our top priority.

Accommodation

Accommodation is available at a competitive rate. The Staff Residence Manager, who can be contacted on 01634 830000 ext. 3830, will be happy to discuss accommodation and charges. There is a good supply of rental properties locally, should you wish to rent off site.

Social activities

There is a very active social programme arranged by the Doctors’ mess. There is an onsite Social Club open Monday to Friday 7pm to 11pm, where the drinks are inexpensive.

Doctors’ mess

Hidden behind an unmarked door, opposite the chapel you will find the Doctors’ mess. It has Sky TV, comfortable sofas and computers. There are lockers and a pool table and plenty of tea/coffee making facilities and toaster. The notice boards hold information on all important Mess nights out, including the Summer and Christmas Grand Balls. Mess parties are often held onsite in the Social Club. The role of Mess President is usually held by a Foundation trainee.

Library facilities

The Library is housed within the Postgraduate Centre and is open from 8.30 am to 7pm, Monday to Friday, where you will find the friendly library team ready to help you.

There is access to a wide range of educational resources, with an extensive, multi-professional collection of books and journals to support your learning.

IT facilities

Computers with internet access are available across most of the Trust, including several workstations in the Library. Parts of the Centre are wireless enabled and laptops are available for use within this area.

Other facilities

The Medway NHS Foundation Trust, at Medway Maritime Hospital, is located in Gillingham, Kent, one of the towns on the banks of the River Medway known collectively as the Medway Towns. Medway Maritime Hospital is the largest and busiest in Kent, employs over 4,225 staff and serves an increasing population of over 650,000 in the Medway and Swale areas of the county.

Medway is characterised by a highly populated urban area around the River Medway estuary, to the north and west of which lie substantial

Medway Maritime Hospital

Windmill Road, Gillingham, Kent, ME7 5NY
Switchboard: 01634 830000
Website: www.medway.nhs.uk

Key individuals

Directors of Medical Education
Dr Tariq Hussain, General Practice
Dr Janette Cansick, Paediatrics

Foundation Training Programme Directors
Dr Marietta Higgs and Dr Naser Ben-Ramadan, Consultant Paediatricians

Foundation Training Programme Directors and FY1/2 Leads

Careers Tutor
Dr Bov Jani, Consultant Paediatrician

Medical Education Manager
Ms Carol Atkins

Medical Staffing Manager
Mrs Sue Ahmad

Foundation Programme Administrator
Andrew Bell

Facilities

Postgraduate Centre

The Postgraduate Centre and Library are located adjacent to the Hospital. The Medical Education Department is located in the Postgraduate Centre and the DME and Foundation Leads can be contacted there. You will be assured of a warm welcome and supportive staff. HR is also located in the building.

Overview of trust

Further details including a list of programmes and individual placement descriptors are available at: www.stfs.org.uk/trusts/medway-nhs-foundation-trust

Our vision of Better Care Together is to deliver continuous improvements in patient safety, outcomes and experience. Our aim is for Medway NHS Foundation Trust to become a centre of effective, modern, healthcare delivery for the growing communities it serves and to be recognised as a high performing provider of core and specialist health services with a distinctive, patient centred and responsive philosophy. The communities and patients who rely upon the Trust deserve nothing less.

Our specialist staff throughout the organisation have embraced the values of caring, respecting, listening and learning with a commitment to displaying these to every patient under our care.

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Medway is characterised by a highly populated urban area around the River Medway estuary, to the north and west of which lie substantial
The Foundation Faculty was recognised for its achievements working and supporting Trainees in Difficulty.

**Terms and conditions of employment**
National Health Service Hospital Medical & Dental Staff and Doctors in Public Health medicine and Community Health Service (England and Wales) Terms and Conditions of Service.

**Any additional information**
The Trust offers a full range of acute hospital services, plus:
- Regional neonatal service and transport
- Sub-regional vascular surgery centre
- Sub-regional urology cancer centre
- Specialist spinal surgery service
- Specialist fetal medicine service
- Cardiac catheter suite
- Macmillan Cancer Care unit

The Trust is working with neighbouring Dartford Valley Hospital to provide enhanced services for the population of North Kent.

The Trust is committed to training and has links to local Higher Education Institutions. As an associated teaching hospital we welcome medical students from King's College London Medical School, Brighton and Imperial College.

You will have the opportunity to participate in their teaching if they are allocated to your team.

The name of your educational and clinical supervisors for the entire programme will be confirmed at induction. All educational supervisors have been trained for the role.

In addition to departmental teaching, foundation trainees receive weekly bleep-free teaching on Tuesday afternoons for FY1s and Thursday afternoons for FY2s. There are many excellent learning opportunities in specialties. You are actively encouraged to make the most of the opportunities available. You will also receive ILS training in FY1 and are required to undertake ALS in FY2.

**Tasters**
A maximum of 5 days may be taken in the last 4 months of the F1 year and deducted from the allocation in F2. These should be arranged locally by you at a time convenient to the specialty you are working in and the proposed Taster specialty.

Details of the contacts in each specialty are available from the Foundation Administrator and Medical Education Manager.

**Simulation**
We have a dedicated Simulation Suite which consists of an operating theatre, console room, debrief room, communication skills room and human factors skills room. All foundation trainees are required to attend a Simulation Training day.

**Foundation doctor forums**
You will be asked to choose a F1 and F2 Representative to support the Local Faculty Group and represent your views at these meetings. They will canvas your opinions by holding a forum three times a year, sometimes electronically, before the Local Faculty Group meetings in November, March and June.

**Any additional information**
The Medical Education Department is located on the ground floor of the Postgraduate Centre and the DME and Foundation Leads can be contacted there.
ROYAL SURREY COUNTY HOSPITAL NHS FOUNDATION TRUST

Royal Surrey County Hospital

Egerton Road,
Guildford, GU2 7XX

Trust switchboard: 01483 571122 x 4378/2508
Trust website: www.royalsurrey.nhs.uk
Trust foundation website www.royalsurrey.nhs.uk

Key individuals

Director of Medical Education
Dr Jane Tilley

Medical Director
Dr Christopher Tibbs

Foundation Training Programme Directors
Miss Julie Kohls-Gatzoulis (F1) Dr Bhavesh Patel (F2)

Careers Tutor
Dr Bhavesh Patel

Medical Education Manager
Mrs Tracey Cookman

Medical Staffing Manager
Ms Kerry Steele

Foundation Programme Manager
Mrs Tracey Cookman

Foundation Programme Co-ordinator
Mrs Chantel Brandon

Overview of trust

Further details including a list of programmes and individual placement descriptions are available at: www.stfs.org.uk/trusts/royal-surrey-county-hospital-nhs-trust

Facilities

Postgraduate Centre
Our purpose built Education Centre is on site and houses a library with 24-hour access as well as a state of the art simulation suite for clinical and communication skills teaching. We are recognised as a centre of excellence for simulation by HEE, KSS local team.

Accommodation
Onsite flats with laundry room available. Please refer to www.A2dominion.co.uk for up to date prices info and prices.
Local accommodation may also be found in www.gumtree.com or www.easyroomate.co.uk

Social activities
The mess organise monthly pay day socials with extra things for Halloween, Christmas and Summer Ball. There is also a social club onsite.

Doctors’ mess
We have an active Doctor’s mess which is run by the F1 doctors. The current mess holds regular activities including our fabulous Summer Ball

Library facilities
• 24 hour access to the library and PCs
• WIFI
• Helpful library staff available to assist Monday– Friday 9am to 5pm
• Seminar room available to book for group study/journal clubs

IT facilities
9 networked PCs in the Learning Resource Centre plus a further 8 with external broadband access.

Other facilities
The Surrey Sports park is located opposite to the Hospital. www.surreysportspark.co.uk

Local amenities/attractions

Living in Guildford and Surrey
Guildford and the surrounding area is a great place to live. It is a busy city, and only 35 minutes from London Waterloo by train. Guildford has all the amenities that you could need - great shopping, outstanding schools, extensive sports and leisure facilities, good restaurants, multi-screen cinema in the town centre and access to beautiful countryside. The local Surrey Sports Park offers a discount gym membership for NHS staff.

Around Guildford you will find some of the most attractive villages in the South East, providing an alternative to the city life.
The Royal Surrey is only 10 minutes by bus from Guildford train station and a 30 minute walk. More information about living in Surrey can be found on Surrey County Council's website.

Transport links
The Royal Surrey is only 10 minutes by bus from Guildford train station and a 30 minute walk. There are regular trains to London Waterloo (approx. 30 mins), Gatwick and Heathrow within the hour.

Parking arrangements
On-site parking permits can be applied for.

Accolades/achievements of the trust
The Royal Surrey County Hospital is a leading General Hospital and specialist tertiary centre for cancer, Oral and maxillo-facial surgery and pathology. The hospital serves a population of 320,000 for emergency and general hospital services and is the lead specialist centre for cancer patients in Surrey, West Sussex and Hampshire, serving a population of 1.2 million.

Our annual income is £257 million and we have 527 beds and 14 operating theatres. We employ approximately 3,000 staff, making us the second largest employer in Guildford. We have very close links with the University of Surrey and have an extensive education, training and research portfolio.

The Trust has a very strong reputation for minimally invasive surgery and laparoscopic surgery is used widely across the surgical specialties. The trust is a national leader in surgical training and laparoscopic surgery and MATTU (Minimal Access Therapy Training Unit) is one of the most advanced training centres for this type of surgery. It has also been designated as a national training centre for laparoscopic colorectal surgery.

Any additional information
The Royal Surrey County Hospital is a district general hospital with a few differences. It has a tertiary referral cancer centre (St. Lukes) providing care for patients from a large catchment area. Many surgical firms also offer complex surgery to patients from a wide area. There is an efficient, well run A&E department with separate medical and surgical assessment units. Stroke services include an acute stroke unit and 24/7 thrombolysis.

There are strong links with University of Surrey supporting academic excellence.

