

The trainee career support model:

The trainee support model works as a three tier process:

1st tier:

Within the South Thames Foundation School educational supervisors in each of the trusts are the first point of contact for foundation trainees.

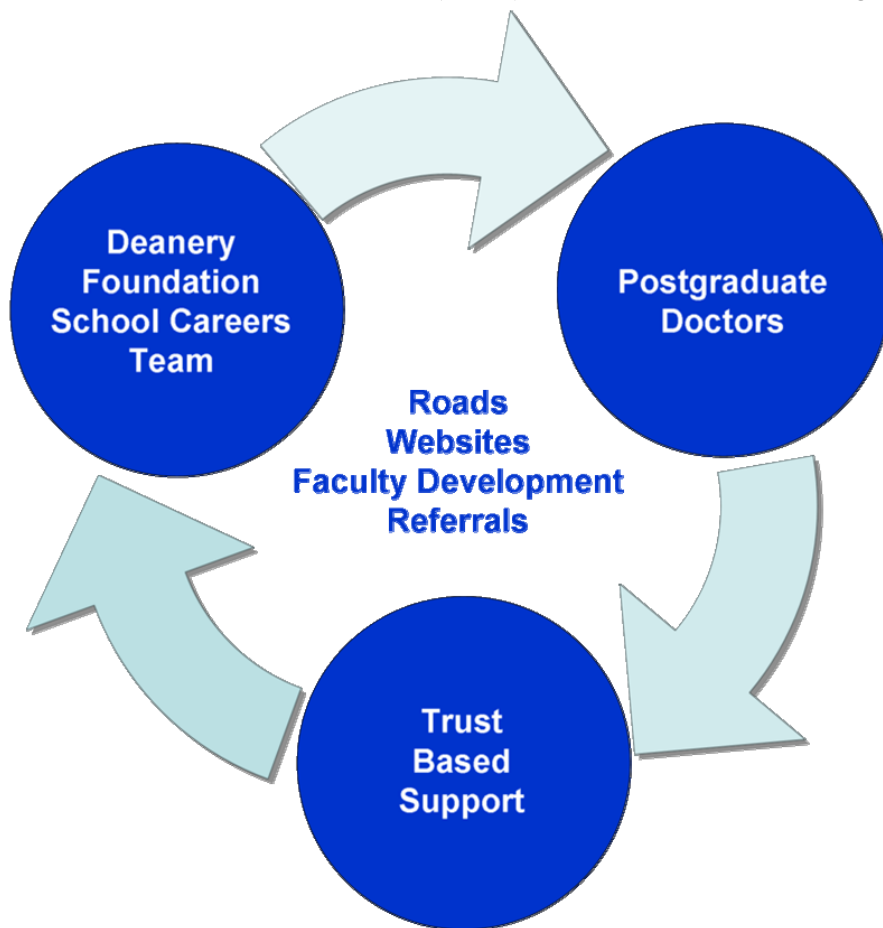
2nd tier:

Foundation trainees may be referred to foundation programme leads/trust careers leads and DMEs at trust level who have received additional training in careers support.

3rd tier:

Trainees who are experiencing difficulty in planning their careers may be referred to the **STFS Careers Team**. The referral process is via educational supervisor/medical education manager/training programme director. The resulting careers interview is completely impartial and confidential.

See the careers support model (below) which shows how postgraduate doctors are supported in STFS:



Resources:

- ROADS to Success: A practical approach to career planning for medical students, foundation trainees and their supervisors
- UK medical careers website
www.medicalcareers.nhs.uk

Career planning activities:

Career planning activities are included in the foundation programme curriculum and run by the trust career leads or by the STFS careers team. In South London trusts the Careers Group - University of London may run some of the workshops.

Examples: F1 Workshop: A Framework for Career Planning

F2 Workshops: Application to Specialty
Interviews & Specialty Selection Centres
One-to-one drop-ins

Four-stage career planning model:



For further information see: www.medicalcareers.nhs.uk

The careers team manage the UK medical careers website on behalf of the Department of Health and have produced the careers booklet ROADS to Success.

Contact us: careers@stfs.org.uk