

STFS Alumni Newsletter December 2016

Dear Colleagues

Welcome to the latest alumni newsletter from the STFS careers service. We are sending this monthly to help you with planning specialty applications for 2017.

Specialty recruitment interviews

The interview window is between **Wednesday 28th December 2016** and **Wednesday 1st March 2017**

Our '[Preparing for speciality interviews and selection centres](#)' guidance has practice exercises you can work through ahead of the interview.

CMT rule change

In previous recruitment years there has been a rule that you cannot apply to CT1 posts in CMT/ACCS-AM if you have 18 months or more experience in medical specialties at a level above foundation or equivalent. For 2017 recruitment this rule will not apply and there will not be a maximum experience criterion. Please click on the link below for full details:

<http://www.ct1recruitment.org.uk/news/removal-of-the-18-months-experience-rule>

For other specialties, do check the individual [person specifications for 2017](#) to see whether this rule applies or not.

Preparing your medical CV for the portfolio station

The hard copy of your portfolio that you need to prepare for this station should include your CV*.

The purpose of a CV is to present relevant facts in a professional way to a prospective employer. It should make clear why you are the best person for the role you are applying for as well as offer a summary of your career to date. Updating it regularly allows you to tailor the format to each specialty or role you are applying for. Always use positive language and aim for a confident tone. The Health Careers website has lots of first class advice and help, on CV writing via the link below:

<https://www.healthcareers.nhs.uk/i-am/working-health/information-doctors/medical-specialty-training/preparing-your-medical-cv>

* NB: GP recruitment doesn't require that you go through a portfolio interview.

LaSE recruitment update

The KSS and London recruitment teams have now come together to form one recruitment office to manage all recruitment activity across the London and South East region. The existing website has been revised and enhanced with the aim to provide applicants with easier access to information and advice.

The website can be accessed via www.laserecruitment.hee.nhs.uk

GP recruitment

As part of a [Think GP campaign](#), the Royal College of General Practitioners has produced a new video to show what life as a GP is like.

The [Think GP video](#) showcases the working lives of four GPs working in a variety of different settings, including one who works on the Isle of Arran and another working in a prison.

The video also shows GPs with portfolio careers, including one with a special interest in neurology, and an academic GP. Find out more about pursuing a [career as a GP](#) or [academic GP training](#).

More information on competition ratios over the past few years and the number of available vacancies in each HEE Local Office or Deanery is on:

<https://gprecruitment.hee.nhs.uk/Recruitment/Competition-Ratios>

There have been significant changes to the recruitment process for 2016-2017 so it is vitally important that you first read the guidance notes and read through the whole application process.

<https://gprecruitment.hee.nhs.uk/>

Clinical fellow scheme for trainee doctors now open

Applications are now invited from trainee doctors (ST1 / CT1 upwards) for the National Medical Director's Clinical Fellow Scheme 2017/18.

The scheme provides doctors in training with a unique opportunity to gain experience and insight into healthcare leadership, policy and strategy by working with senior healthcare leaders in national organisations. Fellows spend one year involved in, and often independently leading, projects under the guidance of host organisations senior leadership teams.

As well as the knowledge gained from their particular project, fellows gain skills in project management, collaboration, effective communication, presentation and team management

Applications for the scheme must be received online by **09:00 am Monday 16 January 2017**.

www.healthcareers.nhs.uk/about/news/clinical-fellow-scheme-trainee-doctors-now-open

If you have any feedback on this newsletter, including any additional information that it would be helpful to include in future editions, or no longer wish to receive this newsletter, please email careers@stfs.org.uk

Best wishes for the festive season from

***The STFS careers service
London and South East Professional Development team***