Foundation programme specific information

Induction/shadowing arrangements
We organise a Professional Practice Week/Induction for F1 doctors which includes ILS.

All F2 doctors are invited to meet the Foundation Programme Director prior to their start date. We also have a social induction which includes a BBQ and an F1 pizza night.

Educational and clinical supervision
The Education Supervisor who is also your Clinical Supervisor for your first attachment, will have responsibility for your education throughout the year. They will agree your personal development plan, discuss career progression and make recommendation to the Faculty with regard to sign off. In addition you will also be supported by a Clinical Supervisor as you rotate through your attachments who will be responsible for your teaching and supervision whilst you are on their firm.

We currently have 34 F1 posts rotating through medical, surgical and psychiatry specialties. There are also 33 F2 posts. We have been able to accommodate changes to these rotations with internal swaps where educationally appropriate.

Teaching programme
Foundation teaching takes place for an hour every week with separate F1 and F2 sessions. Our programme covers a wide range of clinical and professional competencies, as well as including Lessons Learnt; an opportunity to discuss cases and share insights and knowledge. There are also weekly medical journal club breakfast meetings which our Foundation doctors are invited to attend if appropriate. We organise surgical teaching for those with an interest in applying for surgical training. There are formal weekly medical student teaching sessions that foundation doctors can get involved in. We organize six annual Education Half Days with a Medical Director’s hour which gives doctors the opportunity to meet and learn in their teams.

F1 Doctors
The F1 rota is EWTD compliant. F1s working in Surgery and Medicine are ward based and do weekends on call. F1s in EAU do shifts including twilights and nights covering both medicine and surgery as well as working out of EAU and having community experience.

“The Royal Surrey is a lovely place to work. Everybody’s really friendly and genuinely approachable. As an F1 you get a lot of good on-call experience. Nights and weekends are scary at first, but you learn a lot.” Louise Cripps, F1 doctor at Royal Surrey County Hospital.

In the F1 programme we adopt a variety of learning approaches. These include ward based clinical teaching, exposure to outpatients and theatres, group learning, private study, simulation, reflective practice, audit projects as well as regular weekly teaching. Doctors are encouraged to join the Doctors Council focussing on QI Projects, medical students and teaching. All the F1s have individual meetings with the F1 Foundation Program Director to discuss interests and career plan.

F2 Doctors
Study leave entitlement is 10 days. F2 doctors are encouraged to use this time to complete ALS and then to focus on career choice and developing their portfolios. RSCH run a number of excellent programmes including Practical Procedures, IMPACT, CChTSP and ATLS which F2s are welcome to participate in. All F2 doctors receive 3 sessions on Careers focussing on QI Projects, medical students and teaching. All the F1s have individual meetings with the F1 Foundation Program Director to discuss interests and career plan.

Tasters
All F1 doctors will have the option to take a taster week towards the end of their year. Study leave will be deducted from their F2 allowance. F2 doctors can apply for tasters during their F2 year.

Simulation
Here at the RSCH Medical Education Centre we have grown and developed MediSim, a purpose built facility for the delivery of full immersion simulation described as an HEE, South London local team centre of excellence. As a Foundation Programme doctor access to simulation takes place on a regular basis throughout the year.

Terms and conditions of employment
The post is subject to the Terms and Conditions of Service of Hospital medical and Dental staff as modified from time to time. Current copies of these Terms and Conditions may be seen in the HR Office.

All staff appointments are made subject to the receipt of satisfactory references and all initial appointments to the National Health Service are made subject to satisfactory medical and police clearance being produced. A medical examination may be necessary on initial appointment and periodically thereafter.
Foundation doctor forum

F1 and F2 trainee representatives are appointed at the beginning of the year. They represent Foundation doctors at the Foundation Local Faculty Group which takes place every 4 months, and the Junior Doctor’s Forum which occurs every 2 months giving juniors access to share concerns at high level with the Medical Director and the Director of Medical Education attendance. A trainee representative workshop is held in autumn.

Any additional information

The foundation team is well established having worked together for more than three years. There are strong links with South Thames Foundation School and other local Trusts. The Foundation Program is run by an experienced and dynamic team.

Royal Surrey County Hospital

For F1 trainees 2 three hour sessions are available through the year, giving a total of 6 hours of individual involvement in Simulation covering varied appropriately developed scenarios.

F2’s attend 2 four hour sessions which have increased level of complexity. All the scenarios have been developed and mapped to the curriculum and look at many aspects of practice encountered in the first 2 years of training. These simulation sessions are aimed at assisting the on-going development of the trainee doctor at all levels, from communication and practical skills to management, prioritisation and leadership.

For F2 doctors there is also the opportunity to be involved in the Faculty for the creation, implementation and delivery of simulation scenarios for F1 doctors and medical students. After each session we evaluate delivery and collate feedback from participants. This informs the simulation team which areas need revision and result in an effective pattern of delivery.

All F1 and F2 doctors also have the chance to be involved in various multi-disciplinary simulation sessions that are also run on a number of occasions through the year and again involve many different areas of practice. Reflection and teaching session post simulation are very relaxed and aim to give 360° feedback, as well as practical advice.

“Really Supportive atmosphere. No pressure and good feedback.” - FY2

“Previous session was very useful and has impacted on practice last week.” - F1

Junior Leadership Program

The Department of Medical Education has developed a Junior and Senior Leadership Program, which all trainees are invited to attend and promotes close working relationships; innovative trainee led projects and improved interdisciplinary working.
Overview of trust

Further details including a list of programmes and individual placement descriptions are available at: www.stfs.org.uk/trusts/st-georges-healthcare-nhs-trust

Facilities

Postgraduate Centre
Located on Perimeter Road.

Accommodation
Accommodation is available.

Social activities
There is an active Doctor’s mess that arranges social activities for all grades, including a Summer Ball.

Doctors’ mess
Our doctors’ mess is located on 1st Floor Lanesborough Wing. There is a kitchen and Sky TV available here.

Library facilities
The Library based in St George’s University Medical School offers learning, teaching and research support to staff and students of St George's Hospital, University of London, the Faculty of Health, Social Care and Education and NHS staff in South West London. It has excellent facilities including computer facilities, electronic access to a number of databases and group and private study areas.

IT facilities
There is 24 hour access to the Trust intranet as well as the internet available on site.

Other facilities
There are acclaimed Simulation facilities that run regular courses for Foundation Doctors.

The Rob Lowe Sports Centre is open to Trust employees and there are squash and badminton courts available as well as 2 aerobic rooms (with female only times) and 2 weight rooms. Classes also run during the university term time.

Teaching Skills and Presentation Skills courses are available in the Medical School for those involved in teaching medical students. There is also the opportunity to be involved in examining medical students (eg OSCE ).

The resuscitation department runs ALS, ILS, PALS and PILS courses. ATLS courses run via the Simulation Department. There is a nursery on-site. There is also a variety of restaurants and coffee shops available on-site.

Local amenities/attractions
Tooting offers a wide range of bars and restaurants. Gipham, Wimbledon and central London are within easy reach.

Transport links
The hospital is within easy access to the underground, overground and several bus links.

Parking arrangements
There is no staff parking available on the hospital grounds unless you are a permit holder. We do offer a park and ride facility.

Terms and conditions of employment
The post is subject to the Terms and Conditions of Service of Hospital Medical and Dental Staff as modified from time to time.

Current copies of these Terms and Conditions may be seen in the Human Resources department.

All staff appointments are made subject to the receipt of satisfactory references and all initial appointments to the national health service are made subject to satisfactory medical and police clearance being produced. A medical examination may be necessary on initial appointment and periodically thereafter.

Any additional information
St George’s Hospital is the major teaching hospital for south-west London. It is a regional referral centre for a wide array of specialities and provides excellent standard of care for patients who come from the local area, from the region and from further afield. It has a close association with St. George’s University of London Medical School and is the central point of postgraduate medical education for many trainees. St. George’s Hospital has more than 5,000 staff members. We admit more than 61,500 patients per year for treatment and almost 100,000 are seen in the Emergency department.

Clinical Skills - Initial learning and maintaining competence in clinical skills have always been fundamental requirements for doctors in training and other medical staff. Now with mandatory revalidation, clinical skills training and competency are taking on a higher priority. St George's has earned a sound reputation as a centre of excellence meeting all these needs. The programme of courses is both comprehensive and balanced with a long track record of success. St George's clinical skills courses have fully equipped training rooms with all necessary support aids, course specific literature, support staff and specialist training consultants.
Foundation programme specific information

Induction/shadowing arrangements
There is a 5 day induction/shadowing period for FY1 doctors. Further shadowing can be arranged by contacting Shelley Leeder in the Training and Development department. Longer periods are available for doctors who trained overseas.

Educational and clinical supervision
Every Foundation Doctor is allocated an Educational Supervisor for the year. In each attachment, trainees are also allocated a Clinical Supervisor. The Foundation Trainees are also supported by Training Program Directors and the Director of Medical Education, as well as the postgraduate centre staff.

Teaching programme
Foundation Programme posts at St. George’s reflect the wide variety of clinical experience to be found in the hospital and its associated general practices and institutions. The rotations are all three four month jobs and have been designed to give an interesting variety of acute clinical experience. In some, there is an opportunity to work in one of the less common areas of medical practice and some trainees find that they are inspired to make a career choice based on their first hand understanding of what it is like to work in areas such as Paediatrics, Ophthalmology, Palliative Care medicine, Audiological medicine, Psychiatry and Genito-urinary medicine. F2 posts all include four months of A&E.

Both F1 and F2 trainees have the opportunity to attend the enormous variety of lectures, seminars and departmental meetings in the hospital and medical school as well as weekly Grand Rounds. Career workshops are offered to both years, as well as optional workshops in Leadership Skills and Presentation Skills.

The 42 F1 trainees are offered simulation courses as well as protected teaching sessions that take place every Tuesday. There is a full day teaching session in alternate months.

