

## PROSPECTIVE APPROVAL FOR UNDERTAKING F2 ABROAD IN 2017/18

### Guidance for F1 Doctors and Host Institution

STFS supports doctors who wish to undertake their F2 training abroad (see *F2 training outside of the UK*, 12.21-12.23, UKFPO Foundation Programme Reference Guide 2012)

Please note, however, that STFS also has an obligation to ensure that service delivery within NHS trusts is not compromised by the approval of any F2 abroad applications and reserves the right to decline all applications on this basis if it is deemed necessary.

On submission of their application to complete F2 training abroad the foundation doctor will relinquish their provisionally allocated F2 programme. They will retain a place in STFS and will subsequently be allocated to an alternative F2 programme if the application is not successful or their plans change.

**A maximum of 4 F2 abroad applications for 2017/18 will be approved.**

### First steps:

If you plan to undertake the F2 year abroad you need to seek out an appropriate one-year programme at an English-speaking host institution which meets the following criteria:

### Requirements for Host Institution

1. Prospective approval of an overseas placement for F2 training will require the host institution to provide evidence that:
  - a. it delivers high quality training programmes for doctors at a similar stage of experience as a UK F2
  - b. it is in a position to enable UK F2 doctors to develop skills and achieve the required F2 competences
  - c. it can deliver the F2 curriculum ([www.foundationprogramme.nhs.uk](http://www.foundationprogramme.nhs.uk))
  - d. it will provide appropriate clinical and educational supervision
  - e. it will provide a named educational supervisor/trainer who will supervise and mentor the F2 doctor and ensure that, with colleagues, the F2 doctor will undertake the necessary assessments
  - f. it will provide the doctor with access to career advice and support
2. Programmes must last for 1 year and include:
  - a. substantive placements in at least two, and ideally three, but no more than four, specialties
  - b. one post in an acute specialty – for example Accident & Emergency or Medical Admissions unit
  - c. cover the topics outlined in the generic F2 curriculum teaching programme including:

- Management of the acutely ill patient
  - Decision-making through communication with patients
  - Team-working and communicating with colleagues
  - Understanding consent and explaining risk
  - Managing risk and complaints and learning from them
  - Ethics and law as part of clinical practice
  - Using evidence in the best interest of patients
  - Taking responsibility for the future of healthcare: teaching others effectively
  - Patient safety and quality improvement
3. The doctor must undertake a supervised audit project.
  4. Doctors can take no more than 4 weeks sick leave. A record must be kept of all annual, sickness and study leave. This should be forwarded to the Foundation School Director.
  5. A report on the doctor's progress should be agreed with the doctor and sent back to the Foundation School Director at the end of each placement.
  6. The Foundation School Director must be notified if there are any significant educational or training concerns

## Requirements for Applicants and Process for Approval

You must email [STFSBrighton@stfs.org.uk](mailto:STFSBrighton@stfs.org.uk) to register your interest in applying for F2 abroad during 2017/18 by **no later than 9 January 2017**.

You must arrange for the host institution to provide you with the required documentation and you must submit it to STFS for approval by **no later than 27 February 2017**.

This means that on **27 February 2017** you will relinquish your provisionally allocated F2 programme. You will, however, retain your place within STFS.

**A maximum of 4 F2 abroad applications for 2017/18 will be approved.** All applications must be reviewed by the STFS Director and KSS Dean Director (or designates). The STFS Director will review applications to ensure that they meet all of the required criteria. Applications approved by the STFS Director will then be forwarded to the KSS Dean Director for approval. If there are more than 4 applications which it would be possible to approve your original F1 application score will be considered and the top 4 scoring applications will be approved. You will be notified of the outcome by no later than **27 March 2017**.

### Successful Applications

If your application is successful, you will relinquish your F2 place within STFS. If your F2 abroad plans do fall through after 27 March 2017 and you decide to stay in the UK for 2017/18 we cannot guarantee you an STFS F2 programme but we will do all we can to help you obtain one.

### Unsuccessful Applications

If your application is unsuccessful you will be required to rank the remaining unallocated F2 programmes in order of preference and will be allocated on the basis of your original F1 application score and preferences.

## Foundation Doctor's undertaking

1. To undertake the second year of the Foundation Programme, foundation doctors must be fully registered with the GMC and hold a license to practise. This is required for F2 sign off.
2. The doctor seeking to undertake F2 outside the UK must also agree to:
  - a) continue to complete their ePortfolio assessments
  - b) follow the F2 curriculum
  - c) complete an ALS course or equivalent in host country
  - d) complete a supervised audit
3. The doctor must obtain evidence that:
  - a) the F2 competences have been achieved
  - b) they have attended regular educational meetings with their Clinical and Educational supervisors
  - c) they have completed a 360° appraisal and other assessments,
  - d) they have attended teaching sessions and/or any other educational activities that meet the generic F2 curriculum teaching programme outcomes
4. The Educational portfolio must be kept during the year and will be checked by the FS Manager bi-monthly for progress.
5. The Doctor needs to be aware that fundamental changes – such as to the clinical content of the post, the consultants and educational supervisors, the rota worked, the educational component, even the hospital involved – can occur between appointment to a post overseas and taking up or during the post. It is the responsibility of the Foundation Doctor to notify any such changes as soon as possible to the FS Director. Failure to do so may threaten the successful completion of the placement.
6. At the end of the year the trainee must:
  - a) Obtain a certificate of satisfactory completion of the F2 programme and F2 competences (form 5.2) from the Educational Supervisor or Director of Medical Education in the host institution.
  - b) Send evidence of assessments, portfolio and certificate of satisfactory completion of F2 to the Foundation School Director.
  - c) If sign off is not achieved the Foundation Doctor will need to meet with the Foundation School Director upon return to the UK.