At F2 levels trainees are offered ALS, Simulation and ATLS courses, as well as protected teaching. Career workshops are also held to guide trainees when applying for ST posts.

Tasters
Tasters weeks are widely available and encouraged during the F2 year and during the final rotation in the FY1 year.

Simulation
All trainees attend simulation training days.

Foundation doctor forums
Foundation Doctors are represented at the Foundation Faculty meetings by 1-2 representatives from each year.

Any additional information
St George’s Hospital runs the Developing Authority Workshop, a unique programme designed to equip Foundation Doctors with the knowledge and skills to perform as future leaders in everyday situations. The aim of this 2-day workshop is to ensure you have the confidence to handle complex and challenging situations.

You will gain strategies to manage the identity shift from junior team member to responsible clinician, both from your own perspective and that of those around you whether they be a patient or relative, a consultant or registrar, a nurse or other health-care professional.

By the end of this course, you will learn how ‘having authority’ in the context of a hospital will benefit you, your patients and your colleagues. You will recognize your current professional mask and gain an understanding of your individual style and therefore which approaches are most effective for you.

A mentoring programme has been developed at St George’s. A few years ago, foundation year doctors indicated that they would benefit from meeting more senior doctors outside their clinical firms. They felt registrars would be best placed to mentor junior doctors and this is now in its second year. The registrars have a wealth of experience and are being up-to-date in practical elements such as application processes and would be able to support, guide and inspire junior doctors who are interested in a particular clinical field.

Every year we have an audit competition for our Foundation doctors. As well as the prize, this provides an opportunity for the doctors to present their work and field questions from their peers and the judging panel.

The FY1 doctors are also encouraged to present at their peer teaching afternoon on topics that are useful and relevant to FY1 doctors. This opportunity can also be used to complete the Developing the Clinical Teacher assessment in the ePortfolio.
Overview of trust

Further details including a list of programmes and individual placement descriptions are available at: www.stfs.org.uk/trusts/surrey-and-sussex-healthcare-nhs-trust-0

Facilities

Postgraduate Centre
The postgraduate Centre offers a large atrium where trainees are encouraged to meet with colleagues. There is a large lecture theatre and 6 training rooms. There are also excellent medical and dental simulation suites.

Accommodation
Our accommodation is managed by an external company- A2 Dominion. Tel No. 01737766516 or email redhill.office@a2dominion.co.uk

Social activities
Active social activities are arranged by the junior doctors which include cricket, football social gatherings etc.

Doctors’ mess
The Doctors mess onsite offers a relaxing lounge area, with a large TV. The kitchen facilities are large and there are toilets, showers and lockers available. Foundation trainee reps, work alongside other trainee reps to put forward business cases for improvements.

Library facilities
The main library is at East Surrey Hospital with a smaller branch library at Crawley. The Library services provides access to a wide range of print and online databases resources, including e-books, e-journals, UpToDate, Antomy TV and Clinical Key, to access most of the online resources you will need to have an Open Athens password. The library service provides access to OneExamination revision resources; contact the library to get an access code. To find out more about the resources available and how to register for your Open Athens password come to the library or go to: www.surreyandsussexlibraryservices.nhs.uk

At East Surrey Library there are 19 PCs with Internet access and black and white, and colour printers. The librarians will provide training, support or carry out literature searches to find the evidence in support of your studies, journal club presentations or patient care. Membership to the Library is via completion of a membership form.

Staffed opening hours of the Library are 9-5pm (Mondays, Thursdays and Fridays) and 9-7pm (Tuesdays and Wednesdays). The Library is accessible 24 hours a day following completion of an out of hours form and payment of £10.00 deposit.

Remember if you can’t find the information or book you are looking for just ask one of the library team for help.

IT facilities
The Trust continues to update and improve the IT training facilities.

Other facilities
The Trust provides dedicated staff showers for cyclists, including lockers and lockable bike racks.

Local amenities/attractions
Catering on-site
On-site catering is available in the canteen located on the first floor of the East Surrey hospital.

Child care facilities
On-site childcare facilities are available on request via the trust intranet system.
Any additional information

The Trust has recently achieved university status associated with Brighton and Sussex University Hospital NHS Trust.

Foundation programme specific information

Induction/shadowing arrangements

The Foundation Programme consists of 30 F1 and 30 F2 individual foundation programmes. Each individual programme is made of 3 four month placements in specialties offering a wide range of training experiences and opportunities including community placements.

All F1 trainees are invited to attend the mandatory 1 week induction programme incorporated with shadowing as per DOH and GMC guideline.

All foundation year 2 trainees are invited to attend the core induction programme including e-learning.

Educational and clinical supervision

All foundation trainees are assigned a dedicated Educational and Clinical Supervisor.

Teaching programme

The FY1 programme consists of weekly curriculum mapped teaching.

The FY2 programme consists of curriculum based teaching - two half days per month on a Tuesday or Thursday. All teaching is bleep free.

Tasters

All trainees are encouraged to arrange a taster during their first F2 rotation so that they have completed it in advance of the recruitment process. It is also possible for trainees to "borrow" up to 5 days of their F2 study leave in order for them to complete a taster during the final four-months of their F1 year.

Simulation

All Foundation trainees attend a mandatory full day of simulation training.

Foundation doctor forums

There is a 6 weekly junior doctors’ forum which is chaired by the Chief Executive. This is an informal meeting with Pizza’s, where junior doctors can discuss anything they wish directly with the CEO and a panel consisting of the Executive Team and Senior management.

Any additional information

Our major site is East Surrey hospital and we also provide a range of services at Crawley, Dorking, Caterham Dene and Horsham hospitals.

Season ticket and cycle purchase loans

The Trust operates a loan scheme to help spread the cost of public transport season tickets or cycle purchase. The loans are interest free and are repaid directly from your pay over ten months for a monthly deduction, or 44 weeks for a weekly deduction. The scheme is open to employees of Surrey & Sussex Healthcare NHS Trusts who are on the Trust payroll and have been employed by the Trust for a minimum continuous period of six months, with a contract that matches or exceeds the repayment period. Applications need to be approved by the Budget Holder in the area that the employee usually works and are processed by the payroll department.

Transport links

The hospital is situated within a 10 minute walk of Earlswood station and a 15 minute bus journey from Redhill station. Both stations offer fast and frequent journeys into London and out to Gatwick Airport and Brighton.

Parking arrangements

The staff car park has recently been improved to include more spaces, and dedicated clinician parking for after midday to cater for those working across sites. Staff are able to park on site for £1 per day.

Accolades/achievements of the trust

Our vision: Safe, High Quality Healthcare which puts our Community First

Our values: Dignity & Respect: we value each person as an individual and will challenge disrespectful and inappropriate behaviour.

One Team: we work together and have a ‘can do’ approach to all that we do recognising that we all add value with equal worth.

Compassion: we respond with humanity and kindness and search for things we can do, however small; we do not wait to be asked, because we care.

Safety & Quality: we take responsibility for our actions, decisions and behaviours in delivering safe, high quality care.

Terms and conditions of employment

Terms and conditions of employment can be found at www.nhsemployers.org/PAYANDCONTRACTS/Pages/Pay-and-contracts.aspx

East Surrey Hospital, Redhill & Crawley Hospital

continued
Overview of trust

In April 2009 St Richard’s Hospital merged with Worthing Hospital & Southlands Hospital to become one trust, Western Sussex Hospitals NHS Trust. Also part of the Trust is the Bognor Regis Memorial Hospital in neighbouring Bognor Regis.

Further details including a list of programmes and individual placement descriptions are available at: www.stfs.org.uk/trusts/western-sussex-hospitals-nhs-trust

Facilities

Postgraduate Centre
The Chichester Medical Education Centre (CMEC) is a purpose built centre located within the hospital grounds and is supported by an experienced and friendly team of postgraduate staff. All rooms are equipped with the latest audio-visual equipment including computer and internet access. All foundation teaching takes place within the centre on a weekly basis.

CMEC has an extensive range of seminar and lecture rooms, including fully equipped simulation facilities. All senior Medical Education staff can be contacted through CMEC. The centre is frequented by medical staff both from within the hospital and from the community.

Accommodation
Limited accommodation is available on a first come, first served basis. Rent for accommodation starts at £407 per month for a single room (rents are reviewed annually in April).

Social activities
Social activities are organised via the Doctors’ mess by the mess President. Events include barbecues, the Annual Doctors Ball, the Doctors Review at Christmas and many other social events throughout the year.

Doctors’ mess
St Richard’s has a very active Doctors’ mess which is the social hub of the hospital. The mess has its own building on site with sofas, sky, pool table, fully stocked kitchen and bar.

The mess also facilitates a number of charity events throughout the year.

Library facilities
St Richard’s hospital has a well stocked library, with a selection of e-resources and fast, efficient document delivery service.

The library staff are friendly and approachable and on hand to undertake literature searches, upon request. The staff are available to provide training on searches for evidence based information.

The library is accessible until 10pm every day, via swipe access.

IT facilities
An 18-station IT training room is available for use by junior doctors and medical students on the first floor of CMEC. The IT suite is available until 10pm every day, via swipe access.

There are additional IT stations situated on the ground floor of CMEC, available to all staff.

Other facilities
‘Doctors Orders’, a dedicated café, is situated within CMEC and provides a wide range of options for all who attend the centre.

Co-Operative childcare is based at St Richards, and offers day care for children aged 3 months to 5 years. The nursery has a super outdoor space, baby rooms, toddler, and preschool rooms.

Food is cooked onsite and nappies, snacks etc. are all included in the fees. The Co-Operative has a ‘GOOD’ rating from Ofsted.

Local amenities/attractions
St Richard’s hospital is within walking distance of the city centre where you will find a variety of independent and big chain stores.
Chichester Festival Theatre is located a few hundred metres from the hospital and shows a variety of productions all year round. Goodwood and Fontwell racecourses are within easy reach and for those interested in motorsport the Goodwood Festival of Speed is a must.

Just outside the city centre you will find leisure facilities such as a gym, a cinema, and a bowling complex. Chichester has many restaurants, pubs and local cafes for you to enjoy.

Chichester Harbour is short distance from the city and is the perfect place to enjoy a picnic and a bit of sailing!

Transport links
St Richard’s hospital is located within close proximity of Chichester train station which has direct routes to London, Portsmouth, Southampton and Brighton. There are frequent trains to most south coast destinations, including Arundel and its historic castle.

There are also frequent bus services to and from the hospital.

Parking arrangements
Parking arrangements are made via the parking office at the hospital. Subject to availability doctors are able to purchase annual hospital parking permits (payable monthly from your salary).

All other hospital parking is pay and display.

Accolades/achievements of the trust
On 1 July 2013 Western Sussex Hospitals Foundation NHS Trust became a Foundation Trust, only the second trust (since April 2012) to be approved under monitor’s new powers to promote and protect the interests of patients.

Western Sussex Hospitals Foundation NHS Trust has been named as a CHKS 40 Top Hospital every year since the Trust was formed in 2009.

Western Sussex Hospitals Foundation NHS Trust’s Clinical Skills Laboratory facilities rival some of the best training environments in the NHS.

Terms and conditions of employment
The terms and conditions of service are as set out in the National Terms and conditions of Service for Hospital Medical and Dental Staff as applied by the Trust which are available from the NHS Employers website: www.nhsemployers.org/PayAndContracts/MedicalandDentalContracts/JuniorDoctorsDentistsGPReg/Pages/DoctorsInTraining-JuniorDoctorsTermsAndConditions150908.aspx

Any additional information
About Western Sussex Hospitals NHS Foundation Trust
Western Sussex Hospitals NHS Trust was established on 1st April, 2009, as the result of the merger between Royal West Sussex, and Worthing and Southlands Hospitals NHS Trusts.

On 1 July, 2013, we gained Foundation Trust status, becoming the first acute Trust in Sussex to achieve this milestone. We were only the second Foundation Trust to be approved under the regulator monitor’s new powers to promote and protect the interests of patients.

We operate from three major sites: St Richard’s Hospital in Chichester, Worthing Hospital, and Southlands Hospital in Shoreham. We serve a population of approximately 450,000 people, and in 2013/14 our annual turnover was approximately £370m.

Both St Richard’s and Worthing hospitals provide a full range of acute hospital care, including accident and emergency services, acute medical care, maternity and children’s services and a range of surgical specialties. Southlands Hospital no longer provides inpatient care but continues to offer outpatient and diagnostic services, and day case procedures.

Our services are predominantly commissioned by the NHS Coastal West Sussex Clinical Commissioning Group, with whom we are committed to providing high quality integrated care across the local health economy.
We are also committed to working closely with our provider of community hospitals, Sussex Community NHS Trust, and the local provider of mental health services, Sussex Partnership NHS Foundation Trust. The Trust does not provide tertiary services and looks towards Brighton, Portsmouth and Southampton for these services.

About St Richard's Hospital
St Richard’s Hospital in Chichester has approximately 430 beds and provides a full range of general acute services including, maternity, outpatients, A&E and intensive care.

It also has a purpose-built NHS Treatment Centre on site which offers safe, fast, pre-booked day and short stay surgery and diagnostic procedures.

The area served by the hospital is around 400sq miles. This area consists of the coastal areas of Littlehampton, Bognor, Selsey and Chichester Harbour, together with the city of Chichester and the South Downs market towns of Midhurst, Billingshurst, Pulborough, Arundel and Petworth. The hospital also serves a significant number of patients from East Hampshire.

Educational and clinical supervision
Foundation Doctors are allocated an Educational Supervisor who will support them throughout their year with us. Any trainee on a linked two year programme will have the same Educational Supervisor throughout their whole time with us.

It is the Educational Supervisor’s responsibility to support the trainee and their educational development during this time and provide feedback on the trainee’s progress to the Medical Education Team.

Trainees are allocated a Clinical Supervisor for each placement they undertake, who is responsible for their clinical skill development; provide day-to-day support to their trainee, and feedback on their trainee’s clinical progress to the Medical Education Team.

Teaching programme
Dedicated foundation teaching takes place weekly across both sites and is available for all foundation doctors to attend. All mandatory teaching is bleep free and trainees must attend at least 70% of teaching to acquire sign-off at the end of the year. All foundation teaching is recorded and available for viewing via the Post Graduate Medical Education website.

In addition to this, departmental teaching is also frequently delivered and will allow foundation doctors the opportunity to present cases.

Tasters
Both F1s and F2s are encouraged to take Taster Days in specialties that are of interest to them and not covered within their two year foundation programme. These are arranged on an individual basis.

Simulation
St Richard’s has an extensive simulation department, located on the first floor of CMEC, providing all junior doctors with the opportunity to practise clinical skills, including venepuncture and suturing.

This superb facility ensures that the clinical training opportunities at St Richard’s Hospital continue to develop and flourish.

All foundation trainees attend dedicated simulation sessions during their time at St Richard’s. F1s have a full day simulation session and F2s have the opportunity to attend 2 half day sessions. All simulation sessions are certified.

Foundation doctor forums
Foundation Doctor Representatives are required to attend quarterly Local Faculty Group (LFG) meetings to feedback on the views of their peers to the Foundation Faculty.

Quarterly Trainee Forums are run across both sites. All trainees are welcome to attend these to voice their views and opinions on the hospital.

These are run as informal, confidential events for trainees, giving trainees the opportunity to feedback honestly and openly. Senior consultants may only attend with prior consent from the attending trainees.

Any additional information
Western Sussex Hospitals Foundation NHS Trust is split over two sites: Worthing and St Richard’s, Chichester. A joint induction is run for all foundation doctors which will be on one site.
Overview of trust

In April 2009 Worthing Hospital & Southlands Hospital merged with St Richard’s Hospital to become one trust, Western Sussex Hospitals NHS Trust. Also part of the Trust is the Bognor War Memorial Hospital in neighbouring Bognor Regis.

Further details including a list of programmes and individual placement descriptions are available at: www.stfs.org.uk/trusts/western-sussex-hospitals-nhs-trust

Facilities

Postgraduate Centre

The newly refurbished Worthing Health Education Centre (WHEC) is a purpose built centre located on the lower ground floor of Worthing Hospital and is supported by an experienced and friendly team of postgraduate staff. All rooms are equipped with the latest audio-visual equipment including computer and internet access. All foundation teaching takes place within the centre on a weekly basis.

WHEC has an extensive range of seminar and lecture rooms, including fully equipped simulation facilities. All senior Medical Education staff can be contacted through WHEC. The centre is frequented by medical staff both from within the hospital and from the community.

Accommodation

Limited accommodation is available on a first come, first served basis. Rent for accommodation starts at £370 per month (rents reviewed annually in April).

Social activities

Social activities are organised via the Doctors’ mess by the mess Presidents, such as the Annual Doctors Ball, the Doctors Review at Christmas and many other social events throughout the year.

Doctors’ mess

The Doctors’ mess is located next to the WHEC and offers junior doctors a comfortable environment to relax during their breaks.

A monthly subscription fee gives the junior doctors access to food and newspapers which are delivered to the mess on a weekly basis.

Library facilities

Worthing hospital has a well-stocked library, with a selection of e-resources and fast, efficient document delivery service.

The library staff are friendly and approachable and on hand to undertake literature searches, upon request. The staff available to provide training on searches for evidence based information.

The library is accessible 24 hours a day, via swipe access.

IT facilities

The library has 14 computer stations available for use to all hospital staff. The IT facilities within the library are available 24 hours a day, via swipe access.

Other facilities

‘Food for Thought’, a dedicated café, is situated within WHEC and provides a wide choice of sandwiches, hot meals and drinks for all who attend the centre.

Local amenities/attractions

Worthing hospital is within walking distance to the town centre where there are a variety of independent and big chain stores.

The Dome Cinema is in close proximity to the hospital and shows a variety of films within its original Edwardian décor. Shoreham airport is just a short drive away, as is the Brooklands Go Karts track.
There are a selection of gyms, leisure facilities and pubs and local cafes for you to enjoy. Transport links
Worthing Hospital is located within close proximity to both Worthing Central and East Worthing train stations with direct routes to London Victoria, Portsmouth and Southampton. There are frequent trains to most south coast destinations, including Brighton and its Royal Pavilion!

There is also a frequent bus service to and from the hospital.

Parking arrangements
Parking arrangements are made via the parking office at the hospital. Subject to availability doctors are able to purchase annual hospital parking permits (payable monthly from your salary).

Alternatively applications can be made to Worthing Borough Council Parking Office in the town centre for a street parking permit.

All other hospital parking is pay on foot.

Accolades/achievements of the trust
On 1st July 2013 Western Sussex Hospitals Foundation NHS Trust became a Foundation Trust, only the second trust (since April 2012) to be approved under monitor’s new powers to promote and protect the interests of patients.

Western Sussex Hospitals Foundation NHS Trust has been named as a CHKS 40 Top Western Sussex Hospitals Foundation NHS Trust, only the second trust (since April 2012) to achieve this milestone. We were only the second Foundation Trust to be approved under the regulator monitor’s new powers to promote and protect the interests of patients.

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Our services are predominantly commissioned by the NHS Coastal West Sussex Clinical Commissioning Group, with whom we are committed to providing high quality integrated care across the local health economy.

We are also committed to working closely with our provider of community hospitals, Sussex Community NHS Trust, and the local provider of mental health services, Sussex Partnership NHS Foundation Trust. The Trust does not provide tertiary services and looks towards Brighton, Portsmouth and Southampton for these services.

About Worthing Hospital
Worthing Hospital has approximately 500 beds and provides a full range of general acute services including maternity, outpatients, A&E and intensive care.

The hospital primarily serves people living in Worthing, Shoreham-by-Sea and also towns and villages along the coast and in the inland areas of West Sussex.

However, it also offers more specialist services, such as the West Sussex breast screening, to a wider catchment area stretching from Chichester in the west to Brighton in the east.

Terms and conditions of employment
The terms and conditions of service are as set out in the National Terms and conditions of Service for Hospital Medical and Dental Staff as applied by the Trust which are available from the NHS Employers website: www.nhsemployers.org/

PayAndContracts/MedicalandDentalContracts/
JuniorDoctorsDentistsGPReg/Pages/
DoctorsInTraining-JuniorDoctorsTermsAndCond
itions150908.aspx

Any additional information
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However, it also offers more specialist services, such as the West Sussex breast screening, to a wider catchment area stretching from Chichester in the west to Brighton in the east.

Foundation programme specific information
Induction/shadowing arrangements
Incoming F1s attend a four day induction programme which incorporates 2 full days of shadowing prior to the commencement of their F1 year.

All F2s attend a full day induction programme on their first day with the Trust. This includes a half day departmental induction within their initial specialty.

Educational and clinical supervision
Foundation Doctors are allocated an Educational Supervisor who will support them throughout their year with us. Any trainee on a linked two year programme will have the same Educational Supervisor throughout their whole time with us.

It is the Educational Supervisor’s responsibility to support the trainee and their educational development during this time and provide feedback on the trainee’s progress to the Medical Education Team.

Trainees are allocated a Clinical Supervisor for each placement they undertake, who is responsible for their clinical skill development; provide day-to-day support to their trainee, and feedback on their trainee’s clinical progress to the Medical Education Team.

Teaching programme
Dedicated, foundation teaching takes place weekly across both sites and is available for all foundation doctors to attend.

All foundation teaching is bleep free and trainees must attend at least 70% of this teaching to acquire sign-off at the end of the year. All foundation teaching is recorded and available for viewing via the Post Graduate Medical Education website.

In addition to this, departmental teaching is also frequently delivered and will allow foundation doctors the opportunity to present cases.

Tasters
Both F1s and F2s are encouraged to take Taster Days in specialties that are of interest to them and not covered within their two year foundation programme. These are arranged on an individual basis.
Simulation
A new Simulation Suite opened on 8th March 2011 at Worthing Hospital giving all foundation doctors the opportunity to attend an Acute Care Simulation training day on-site.

This superb facility ensures that the clinical training opportunities at Worthing Hospital continue to develop and flourish.

All foundation trainees attend dedicated simulation sessions during their time at Worthing. F1s have a full day simulation session and F2s have the opportunity to attend 2 half day sessions. All simulation sessions are certificated.

Foundation doctor forums
Foundation Doctor Representatives are required to attend quarterly Local Faculty Group (LFG) meetings to feedback on the views of their peers to the Foundation Faculty.

Quarterly Trainee Forums are run across both sites. All trainees are welcome to attend these to voice their views and opinions on the hospital. These are run as informal, confidential events for trainees, giving them the opportunity to feedback honestly and openly. Senior consultants may only attend with prior consent from the attending trainees.
Currently a number of STFS linked trusts are undergoing reconfiguration which may result in changes to training programmes. STFS will endeavour to keep our foundation doctors informed.
Inpatient and Community sites

KMPT Trust Headquarters, The Kent and Medway NHS and Social Care Partnership Trust HQ, Farm Villa, Hermitage Lane, Maidstone, Kent ME16 9PH
Trust switchboard: 01622 724100
Trust website: www.kmpt.nhs.uk
Trust foundation website: www.kmpt.nhs.uk/information-for-professionals/gp-foundation-psychiatry-trainees.htm

Key individuals

Director of Medical Education Dr Aamer Sarfraz
Locality Tutors Dr Tony Beirne (Dartford) Dr Mallika Sundaram (Medway) Dr Maria Agundez (East Kent) Dr Hina Agha (Maidstone & Tunbridge Wells)
Foundation Leads Dr Rehab Khalifa – East Kent Dr Samina Karamat – West Kent
Medical Education Manager Mrs Angela Pendleton
Medical Staffing Manager Jacquie Dixon
Foundation Programme Administrators Laura Griffiths Kelle Jest – Acting Education Registrar Academic programme and Tasters

Facilities

Postgraduate Centre
Main Education Centre, St. Martins Hospital, Littlebourne Road, Canterbury, Kent. CT1 1TD

Other Offices:
1st Floor Psychiatry Office, Maidstone Academic Centre, Maidstone Hospital, Hermitage Lane, Maidstone, ME16 9QQ
Elizabeth Raybould Centre, Greenacres, Bow Arrow Lane, Dartford, DA2 6PB

Accommodation
No overnight accommodation available at KMPT

Doctors’ mess
On-Call & Doctors’ Resource Rooms are available at: St Martins Hospital Canterbury – equipped with kitchen facilities, TV, DVD and PC
Priority House, Maidstone Hospital – equipped with sofa bed and PC and Little Brook Hospital equipped with, PCs, books, TV/DVD, Tea/coffee

Library facilities
Trainees have access to any of the following Acute Trust libraries:

- Maidstone & Tunbridge Wells NHS Trust
- Dartford & Gravesham NHS Trust
- East Kent Hospitals NHS Foundation Trust
- Medway NHS Foundation Trust

As mentioned above, KMPT also hold their own Resource rooms and PC Suites available at: The Resource Room, Archery House, Littlebrook Hospital Dartford
The Education Centre, PC Suite, Canterbury St Martins
Resource Room, Canada House, Gillingham

IT facilities
There are various facilities across the trust in the form of hot desks, generic trust spaces with networked and non networked PCs available.

All trainees will have access to KMPT Cloud where you will then be able to log onto the KMPT network and access your files and drives anywhere outside the Trust via an internet connection.

Other facilities
Free car parking at many Psychiatry trust sites.

Local amenities/attractons
There are many attractions across Kent and Medway - the list is endless and something for everyone.

Transport links
Across Kent and Medway.

Parking arrangements
As per each site – refer to the medical education team at the time of enquire for more information.

Accolades/achievements of the trust
Kent and Medway NHS and Social Care Partnership Trust (KMPT) provides psychiatry placements and training for doctors all over the county of Kent. KMPT was ranked joint first (higher training) and third (core training) in England regarding popularity for recruitment in the National General Medical Council (GMC) Survey in 2015.

Raising awareness about mental health is high a priority for our Trust. This year we have provided awareness training to over 600 staff from Kent Police. The research based course covers the cause of mental illness, the law and detainment under the mental health act preventing suicide, how medication works, the myths and facts about suicide and the safest way to restrain people with mental health problems. We are also working with service users and carers to promote safety and develop new ways of assessing and managing the risk of suicide, violence and other risks. Signing up to NHS England’s ‘Sign up to Safety’ campaign means that, as a Trust, we have made pledges.

The Trust is proud to be at the forefront of an innovative combined arts and music therapy project which is a possible first for the UK. The project, which involves 100 service users across all age group producing artwork with accompanying music, places a strong emphasis on collaboration between service users and a positive experience of shared working for all those involved. A booklet is being produced to help others who want to implement similar projects.

As well as being innovative, the Trust has also been commended for several initiatives over the past year. One of our recovery clinics in Maidstone was highly commended for its work in the Improving Care for People in a Mental Health Crisis’ Category at the National Positive Practice in Mental Health Awards in Sheffield. Academically, a psychology student together
KENT AND MEDWAY NHS SOCIAL CARE AND PARTNERSHIP TRUST (KNOWN AS KMPT)

Inpatient and Community sites

continued

with a service user won the best submitted academic prize at the National Conference of the Faculty of the Psychology of Older People for their poster and presentation on frontotemporal dementia.

We are providing national leadership in developing a fire setting intervention group programme for mentally disordered offenders. The programme has been rolled out across 15 Forensic Services across the country.

We have also placed a focus on training through various initiatives such as providing training on person centred care planning to care homes. The training was carried out by the KMPT Home treatment Service. The training covered the following topics: What is dementia, person centred care, communication, occupation, physical health and understanding behaviour. Internally, 17 of our staff are training in ‘open dialogue’, which is a social network based intervention.

The Trust has held several successful conferences such as our first Quality Call to Action Conference, which was attended by over 100 delegates and included presentations and workshops influenced by the Quality Account 2013 -2014 with ‘carers’ as the theme. We held a conference to discuss and celebrate recovery within KMPT. A number of pledges were made by attendees during the day this included the following pledge ‘Improving our use of language to be more hopeful and collaborative’. We also held our first carers and service users conferences, which were hosted by the Chief Executive and provided input into service development. We will be continuing to plan future carer and service-users conferences throughout 2015.

Terms and Conditions of employment

Under SEAT – all Foundation Trainees should be employed through their respective acute trust whilst on training placement in Psychiatry.

Educational and clinical supervision

All Supervisors are trained and offer support and supervision as programmed and on request.

Teaching programme

Academic Programme - full day, fortnightly on a Tuesday.

Tasters - pick and choose the session to attend.

Tasters

We are flexible in our approach to tasters in Psychiatry as there are many subspecialties to ‘taste’. We have a great teaching consultant and SAS Body who will offer all manner of ‘tasters’ to fit in with your time and programme. Please contact the medical Education manager for more information.

Tasters to consider as an example:-

• Eating Disorders
• Peri-natal Psychiatry
• Forensics
• Access
• Crisis Home Treatment/
• Rehabilitation
• Liaison
• Older Adult

Simulation

Simulation Lead – Dr Titil Akinsola Simulation Training for Foundation Psychiatry trainees commenced in September 2014. As part of an ongoing program, simulation training sessions are now provided to all foundation trainees rotating in Psychiatry in collaboration with Medway Maritime Foundation Trust. Training is focused on psychiatric history taking, mental state examination, and risk assessment.

Foundation doctor forums

Medical Education invite them to meet twice a year formally. In addition, they have Balint Groups, and reflective sessions on Academic days.

Foundation programme specific information

Induction/shadowing arrangements

Full extensive Induction process for the four monthly training placements. 2 days shadowing available for August new starters. Weekly tasters are available locally.
Facilities

Postgraduate Centre
The Education Centres at Queen Mary’s Hospital and the Memorial Hospital provide a wide range of excellent high quality learning facilities for both medical and non-medical staff. All have well equipped lecture theatres with the latest technology for the purposes of education and learning.

IT facilities
All sites have access to dedicated PCs during and out of working hours. QMS has computers within the doctor’s mess for their use.

Other facilities
QM have a nursery within close walking distance.

Local amenities/attractions
Bluewater shopping centre is just off the A2 which can be accessed via the M25 near the Dartford Tunnel. Lakeside Shopping complex is the other side of the Dartford Tunnel. Dover is just over an hour away via the A2 or M20. Excellent travel times to London 12-15 minutes for Shopping, Theatres, etc. Access to London’s O2 Arena.

Transport links
All sites are well served by local buses that can come and pick up on site or just outside. All have close links to the M25, A20, A21, M20, A2. Eurotunnel and the Ebbsfleet International Station are just off the M25 before the Dartford Tunnel. Access to London could not be easier not only using the buses but by rail with easy access to London Victoria, Charing Cross etc. London Airports are all within good road and rail links.

Parking arrangements
Free Parking is available for Oxleas’ Staff at Queen Mary’s Hospital Site. Parking is free throughout Oxleas’ sites and, in the event that payment is required for parking, this will be reimbursed by the Trust.

Accolades/achievements of the trust
Named by the King’s Fund as one of the few high performing trusts in staff engagement in a 2014 report, Oxleas Foundation Trust was praised for its efforts in developing more inclusive and supportive leadership styles. Oxleas is also one of the most gay friendly places to work in the NHS, according to Stonewall’s Workplace Equality Index.

Oxleas was recently awarded £35,000 for a new model of care for people with advanced dementia, which helps them to stay in the comfort of their own homes for as long as possible.
In the last two years the experience of patients on Betts Ward at Green Parks House, Oxleas’ mental health inpatient unit in Bromley, has been transformed and complaints have reduced by 80% due to a challenging Experience Based Co-Design (EBCD) project involving collaboration between clinical staff and service users.

Tasters
At present, there are opportunities for taster sessions in Community Psychiatry and variety of clinical specialties including child and adolescent mental health, psychiatric intensive care, learning disability and forensic psychiatry.

Simulation
Simulation Learning Skills Areas are available at Queen Mary’s Hospital and Oxleas offers an evolving array of programmes to suit trainees’ needs.

Foundation programme specific information

Induction/shadowing arrangements
Comprehensive induction package offered. Oxleas offers the opportunity for trainees to shadow senior staff over a wide variety of disciplines from consultants to senior management executives including our Trust’s CEO.

Clinical supervision
Educational supervision will be provided by the lead education provider (the local acute trust). Clinical Supervision is provided to all trainees when needed and trainees can expect an hour of dedicated clinical supervision each week.

Teaching programme
Foundation trainees attend the regular teaching organised by the local trusts. In addition, Trainees can attend regular teaching sessions with the Clinical Tutor. Induction - This is undertaken for all new starters to Oxleas. Subsequent local induction also takes place at the local Trust sites. The Trust provides a clinical competency workshop that receives very good feedback in preparing new doctors for the challenges of working in a discipline that many will be wholly unfamiliar with.

Any additional information
Oxleas NHS Foundation trust provide a full range of high quality NHS mental health care to the people of South East London and more specifically to the communities living in the London Boroughs of Bexley, Bromley and Greenwich. In addition, Oxleas provides comprehensive community healthcare services to the people of Bexley.
Facilities

Postgraduate Centre
The Postgraduate Centre is situated on the lower ground floor of Eileen Skellern House at the Maudsley Hospital site. The Postgraduate Administration team are based in the centre, and there are hot desking facilities and a bookable meeting room for Trainees and Training Programme Tutors to use.

Accommodation
SLaM offers staff accommodation at various sites around South East London at affordable rents via our housing partners Affinity Sutton. Please contact Lyn Pester 020 3228 4840 or lyn.pester@slam.nhs.uk on Mondays, Wednesdays & Thursdays.

Social activities
The Junior Doctors Committee meets regularly, and plans a huge range of events; Film Clubs, Creative Writing Groups, Socials, Computer Game Clubs, Creative Writing Workshops, and summer and winter balls.
For further details contact JDC President, Tom Dewhurst via email: Thomas.Dewhurst@slam.nhs.uk or Vice-President Alexandra Blackman Alexandra.Blackman@slam.nhs.uk

Doctors’ mess
Doctor’s Common Rooms are available on all the main hospital sites, with computers and kitchen facilities. At the Lambeth Hospital site, there is a Junior Doctor’s office in Reay House, and a Doctor’s flat, with shower facilities.

Library facilities
The South London local team Library is based at 1st Floor, Reay House, Lambeth Hospital. Staff can borrow <10 books at a time, and access computers, journals and photocopying. Trainees are also given access to the KCL libraries at the Weston Education Centre and at the Institute of Psychiatry, Psychology and Neuroscience.

IT facilities
There are hot desk facilities available at all major SLaM sites and SLaM IT network offers free Wi-Fi service to all staff. All trainees will have access to ePJS (Electronic Patient Journey System).

Other facilities
There is a swimming pool at the Bethlem and a gym at both the Bethlem and Maudsley site. The Trust has two nurseries, Cedar House at the Maudsley and Winchilsea House at the Bethlem. Both nurseries are registered with OFSTED.

Local amenities/attractions
Bethlem Museum of the Mind is in the Hospital’s former administration building. Its displays offer unparalleled resources to support learning about the history of mental healthcare and treatment.
There is no charge for entry.
The Maudsley is situated in Camberwell, and close to Peckham, and Lambeth Hospital is in between Clapham and Brixton. These areas are vibrant parts of South London with a range of restaurants, bars, galleries and parks. There is quick access to central London.
The Ladywell Unit in Lewisham is within walking distance of Lewisham town centre, where there is a street market, a bowling alley, gyms, and a large shopping centre.
St Thomas’ is a large, busy general hospital serving central London. There is an ATM on site and a number of places to buy food including M&S, WH Smith, the hospital restaurant and a few smaller cafes, one of which is 24hr. There are many shops and restaurants in the surrounding area.

Transport links
The Maudsley and King’s are opposite each other on Denmark Hill, and are convenient for public transport. Trains run from Denmark Hill (including the Overground) and Loughborough Junction. There are plenty of well-connected bus stops nearby and there is a free bus to and from The Bethlem.
To get to the Bethlem, trains run from London Bridge to Eden Park, (10 minute walk away). West and East Croydon Stations offer regular and far-reaching services. The city is well connected by tram and bus. 119 and 198 buses from Croydon go to The Bethlem.
To get to Lambeth Hospital, by Tube: Nearest station Clapham North (5-10 minute walk), with Stockwell and Brixton also within easy walking distance. Rail: Nearest station is Clapham High Street on the London Overground line ~ 10 minutes’ walk. Bus: Routes 88, 155 (24hrs), 345 (24hrs), 355 and P5 serve the Hospital.
SOUTH LONDON AND MAUDSLEY
NHS FOUNDATION TRUST

Maudsley
Bethlem Royal
Lambeth
Ladywell Unit, Lewisham
Croydon University Hospital
St.Thomas’ Hospital

continued

For Lewisham, the nearest train station to the hospital is Ladywell, a short walk from the hospital. Trains connect to London Bridge, Waterloo East and Charing Cross and towards Hayes, Kent in the other direction. Lewisham station is approximately 20 minutes’ walk away or a short bus ride. There are many bus routes nearby.

St Thomas’s nearest tube stations are Westminster (5 minute walk), Waterloo (10 minute walk) and Lambeth North (10 minute walk). Rail: Nearest Waterloo and Waterloo East (10 minute walk), Victoria and Charing Cross are also not far.

Bus: Many routes serve St Thomas’.

Parking arrangements

The Maudsley has two parking spaces for the ‘On-call doctor’. If you are working out of hours (OOH) at the Maudsley or at King’s you can park free of charge - just notify the Maudsley Reception. There are bike racks both at the Maudsley main entrance, between the ORTUS Training Centre and the IoPPN and outside King’s.

At the Bethlem, there is ample free parking on site for motorists and bike racks for the adventurous – both driving and cycling take 35 minutes from Denmark Hill.

At Lambeth there is free but limited parking on the site for permit holders. Permits can be obtained from the Porters Lodge.

At Lewisham Hospital, parking spaces are very limited and most people park in the surrounding roads. There are many covered cycle racks on site. The parking office at UHL can issue a car parking permit to park at local roads at a cost of around £45 per month. A car parking card can be purchased on site for night shifts and evening shifts only.

St Thomas’ Hospital is located in the Congestion zone. Parking is very limited in the visitor’s car park, we would advise you to use public transport. Bicycle racks are located near the front of the main reception alongside Gassiot House.

Most community sites have free parking.

Accolades/achievements of the trust

The South London and Maudsley NHS Foundation Trust, which dates back to the foundation of Bethlem Royal Hospital in 1247, the oldest psychiatric institution in the world, provides the widest range of NHS mental health services in the UK.

We provide NHS care and treatment for people with mental health problems. We also provide services for people who are addicted to drugs or alcohol. As well as serving the communities of South London, we provide specialist services for people from across the UK and beyond.

Locally, we deliver mental health services for people living in the London boroughs of Croydon, Lambeth, Lewisham and Southwark; and substance misuse services for residents of Bexley, Lambeth, Greenwich, Southwark and Wandsworth.

We provide clinical services in seven London boroughs, with a combined population of nearly 2 million people covering an area of 168 square miles, rich in culture, diversity and architecture.

We are part of an Academic Health Sciences Centre called King’s Health Partners with King’s College London, Guy’s and St Thomas’ and King’s College Hospital NHS Foundation Trusts. Our aim is to be a leader in improving health and wellbeing - locally, nationally and globally.

The Trust is a truly unique organisation, offering excellence in treatment, research and training. There are very few organisations in the world that have such wide-ranging capabilities working with mental illness. Our scope is unique because it is built on three major foundations: care and treatment, science and research, and training.

Service users benefit from the highest level of care; research teams explore new and better treatments; and in-house training facilities pass on the latest knowledge and skills to staff members. Close relationships between these three faculties ensure that lessons learned from patient contact and research can be translated into effective treatment, benefiting people locally, nationally and internationally.

We are increasingly focused on promoting mental health and wellbeing rather than simply responding to mental illness. Our philosophy of care is the recovery model. We provide treatment that helps people get well and stay well, so they can achieve their full potential. Above all, we believe change is possible, no matter how long someone has had a mental health problem, or how much this has changed their life.

Our integrated adult services make it possible for us to address both an individual’s mental health and social care needs. In particular, we are focusing more on early intervention: getting help to people sooner and supporting them at an earlier stage in their lives – especially younger people. Our work is about changing lives, not just for individuals, but in partnership with them.
The Maudsley Training Programme guarantees high quality training in evidenced-based psychiatry, working in a wide range of specialties, sub-specialties and clinical settings. You will have access to world-class educational resources from affiliations with the Institute of Psychiatry, Psychology and Neuroscience, King’s College London and King’s Health Partners.

Foundation programme specific information

Induction/shadowing arrangements
Dedicated inductions to working in psychiatry are organised every 4 months at the start of your psychiatry placement (August, December, April). Inductions cover topics such as psychiatric assessment, risk assessment, mental health law and safe prescribing. You will receive training using simulation as well as a Course covering PSTS (Promoting Safe & Therapeutic Services). In addition, at the August rotation you will receive details of your local induction to the teams you will be working with and will complete a checklist with a member of the team confirming this has taken place.

If, for any reason, you are unable to attend Induction, you should contact the Postgraduate Education Training Centre – phone 0203 228 3834 or email postgrad@slam.nhs.uk

The August induction, for all SLaM trainees, runs for 3 days. This will not clash with your host Trust induction which you should attend as a priority.

Educational and clinical supervision
You will receive regular supervision sessions with your clinical supervisor.

You should meet with your educational supervisor at regular mutually agreed intervals to discuss training progress and make sure your e-portfolio is up to date.

Teaching programme
A joint (both F1s & F2s) monthly half day teaching programme is organised, run by Dr Gopinath Ranjith and Dr Thomas Gilberthorpe.

This is held on a Monday afternoon at the Denmark Hill or St Thomas’ Hospital sites. Information regarding the dates and programme will be circulated well in advance.

You will have protected time to attend all mandatory training sessions and foundation teaching organised by your employing Trust.

Tasters
Formal Taster weeks can be organised during your foundation placement, either in another branch of psychiatry or a different specialty, by discussing with your consultant supervisor. You will need to give advance notice of your intention to do this. Dr Ranjith, Foundation Lead, can help to organise psychiatry tasters for you. Also, after discussion with your clinical supervisor, you may spend a day or two observing another service if you wish.

Simulation
As a trainee on The Maudsley Training Programme you will have access to a range of courses provided by Maudsley Simulation, which is located at Reay House at the Lambeth Hospital site. This includes the Introductory Simulation in Clinical Skills Course (ISiCS) which is offered to all new trainees to the Trust. For further information and to view the full catalogue of simulation courses please visit: www.maudsleysimulation.com, email Simulation@slam.nhs.uk, or telephone 020 3228 6149.

Foundation doctor forums
While there is no specific Foundation doctors forum at SLaM, Doctors are encourage to get involved with the Junior Doctors Committee and any forums organised at their host Trust.

As a Foundation trainee you will automatically be matched up with a core psychiatry trainee as your mentor, as part of the Peer Mentoring scheme. You can choose to opt out of this opportunity if you wish and if so, will need to inform one of the Peer Mentoring Leads at induction, Dr Kate Au – kate.au@slam.nhs.uk or Dr Louise Murphy – catherine.murphy@slam.nhs.uk

Any additional information

Learning Opportunities
The foundation jobs allow trainees to acquire most of the skills in the foundation curriculum. By the end of your 4 month placement you are expected to achieve the mental health competencies expected of a foundation trainee. These include taking a history, performing a mental state examination, cognitive screening and risk assessment, formulating a management plan and writing a psychiatric report.

The majority of your Supervised Learning Events (SLEs) are consultant led. You should make sure that you do the recommended minimum number of SLEs with your clinical supervisor or other clinicians in the team.

Audit/Research
You will have ample opportunity to get involved in clinical audit and quality improvement projects. If you express an interest in research, you can be directed to an academic psychiatrist whose research interests match yours. We can also provide advice on applying for Academic Clinical Fellowships in psychiatry if this is of interest to you.
SOUTH WEST LONDON & ST GEORGE’S MENTAL HEALTH NHS TRUST

Hospital and Community sites across South West London
Trust Headquarters, Springfield Hospital, 61 Glenburnie Road, London SW17 7DJ
Switchboard: 020 3513 5000
Website: www.swlstg-tr.nhs.uk

Facilities

Postgraduate Centre
The Postgraduate facilities are based at Springfield Hospital, with an additional base at Tolworth Hospital.
The administrative centre is at PME Psychiatry, Room 18, Woodroffe House, Tolworth Hospital, Surbiton. Tel. 020 3513 5269.

Accommodation
See the accommodation section for each Acute Trust.

Doctors’ mess
Springfield Site, Doctors Mess, Building 7, Tolworth site, Woodroffe House.

Library facilities
Library facilities are available at Springfield and Tolworth Hospital. Doctors working at the Trust have access to the medical school library at St George’s University of London, including an extensive electronic journal collection.

IT facilities
All clinical sites provide access to IT facilities.

Local amenities/attractions
South West London is ideally situated between the attractions of central London and the open spaces of Surrey and Sussex.

Transport links
Excellent transport links to central London and to Surrey and the south coast.

Parking arrangements
Parking permits are available at Springfield and Tolworth Hospitals for a maximum daily fee of currently £1.

Accolades/achievements of the trust
In Psychiatry we place a lot of importance on postgraduate training and supervision. The Trust has one of the most successful postgraduate training programmes in London. All Educational Supervisors are accredited, and all undergo continuing professional development specifically geared to their educational role.

Terms and Conditions of employment
Foundation doctors remain employees of the Acute Trust, and are given an honorary contract with the Mental Health Trust.

Foundation programme specific information

Induction/shadowing arrangements
For Foundation Year 1 doctors starting their first post in Psychiatry in August, there has generally been an opportunity to shadow in the week prior to starting in post. All doctors will complete the full induction programme in the parent acute trust, and will have local inductions when they join their placement in psychiatry.

Educational and clinical supervision
Foundation doctors working in psychiatry have regular one-to-one contact with their supervising consultant throughout the post.

Teaching programme
All the teaching programmes in the parent acute Trust are considered protected teaching time. Additional teaching in psychiatry will also be available.

Tasters
Foundation Year 2 doctors will be encouraged to make use of their taster weeks. The Trust can offer tasters in Psychiatry for doctors considering Psychiatry as a career.
Simulation
All doctors will attend their scheduled simulation training in the parent acute trust. In addition, doctors working at South West London & St George's Mental Health NHS Trust (SWLSTG) currently have free access to an extensive programme of further simulation training, such as one-day training to help managing difficult patient encounters. These simulation days have been very well received by current Foundation doctors. The SWLSTG simulation lead is Dr Francesca Ducci.

Foundation doctor forums
Foundation doctors are encouraged to participate in forums and trainee groups.

Any additional information
Psychiatry placements in this Trust are available on the following rotations:
- Epsom & St Helier Hospitals NHS Trust
- Kingston Hospital NHS Foundation Trust
- St George's University Hospitals NHS Foundation Trust

In a 2013 survey of all Foundation doctors in this Trust, trainees reported a high level of satisfaction in their psychiatry placements. They reported feeling supported, and also empowered to be involved in decision making and managing complex patients. Patient feedback on their care by foundation doctors working in psychiatry was also high.

Foundation doctors are encouraged to maintain strong links with the parent acute trust during their placement in Psychiatry. All Foundation Year 1 doctors in psychiatry placements off the acute trust site will have regular clinical time back at the acute trust. This is important for FY1 doctors, allowing them to meet and work regularly with their peer group and to maintain their physical health skills. The exact arrangements vary between the acute trusts, but one example is that FY1 doctors spend 4 days each week in their psychiatry placement and 1 day each week back at the acute trust, working in an acute medical setting.
Facilities

Postgraduate Centre
Available at local STFS affiliated acute trust.

Accommodation
Available at local STFS affiliated acute trust.

Social activities
Available at local STFS affiliated acute trust.

Doctors’ mess
Junior Doctors’ Mess available in the North West at the Abraham Cowley Unit and at Epsom General in the East.

Library facilities
Full library service including journals available online at all Trust locations.

IT facilities
Trust email and internet access provided (personal use available but restricted), Office 2010, Windows 7, System One for patient records and Wi-fi at most sites.

Other facilities
Access to hot food on site at the Abraham Cowley Unit and, access to kitchens with microwave, kettle, etc, at all other sites together with bicycle racks and shower facilities plus on-site gym at the Abraham Cowley Unit and HQ.

Transport links
Easy access to most sites from M25, A3 and M3, plus regular bus and train services.

Parking arrangements
Parking available on some Trust sites, often requiring permit / fob. Other public parking facilities available.

Accolades/achievements of the trust

• SABP has the highest overall trainee satisfaction rating in HEE, South London local team region out of all Acute or Mental Health trusts

• We offer excellent training in close proximity to London

• We train a wide variety of junior doctors – F1&F2, GP trainees, BBT trainees and Psychiatry trainees

We offer opportunities to get involved in Research & Audit – supported by our R&D department and Education Department. SABP trainees presented 19 academic posters at the Royal College of Psychiatrists International Congress 2015 (highest in the region)

We have excellent membership exam pass rates.

We offer opportunities to get involved in teaching – we host medical students from 6 medical schools (3 local and 3 international)

Innovative use of technology – SABP is developing a simulation project for FY doctors making use of virtual reality to teach psychiatric competencies.

Encouraged to succeed – one of the trainees was a finalist for Core Trainee of the year 2014 and our Director of Medical Education is shortlisted for Psychiatric Trainer of the year 2015."

Any additional information
Please see Trust website detailing additional medical education Information and trainee placement opportunities.

Foundation programme specific information

Induction/shadowing arrangements
Mandatory F1 shadowing before commencement of rotation in August, and three day induction to site, service and Psychiatry, on changeover every four months.

18 Mole Business Park, Leatherhead, Surrey, KT22 7AD.
Switchboard: 0300 5555 222
Website: www.sabp.nhs.uk

Key individuals

Co-Director of Education
Dr Martin Schmidt

Locality Tutors
Dr Jeremy Mudunkotuwe (East)
Dr Dr Matthew Hagger (North West)
Dr Julian Henry (South West)

Simulation Lead
Dr Amanda Redvers

Careers Tutor
Dr Martin Schmidt

Education Manager
Ali Khan, Burnham, Epsom
Medical Staffing Manager Alison Edge, Trust HQ, Leatherhead.

Foundation Programme Administrators
Letitia Cooper (South West)
Maggie Reynolds (North West)
Penny Humphreys (East)

SURREY AND BORDERS PARTNERSHIP NHS FOUNDATION TRUST
This is a major investment initiative to enable us to provide the latest models of care in hospital environments that are therapeutic and aid recovery.

The modern hospital has been carefully designed to provide more personalised care in a respectful and supportive environment to aid recovery. It will include:

- four wards for adults all with single bedrooms and ensuite bathrooms to provide people with more privacy and dignity
- therapeutic and recreational areas including art and craft rooms, multi-purpose spaces for exercise groups or drama therapy and a fitness room
- private, safe gardens and outside spaces directly accessible from each ward
- public areas including gardens and café for everyone to enjoy
- facilities for people who are brought in by police in need of a place of safety (Section 136)
- a base for the Home Treatment Team who provide intensive support to enable people to be independent within their home environment when they first leave hospital or possibly to prevent a stay in hospital

Educational and clinical supervision

Foundation doctors are allocated an Educational Supervisor in August for the whole year to evaluate progress and provide guidance and support. Clinical Supervisors are allocated for each four month placement and provide weekly timetabled clinical supervision; the ES / CS role is combined in the first post.

Teaching programme

Foundation teaching at the local affiliated STFS acute trust is timetabled and mandatory. Local teaching programmes are held weekly on Friday mornings in the East, North West and South West. These include Balint Group, journal clubs, presentations and discussions on common Psychiatric topics, case presentations and external speakers.

Tasters

The Trust welcomes Foundation doctors for Tasters in Psychiatry: Working Age Adult, Older Adults, inpatient and community; Substance Misuse, Eating Disorders, Learning Disabilities and Child and Adolescent.

Simulation

We are developing a pilot project using simulation to train Foundation doctors in communication skills.

Foundation doctor forums

To be considered if a requirement is identified.

Any additional information

An exciting new state-of-the-art mental health hospital.

We have built a £30 million, state-of-the-art mental health hospital in Guildford.

The new hospital is in the middle of the Farnham Road Hospital site and has been designed to complement the existing wards for older people (that are in the grade II listed building along Farnham Road).
Facilities

**Postgraduate centre**
Sussex Education Centre,
Mill View Hospital, Hove

**Accommodation**
Available at local STFS affiliated acute trust

**Social activities**
Available at local STFS affiliated acute trust

**Doctors’ Mess**
- Department of Psychiatry,
  Eastbourne Conquest Hospital
- Hastings Langley Green unit,
  Crawley Oaklands Centre, Chichester
- St Richards Hospital,
  Chichester Meadowfield Unit,
  Swandean Worthing Mill View Hospital, Hove
- Princess Royal, Haywards Heath

**Library facilities**
Access to:
- www.bsuh.nhs.uk/work-and-learn/library-services/
- www.westernsussexhospitals.nhs.uk/careers/libraries/
- www.esht.nhs.uk/library/

There are several satellite libraries throughout the Trust.

**IT facilities**
Trust email and internet access provided (personal use available but restricted). Wi-fi available at most Trust sites.

**Other facilities**
Access to hot food in most areas and access to kitchens with microwave in all doctors mess.

**Local amenities/attractions**
East and West Sussex have excellent public transport connections to London and Gatwick Airport.

**Transport Links**
Easy access to most sites from A27, M25, M23, A259.

**Parking arrangements**
Parking available at most Trust sites, often requiring permit.

Accolades/achievements of the trust
Sussex Partnership NHS Foundation Trust won the Diverse Company of the Year at the National Diversity Awards. We pride ourselves in the ongoing work of our Research & Development Team. All trainees will be invited to take part in research activities.

Terms and conditions of employment
National terms and conditions administered by the local STFS affiliated acute trust.

Any additional information
Please see Sussex Partnership Trust Web Site www.sussexpartnership.nhs.uk

Foundation programme specific information

**Induction/shadowing arrangements**
Each area has a dedicated local induction. In addition there is a Trust-wide induction to SPFT. Mandatory F1 shadowing is arranged before commencement of rotation for each new intake.

**Educational and clinical supervision**
Foundation doctors are allocated a Clinical Supervisor at the commencement of each four month placement providing timetabled clinical supervision.

**Teaching programme**
Foundation teaching at the local affiliated STFS acute trust and SPFT is timetabled and mandatory.

**Tasters**
SPFT welcomes Foundation doctors for tasters in Psychiatry:
- Substance Misuse, Child & Adolescent, Working Age Adult, Older Adult, Inpatient Community.

**Simulation**
Medical Education Department is currently developing the simulation programme to be available Trust-wide.

**Foundation doctor forums**
The Trust runs junior doctor forums in all areas where Foundation doctors are expected to participate.
Appendix B: STFS Team
DIRECTORS

Director
Dr Jan Welch MBE, FRCP, FFFLM, FACadMed, FRCOG (Hon)

Jan Welch qualified in 1980 from St Thomas’s, and trained in virology and genitourinary medicine, before becoming a consultant in HIV and sexual health at King’s College Hospital in 1991. She has long had an interest in medical education, and became clinical tutor at King’s in 1998 before her appointments as director of the South East Thames Foundation School in 2005, and subsequently director of STFS, formed by the merger of the two south Thames schools.

Since the 1990s Dr Welch has also worked with the police and national bodies to develop services for people who have been sexually assaulted. The first such service, the Haven Camberwell, opened in 2000 and was followed by similar centres at St Mary’s Paddington and the Royal London Hospital; together the Havens now provide 24/7 services for all of London. In 2006 she was appointed MBE for services to violence against women.

Associate Director (Tooting)
Dr Mark Cottee MBBS, FRCP

Mark Cottee qualified in 1986 from Guy’s. He subsequently trained in Geriatric and General Medicine in various hospitals throughout the south east and spent one year working in New Zealand. In 1996 he was appointed as consultant and senior lecturer in Geriatric Medicine at St George’s Hospital and Medical School.

Dr Cottee has developed a strong interest in undergraduate and postgraduate education since his appointment as a consultant. He has served as college tutor for St George’s and programme director for Geriatric Medicine for nearly 10 years. At undergraduate level he is head of teaching in Geriatric Medicine and ageing, leads the patient doctor theme at SGUL and is chair of the board of exams examiners.

Associate Director (Brighton)
To be appointed
## STFS CONTACT DETAILS

Allocation enquiries: F1allocations@stfs.org.uk

### STFS TEAM (including Careers)

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
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<tbody>
<tr>
<td>Gbemisola Adeyefa</td>
<td>Data Administrator</td>
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<tr>
<td>Susanna Agelli</td>
<td>Administrative Assistant</td>
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<tr>
<td>Shipa Begum</td>
<td>Careers Information Officer</td>
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<tr>
<td>Christine Bridge</td>
<td>Foundation School Manager</td>
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<tr>
<td>Lana Buckley</td>
<td>Administration Officer</td>
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<tr>
<td>Courage Chiromo</td>
<td>Broadening the Foundation Programme Manager</td>
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<tr>
<td>Rachel Clark</td>
<td>Data Administrator</td>
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<tr>
<td>Thenuja Edison</td>
<td>Administrative Assistant (Curriculum)</td>
</tr>
<tr>
<td>Saffron Fidgett</td>
<td>Careers Advisor</td>
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<tr>
<td>Rebecca Greenstreet</td>
<td>Team Administrator/PA</td>
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<tr>
<td>Tammy Harman</td>
<td>Careers Advisor</td>
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<td>Margaret Holbrough</td>
<td>Senior Careers Advisor</td>
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<td>Sarah Marten</td>
<td>Careers Advisor</td>
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<tr>
<td>Stuart Morris</td>
<td>Data &amp; Programmes Project Officer</td>
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<tr>
<td>Michelle Palfrey</td>
<td>Administration Officer</td>
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<tr>
<td>Abioye Sado</td>
<td>BTFP Project Assistant</td>
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<tr>
<td>Sanil Sansi</td>
<td>Careers Information Officer</td>
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<tr>
<td>Lisa Stone</td>
<td>Senior Careers Advisor</td>
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<tr>
<td>Andrea Taylor</td>
<td>Foundation School Manager</td>
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<tr>
<td>Marc Terry</td>
<td>Head of Foundation Workforce</td>
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<tr>
<td>Larissa Thomas</td>
<td>Administrative Assistant</td>
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